

Assist with shaving services

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## Overview

This standard coexists alongside, **SKAHDBRBNST1 Implement and maintain safe, hygienic and effective working practices**.\*This standard is about assisting with hair shaving services, directed and under supervision of a senior barber. You will also be required to do a post procedure evaluation and reflection for continuous improvement. Users of this standard will need to ensure that their practices reflect up-to-date information, policies, procedures and best practice guidance.

**The main outcomes are:**

1. Prepare the individual for a shaving service
2. Carry out a hot towel service
3. Carry out a facial massage
4. Carry out a cold towel service
5. Conclude the shaving service

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### Performance criteria

#### You must be able to:

1. maintain your responsibilities for health and safety in accordance with legislation, regulations, directives and guidelines
2. explain your role in assisting with shaving services to the individual, to include, carrying out:
  - 2.1 a hot towel
  - 2.2 the facial massage service
  - 2.3 a cold towel
3. confirm and agree with the individual, they have understood the proposed services, to include:
  - 3.1 contra-actions
  - 3.2 adverse reactions
4. obtain the individual's informed consent for the services
5. prepare the individual's treatment area in accordance with the service plan to include:
  - 5.1 a pre-treatment cleansing product for the **skin type**

#### Hot towel service

6. prepare the towel in accordance with the service plan and manufacturer instructions to include:
  - 6.1 carrying out a temperature check before applying the towel on the individual's treatment area
7. place the towel on the individual's treatment area in accordance with the individual's service plan, to include:
  - 7.1 avoiding blocking the nostril area

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8. remove the hot towel

### **Assisting in the shaving service**

9. apply a shaving product on the individual's treatment area in accordance with the service plan
10. observe the senior barber carrying out the shaving service, to include:
  - 10.1 improving your own knowledge of the procedure and techniques used
11. continue with the service and remove any residue on the skin in accordance with the service plan

### **Massage service**

12. apply a massage medium on the individual's treatment area in accordance with the service plan
13. carry out a massage treatment using **massage techniques** in accordance with the service plan
14. remove any residue on the skin in accordance with the service plan

### **Cold towel service**

15. prepare the towel in accordance with the service plan and manufacturer instructions, to include:
  - 15.1 carrying out a temperature check before applying on the individual's treatment area
16. place the towel on the individual's treatment area in accordance with the service plan, to include:
  - 16.1 avoiding blocking the nostril area
17. remove the cold towel
18. conclude the shaving service with a **post-treatment product** in accordance with the service plan
19. monitor the individual's health and wellbeing throughout the shaving service

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- 20. implement the correct course of action in the event of an adverse reaction
- 21. complete the individual's service records and store in accordance with data legislation
- 22. provide **instructions** and advice to the individual post the service
- 23. use reflective practice to evaluate the services and take appropriate action, to include:
  - 23.1 receiving feedback from the individual and peers
- 24. record the outcome and evaluation of the services carried out

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## Knowledge and understanding

## You need to know and understand:

1. your role and responsibilities in assisting with shaving services
2. the importance to engage in, and document continuous professional development to include, up-to-date information policies, procedures and best practice guidance
3. the **anatomy and physiology** relevant to this standard
4. why skin and hair should be cleansed with a pre-treatment product prior to a shaving service
5. the types of hygiene products for the skin and the importance of following manufacturer instructions
6. the type of **shaving products** used in shaving services
7. how to prepare products, **tools and equipment** in accordance with the service plan
8. when, why and how to use **lathering techniques** when applying lathering products
9. how to remove products effectively from the skin
10. the massage mediums and massage techniques used in shaving services
11. the types, benefits and use of post-treatment products
12. the importance of consulting with the individual throughout the service
13. the health and safety responsibilities in line with legislation before, during and after the service
14. the legislative and indemnity requirements of gaining signed, informed consent for the service
15. the importance of monitoring the health and wellbeing of the individual during and post the service
16. the legislative and regulatory requirements of completing and storing the individual's shaving service records

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17. the expected outcomes from shaving services
18. the purpose of reflective practice and evaluation and how it informs future services
19. the importance to record the outcome and evaluation of shaving service
20. the instructions and advice post the shaving service

## Scope/range

### **Skin type**

1. oily
2. dry
3. combination
4. balanced

### **Massage techniques**

1. effleurage
2. petrissage
3. tapotement

### **Post-treatment product**

1. astringents
2. moisturising cream
3. aftershave balm
4. powder
5. oils

### **Instructions**

1. pre and post procedure instructions and care
2. restrictions and associated risks
3. future procedures

### **Anatomy and physiology**

1. the basic structure and function of hair
2. the basic structure and function of skin
3. relative and absolute contraindications

### **Shaving products**

1. cream
2. gel
3. oil
4. soap

### **Tools and Equipment**

1. lathering brush
2. single use items
3. towels
4. bowl

### **Lathering techniques**

1. apply with a brush
2. apply using massage techniques

## Glossary

**Absolute contraindication**

An absolute contraindication is a condition that prevents the service from being carried out and may require referral.

**Adverse reaction**

An adverse reaction is an 'unexpected' reaction or outcome following a service, i.e. fainting

**Contra action**

A contra-action is an 'expected' reaction or outcome following a service, i.e. erythema

**Relative contraindication**

A relative contraindication is a condition that requires an assessment of suitability for the service and/or if adaptations are required.

## Links to other NOS

SKAHDBRBNST1, SKAHDBRBNS1, SKAHDBR1, SKABBR2, SKABR1,  
SKABR2, SKABR3, SKABR4, SKAHDBR2, SKAHDBR3, SKAHDBR4,  
SKAHDBR5, SKAHDBR6, SKAHDBR7, SKAHDBR8, SKAHDBR9, SKAHDBR10,  
SKAHDBR11, SKAHDBR12, SKAHDBR13, SKAHDBR14, SKAHDBR15,  
SKAHDB16, SKAHDB19, SKAHDB20, SKAHDB21, SKABR5



SKABR5



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