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## Overview

This standard is about the competence that advanced practitioners require to facilitate and deliver individualised programmes to inform performance. You will use advanced methods and strategies to create a positive environment, empower participants, ensure the programme is person-centred, specific and individualised, as well as applying a high level of emotional intelligence to understand and support participants needs, goals and objectives. As an advanced practitioner you will need to apply these theories and approaches as well as be adaptable and show a high level of situational awareness.

This standard is for all advanced practitioners that have responsibility for a range of participants with specific requirements, where advanced levels of knowledge and technical skills are needed.

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## Performance criteria

### You must be able to:

1. build rapport with the participants and establish own role
2. interact with the participants according to the requirement of the programme and the organisational regulations and procedures
3. create a positive and empowering physical, social, and positive well-being for the participants
4. adapt your practice and apply a person-centred approach to meet the needs, goals and objectives of the participants
5. make sure that effective, adaptable, and flexible safety parameters have been established following health and safety requirements
6. individualise and differentiate delivery to meet participants needs, goals and objectives
7. develop a positive motivational climate to support the psychological needs and empower participants in decision making
8. facilitate the development of skills and techniques based on appropriate learning theories
9. teach, instruct, coach and mentor participants to achieve desired needs, goals and objective using relevant approaches and strategies
10. collaborate with industry networks and services to support the participants needs, goals and objectives
11. use technological advancements and products to support your delivery
12. communicate with the participants and others at a pace, in a manner and at a level appropriate to their understanding, preference and needs
13. prepare the participants to cope with anticipated and unforeseen situations
14. demonstrate a high level of situational awareness and comprehension of the demands placed on the participants
15. assess and manage complex and unpredictable challenges with changing circumstances
16. use a range of approaches to enable the participants to give feedback to help them learn from their experience, to reinforce and support further progress and development
17. follow current legislation, guidelines, policies, procedures and protocols which are relevant to your work practice and to which you must adhere

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## Knowledge and understanding

### You need to know and understand:

1. how to establish your own role with the participants using a range of techniques and methods of communication
2. how to create and maintain a positive, professional and trusting relationship with participants
3. the importance of empowering the participants to take a level of autonomy and independence in their programme delivery
4. the different approaches including person-centred, pedagogy/andragogy and their application to adapting own practice to meet the needs, goals and objectives of participants
5. the importance of effective, adaptable, and flexible safety parameters following health and safety requirements
6. methods of differentiating in order to respond to participants different learning and communication preferences
7. relevant theories that support motivational climate
8. the importance of motivational climate and the impact this has on participants
9. relevant theories of human and social development, physical literacy and models of psychology involved in facilitating and delivering programmes
10. relevant theories, approaches and strategies that develop a person-centred approach to facilitate development of skill and technique.
11. a range of services and networks to support the participants and how to access these
12. a range of technological advancements and products that can support the delivery of programmes
13. the socioeconomic, geographical, environmental and legal considerations in relation to the implementation of technologies
14. a broad range of suitable communication tools, strategies and techniques that will support the participants to meet their needs, goals and objectives
15. what and how to apply emotional and cultural intelligence to effectively engage with participants
16. relevant research and theories on judgement and decision making
17. situational awareness and comprehension of the programme demands
18. the importance of monitoring and anticipating the physical and emotional demands of the programme
19. how to assess and manage complex and unpredictable problems
20. the broad range of appropriate approaches to enable the participants to give feedback to help them learn from their experience
21. current legislation, guidelines, policies, procedures and protocols which are relevant to your work practice and to which you must adhere

SKAASPC3

Facilitate and deliver individualised programmes to inform performance using coaching pedagogy



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### [Links to other NOS](#)

This standard links to SKAASPC1, SKAASPC2 and SKAASPC4

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