

Plan, design and create advanced nail art

Overview

This standard coexists alongside, **SKAHDBRBNST1 Implement and maintain safe, hygienic and effective working practices* *and **SKAHDBRBNS1 Consult, assess, plan and prepare for Hair, Barbering, Beauty, Nails, Wellbeing and Holistic services*. *This standard is for a nail professional creating nail art using nail enhancement products, tools and equipment and advanced techniques. The user will be required to research and plan their design. You will also be required to do a post procedure evaluation and reflection for continuous improvement. Users of this standard will need to ensure that their practices reflect up-to-date information, policies, procedures and best practice guidance. It is advisable users of this standard are aware of, and comply with first aid requirements in accordance with legislation and organisational policies and procedures.

The main outcomes are:

1. Plan, design and create advanced nail art

Plan, design and create advanced nail art

Performance criteria

You must be able to:

1. carry out a concise and comprehensive consultation with the individual
2. maintain your responsibilities for health and safety in accordance with legislation, regulations, directives and guidelines
3. discuss and establish the individual's objectives, expectations and desired outcomes to inform the advanced nail art service plan
4. source information to research ideas on themes for the design
5. explore a variety of nail art designs with the individual, to include:
 - 5.1 preparing a nail art portfolio to showcase nail art options to individuals
6. create a design plan to present to the individual
7. confirm and agree the advanced nail art design with the individual, they have understood the proposed advanced nail art service, to include:
 - 7.1 contra-actions
 - 7.2 **adverse reactions**
8. obtain and record the individual's informed consent for the advanced nail art service
9. prepare the nail surface for the nail art design in accordance with the **advanced nail art service protocol**
10. select and prepare the nail art tools and products in accordance with the advanced nail art service protocol
11. apply **nail art products** using **nail art techniques** to achieve the nail art design in accordance with the advanced nail art service protocol
12. finish the nail art design, leaving the surrounding skin free from product
13. ensure that the result is to the individual's satisfaction and meets the agreed design plan

Plan, design and create advanced nail art

14. monitor the individual's health, wellbeing and skin reaction throughout the advanced nail art service
15. implement the correct course of action in the event of an adverse reaction
16. conclude the service in accordance with the advanced nail art service protocol, legislative requirements and organisational policies and procedures
17. complete the individual's service records and store in accordance with data legislation
18. use reflective practice to evaluate the advanced nail art service and take appropriate action
19. provide **instructions** and advice given to the individual, pre and post the service
20. record the outcome and evaluation of the advanced nail art service

Plan, design and create advanced nail art

Knowledge and understanding

You need to know and understand:

1. your role and responsibilities in performing advanced nail art service and the importance of working within your competence
2. why you must comply with ethical practice and work within legislative requirements, to include:
 - 2.1 the responsibilities under local authority licensing regulations for yourself and your premises
3. the importance to engage in, and document continuous professional development to include, up-to-date information policies, procedures and best practice guidance
4. the **anatomy and physiology** relevant to this standard
 5. the relative and absolute contraindications relevant to the nail service, to include:
 - 5.1 the legislative and insurance requirements for obtaining medical diagnosis and referral
6. the importance of recognising suspicious skin irregularities and lesions, and referring to a relevant healthcare professional
 7. the purpose, use and limitations of advanced nail art services, in relation to:
 - 7.1 nail and skin condition
 - 7.2 length and shape of the nail
 - 7.3 relevant lifestyle factors
 - 7.4 individual's expectations
8. the importance of adhering to the advanced nail art service protocol
9. the methods used to prepare the nails for nail art application
10. the types of hygiene products for the skin and the importance of following manufacturer instructions
11. the types, benefits and limitations of nail art products and tools used in advanced

