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## Overview

This standard coexists alongside, SKAHDBRBNST1 Implement and maintain safe, hygienic and effective working practices and SKAHDBRBNS1 Consult, assess, plan and prepare for Hair, Barbering, Beauty, Nails, Wellbeing\*\* and Holistic services. \*\*This standard is about a hair professional providing hair extension services. This includes attaching semi-permanent hair extensions using heat, chemical adhesive and/or advanced techniques. These methods are used to enhance a style by increasing volume and adding colour. The ability to personalise and blend added hair into the existing style using creative cutting techniques is required. You will also be required to do a post procedure evaluation and reflection for continuous improvement. Users of this standard will need to ensure that their practices reflect up-to-date information, policies, procedures and best practice guidance. It is advisable users of this standard are aware of, and comply with first aid requirements in accordance with legislation and organisational policies and procedures.

The main outcomes are:

1. Attach hair extensions using heat
2. Attach hair extensions using chemical adhesives
3. Attach hair extensions using advanced techniques
4. Remove hair extensions

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## Performance criteria

### You must be able to:

1. carry out a concise and comprehensive consultation with the individual
2. maintain your responsibilities for health and safety in accordance with legislation, regulations, directives and guidelines
3. discuss and establish the individual's objectives and desired outcomes to inform the hair extension service plan, to include:
  - 3.1 treatment history
  - 3.2 daily hair styling
  - 3.3 lifestyle and commitment to following homecare instructions
  - 3.4 alternative treatment options
4. carry out a hair and scalp analysis to determine the service plan, to include:
  - 4.1 **hair curl classification**
  - \*4.2 \*hair characteristics**
  - 4.3 **state of hair**
  - \*\*4.4 scalp condition**
5. carry out **tests** to determine suitability for the hair extension service, to include:
  - 5.1 record the outcome and store in accordance with data legislation
6. discuss and agree the type of **hair extensions** to be used suitable for the individual, to include:
  - 6.1 texture
  - 6.2 colour match to the mid-lengths and ends
  - 6.3 length

6.4 width

6.5 hair style

7. confirm and agree with the individual, they have understood the proposed hair extension service, to include:

7.1 contra-actions

7.2 adverse reactions

8. obtain the individual's informed consent for the hair extension service

9. prepare the individual and shampoo the hair and scalp in accordance with the **hair extension service protocol**

10. comb and dry the hair in the hair growth direction in accordance with manufacturer instructions, to include:

10.1 straighten the hair if carrying out fusion hair extensions

11. section the hair in accordance with the hair extension service plan, to include:

11.1 hair extension mapping

11.2 use of hair extension placement boards as a guide

11.3 use of scalp protectors if using heat to seal and bond adhesives

12. prepare the hair and hair extensions for the hair extension service in accordance with the hair extension service protocol

13. apply the hair extensions to the hair in accordance with the hair extension service protocol

### **Removal service**

14. detangle the hair using a suitable tool for the hair curl classification and condition

15. for hair extensions that use adhesive, saturate the adhesive with a bond dissolving agent, to include:

15.1 applying firm pressure with the hair extension pliers to break down the bond and

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release the hair extension strands

16. safely use scissors to cut the weave thread to remove 'sewn in' extensions on braids
17. remove micro beads by applying opposite pressure to open the micro beads and release the hair extensions
18. remove all traces of adhesive or silicone residue and wash hair in accordance with the hair extension service protocol
19. conclude the service in accordance with the hair extension service protocol
20. confirm with the individual they are satisfied with the final result
21. monitor the individual's health and wellbeing throughout the hair extension or removal service
22. implement the correct course of action in the event of an adverse reaction
23. complete the individual's service records and store in accordance with data legislation
24. use reflective practice to evaluate the hair extension service and take appropriate action
25. provide **instructions** and advice to the individual, pre and post the service
26. record the outcome and evaluation of the hair extension or removal service

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## Knowledge and understanding

### You need to know and understand:

1. your role and responsibilities in providing hair extension services and the importance of working within your competence
2. why you must comply with ethical practice and work within the legislative requirements, to include:
  - 2.1 the responsibilities under local authority licensing regulations for yourself and your premises
3. the importance to engage in, and document continuous professional development to include, up-to-date information policies, procedures and best practice guidance
4. the **anatomy and physiology** relevant to this standard
5. the relative and absolute contraindications relevant to hair services, to include:
  - 5.1 the legislative and insurance requirements for obtaining medical diagnosis and referral
6. the importance of recognising suspicious skin irregularities and scalp lesions, and referring to a relevant healthcare professional
7. the types and limitations of hair extensions, to include adaptations required in relation to:
  - 7.1 hair curl classification
  - 7.2 hair characteristics
  - 7.3 state of hair
  - 7.4 scalp condition
  - 7.5 length of re-growth on transition hair
  - 7.6 percentage of white hair
  - 7.7 treatment history/chemical build up

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7.8 daily hair styling /lifestyle

8. the importance of carrying out a hair and scalp analysis and how it effects the choice of hair extensions and application techniques to be used
9. the importance of carrying out tests and how the test outcomes can affect the hair extension service
10. how to recognise over processed hair, the associated risks and action to take
11. how to recognise trichorrhexis nodosa, the associated risks and action to take
12. the **products, tools and equipment** used for hair extension services for all hair curl classification, state of hair and conditions
13. how to adapt hair extension techniques for each hair curl classification
14. the reasons why hair colouring services should be carried out prior to a hair extension service, to include:
  - 14.1 the associated risks
15. the importance of shampooing and drying the hair and scalp prior to the hair extension service
16. the reason why conditioners are avoided prior to a hair extension service
17. the risk of damage to hair associated with hair extension services
18. how to safely apply hair extensions to the hair in accordance with the manufacturer instructions
19. the importance of following manufacturer instructions for hair extensions services, to include:
  - 19.1 safety precautions
  - 19.2 application techniques
  - 19.3 maintenance
20. how equipment is used to apply heat to bond and seal adhesives for fusion hair extension services