Plan, design and create advanced nail art

nail art services

12. the treatments that can be given in conjunction with an advanced nail art service
13. how to prepare, maintain and use nail art products and tools in accordance with the advanced nail art service protocol
14. the adverse reactions associated with an advanced nail art service and how to respond
15. the health and safety responsibilities in line with legislation before, during and after the advanced nail art service, to include:
 - 15.1 the importance of adequate extraction and ventilation when using nail enhancement products
16. the importance of using cosmetically approved products
17. the importance of adhering to manufacturer instructions to prevent product incompatibilities and risks to health
18. the types and associated risks of nail products linked with toxicity
19. why it is important to discuss and establish the individual's objectives, expectations, desired outcomes and agree the advanced nail art service plan
20. the legal requirements for providing nail services to minors and vulnerable adults
21. the fee structures and service options
22. the legislative and indemnity requirements of gaining signed, informed consent for the advanced nail art service
23. the importance of monitoring the health and wellbeing of the individual during and post the service
24. the reasons for taking consensual visual media of the individual's treatment area and storing in accordance with the service, legislative, insurance and organisational requirements
25. the legislative and regulatory requirements of completing and storing the individual's advanced nail art service records

Plan, design and create advanced nail art

- 26. the expected outcomes of advanced nail art services
- 27. the purpose of reflective practice and evaluation and how it informs future services
- 28. the importance to record the outcome and evaluation of the advanced nail art service
- 29. the instructions and advice, pre and post the advanced nail art service

Scope/range

Adverse reactions

1. allergic reaction
2. discolouration of the product
3. discolouration of the nail plate
4. discolouration of the nail bed
5. thinning of the nail plate
6. cuts and abrasions
7. overexposure
8. lifting of the product

Advanced nail art service protocol

1. working environment
2. health and safety
3. infection prevention and control
4. service plan
5. informed consent
6. data management
7. manufacturer instructions
8. audit and accountability
9. instructions and advice
10. sustainability
11. waste management
12. evidence-based practice
13. reflective practice

Length and shape of the nail

1. long
2. mid-length
3. short
4. round
5. oval
6. square
7. squoval
8. coffin
9. almond
10. stiletto

Nail art products

1. liquid monomer and polymer powder
2. light cured nail products
3. airbrush

Nail art techniques

1. ombre

Plan, design and create advanced nail art

2. marbling
3. 2d and 3d
4. add glitter to the lines of colour powder
5. add glitter to the colour uv light cured gel
6. freehand
7. imprinting
8. encapsulating
9. embedding
10. extreme nail shapes
11. layering
12. gloss and matte finishes
13. one stroke painting techniques

Instructions

1. the individual and practitioner's legal rights and responsibilities
2. pre and post service instructions and care
3. restrictions and associated risks
4. future services

Anatomy and physiology

1. the structure and functions of the skin
2. the structure and functions of the nail
3. the anatomy and physiology of the upper and lower extremities
4. relative and absolute contraindications and related pathologies

Glossary

Absolute contraindication

An absolute contraindication is a condition that prevents the service from being carried out and may require referral.

Adverse reaction An adverse reaction is an 'unexpected' reaction or outcome following a service, i.e. fainting

Contra action A contra-action is an 'expected' reaction or outcome following a service, i.e. erythema

Encapsulation – encasing design products in either Liquid & Powder or light cured Gel products.

Embedding - is to lay a product in a bed of either liquid and powder or light cured gel not covered.

Evidence-based practice

Evidence-based practice is based on the best available, current, valid and relevant evidence.

First aid

First aid can refer to first aid at work qualifications or equivalent and first aid mental health awareness.* *

Protocol

A protocol is a standard procedure to ensure best practice and compliance when providing services, i.e. follow manufacturer instructions.

Relative contraindication

A relative contraindication is a condition that requires an assessment of suitability for the service and/or if adaptations are required.

Toxicity

Toxicity is determined by a person's reaction to different dosages of a chemical. Toxicity or adverse reactions can occur from incompatibilities with an incorrect mixture of chemicals.

Links to other NOS

SKAHDBRBNST1, SKAHDBRBNS1, SKABN1, SKABN2, SKABN3,
SKANT1, SKANT3, SKANT4, SKANT5, SKANT6, SKANT7, SKANT9

Plan, design and create advanced nail art

Developed by	SkillsActive
Version Number	3
Date Approved	30 Mar 2021
Indicative Review Date	31 Mar 2024
Validity	Current
Status	Original
Originating Organisation	SkillsActive
Original URN	SKANS13
Relevant Occupations	Nail Technician
Suite	Nail Services
Keywords	advanced nail art; advanced nail art techniques; nail art designs, encapsulation, airbrush, light cured gel, Monomer liquid and Polymer Powder