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21. how to carry out hair extension services, to include:
    - 21.1 the service times in accordance with your organisational policies and procedures
  22. the reasons why you may need to troubleshoot problems that can commonly arise when applying hair extensions to the hair, to include:
    - 22.1 ways in which they can be remedied
  23. the importance of consulting with the individual throughout the hair extension process
  24. the adverse reactions associated with hair extension services and how to respond
  25. the health and safety responsibilities in line with legislation before, during and after the service
  26. the legal requirements for providing hair services to minors and vulnerable adults
  27. why it is important to discuss and establish the individual's objectives, concerns, expectations, desired outcomes and agree the hair extension service plan
  28. the fee structures and treatment options
  29. the legislative and indemnity requirements of gaining signed, informed consent for the service
  30. the reasons for taking consensual visual media of the individual's treatment area and storing in accordance with the service, legislative, insurance and organisational requirements
  31. the types of removal tools and products used for removing hair extensions and residue
  32. how to remove fusion, sewn in, braided, croqueted and micro beaded/ring hair extensions, to include adaptations for:
    - 32.1 human hair
    - 32.2 synthetic hair
  33. the importance of minimising damage to the individual's natural hair during the removal process

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34. the importance of ensuring the individual's comfort and providing reassurance throughout the removal process
  35. the importance of removing all traces of hair attachment residue following the removal of hair extensions
  36. the importance of personalising and shaping the hair extensions to blend with the natural hair in accordance with the hair extension service protocol
  37. the importance of adhering to the hair extension service protocol
  38. the importance of monitoring the health and wellbeing of the individual during and post the service
  39. the expected outcomes of hair extension services
  40. the purpose of reflective practice and evaluation and how it informs future services
  41. the instructions and advice, pre and post the hair extension service

## Scope/range

### **Hair curl classification**

1. straight
2. wavy
3. curly
4. tight curls
5. combination

### **Hair characteristics**

1. hair density
2. hair texture
3. hair elasticity
4. hair porosity
5. hair growth patterns

### **State of hair**

1. non - chemically treated hair
2. partially chemically treated hair
3. chemically treated hair

### **Tests**

1. elasticity
2. porosity
3. pull test

### **Hair extensions**

1. fusion
2. sewn in
3. crocheted hair strands
4. crocheted box braids
5. hair wefts
6. synthetic hair
7. human hair

### **Hair extension service protocol**

1. working environment
2. health and safety
3. infection prevention and control
4. service plan
5. informed consent

6. data management
7. test outcomes
8. manufacturer instructions
9. audit and accountability
10. instructions and advice
11. sustainability
12. waste management
13. evidence-based practice
14. reflective practice

### Instructions

1. the individual and practitioner's legal rights and responsibilities
2. pre and post procedure instructions and care
3. restrictions and associated risks
4. future procedures

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### \* *Anatomy and physiology* \*

1. the structure and function of the hair and the hair growth cycle
2. the structure and function of the skin
3. basic anatomical structure of the head, neck and shoulders
4. relative and absolute contraindications and related pathologies

### Products

1. shampoo
2. adhesive remover

### Tools

1. tail combs
2. wide tooth combs
3. tint brushes
4. hands

### Equipment

1. hair dryer
2. thermal controlled straighteners
3. crochet latched tool
4. hair extension pliers
5. weaving thread
6. straight or curved needles
7. micro loop tool
8. micro ring connector and disconnecter
9. heat clamp or heat connector
10. scissors
11. thinning scissors
12. razors
13. seam releasers

## Glossary

### **Absolute contraindication**

An absolute contraindication is a condition that prevents the service from being carried out and may require referral.

### **Adverse reaction**

An adverse reaction is an 'unexpected' reaction or outcome following a service, i.e. fainting

### **Anatomy and Physiology**

How the skeletal, muscular, circulatory, lymphatic, respiratory, excretory, digestive, endocrine and nervous systems interact with each other and how they impact the individual, service and outcomes.

### **Contra action**

A contra-action is an 'expected' reaction or outcome following a service, i.e. erythema

### **Crocheted box braids**

Crocheted box braids can be also be known as goddess braids or faux locs. Techniques can include wrap binding.

### **Evidence-based practice**

Evidence-based practice is based on the best available, current, valid and relevant evidence.

### **First aid**

First aid can refer to first aid at work qualifications or equivalent and first aid mental health awareness.

### **Hair curl classification**

Hair curl classification can be referred to as Type 1 – 4.

### **Protocol**

A protocol is a standard procedure to ensure best practice and compliance when providing services, i.e. follow manufacturer instructions.

### **Relative contraindication**

A relative contraindication is a condition that requires an assessment of suitability for the service and/or if adaptations are required.

## Links to other NOS

SKAHDBRBNST1, SKAHDBRBNS1, SKAHDBR1, SKAHD1, SKAHD2  
SKAHDBR2, SKAHDBR3, SKAHDBR4, SKAHDBR5,  
SKAHDBR6, SKAHDBR7, SKAHDBR8, SKAHDBR9, SKAHDBR10,  
SKAHDBR11, SKAHDBR12, SKAHDBR13, SKAHDBR14,  
SKAHDB16, SKAHDB19, SKAHDB20, SKAHDB21, SKABR5

SKAHDBR15

Attach hair using heat, chemical adhesive and or advanced techniques



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|--------------------------|--|
| Developed by             | SkillsActive   |
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| Suite                    | Hairdressing and Barbering   |
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