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#### Overview

This standard coexists alongside, SKANSC1: Implement and maintain safe, hygienic and effective working practices during elective non-surgical cosmetic procedures and SKANSC2: Consult, assess, plan and prepare for elective non-surgical cosmetic procedures within the working environment. This standard is for aesthetic practitioners providing a safe and effective dermaplaning procedure to desquamate and encourage skin renewal or in preparation for further procedures. You will also be required to do a post procedure evaluation and reflection for continuous improvement. The aesthetic practitioner must have a First Aid at Work qualification or equivalent and be able to carry out the functions within SFHCHS36: Basic life support and have access to life support equipment as identified in the complication management plan. Users of this standard will need to ensure that their practices reflect up-to-date information, policies, procedures and best practice guidance.

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## Performance criteria

### You must be able to:

1. carry out a concise and comprehensive consultation face to face with the individual and maintain your responsibilities for health and safety pre, during and post the dermaplaning procedure
2. discuss to establish the **individual's objectives**, concerns, expectations and desired outcomes to inform the dermaplaning procedure plan to include:
  - 2.1 alternative treatment options
  - 2.2 **skin classification, characteristics** and condition
  - 2.3 **\*\*preparatory skin priming programme**
3. reiterate, confirm and agree with the individual, they have understood the proposed dermaplaning procedure to include:
  - 3.1 **contra-actions**
  - 3.2 adverse reactions
4. obtain the individual's written informed consent for the dermaplaning procedure, allowing an adequate time scale for the individual to make an informed choice
5. select an effective hygiene preparation product to meet the individual's needs in accordance with the manufacturer's instructions
6. prepare the individual's treatment area in accordance with the dermaplaning procedure protocol
7. prepare and use **equipment** according to the manufacturers' instructions and in accordance with the dermaplaning procedure protocol
8. follow the dermaplaning procedure protocol to ensure even removal of superficial matter to include:
  - 8.1 manually supporting the skin

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## 8.2 adapting techniques for the individual's **treatment area**

9. monitor the individual's health, wellbeing and skin reaction throughout the dermaplaning procedure
10. implement the correct course of action in the event of an adverse reaction
11. conclude the procedure in accordance with the dermaplaning procedure protocol, legislative requirements and organisational policies and procedures
12. take and store consensual visual media of the individual's treatment area in accordance with insurance requirements, organisational policies and procedures
13. complete the individual's non-surgical cosmetic procedure records and store in accordance with data legislation
14. use reflective practice to evaluate the dermaplaning procedure and take appropriate action
15. provide and obtain confirmation of receipt of the verbal and written instructions and advice given to the individual pre and post procedure
16. record the outcome and evaluation of the dermaplaning procedure to agree and inform future procedures
17. discuss and agree future procedures with the individual

## Knowledge and understanding

### You need to know and understand:

1. the importance of collaboration with competent professionals to support effective and safe working practices
2. your role and responsibilities in performing non-surgical cosmetic procedures and the importance of working within your competence
3. why you must comply with ethical practice and work within the legislative requirements
4. the importance to engage in, and document continuous professional development to include, up-to-date information policies, procedures and best practice guidance
5. the **anatomy and physiology** relevant to this standard
6. the chronological skin ageing process and the relationship to intrinsic and extrinsic factors
7. the pH scale and its relevance to skin sensitivity
8. how and why the skins barrier function is impaired by a dermaplaning procedure to include:
  - 8.1 the increase risk of photosensitivity and ways to protect the skin
9. the **adverse reactions** associated with a dermaplaning procedure and how to respond
10. the health and safety responsibilities in line with legislation before, during and after the dermaplaning procedure
11. why it is important to discuss and establish the individual's objectives, concerns, expectations, desired outcomes and agree the non-surgical cosmetic procedure plan
12. the types of skin priming programmes and its relevance to the success of the dermaplaning procedure
13. the importance of using **visual aids** to inform the individual of the physical effects
14. the fee structures and treatment options

15. the procedures that could be carried out in conjunction with or post dermaplaning procedure and associated risks
16. the legislative and indemnity requirements of gaining signed, informed consent for the dermaplaning procedure
17. the importance of adhering to the **dermaplaning procedure protocol**
18. the storage, handling, usage and disposal of dermaplaning equipment and single use sterile blades in accordance with the manufacturer's instructions and legislative requirements \*\*
19. why it's important to identify associated risks to a dermaplaning procedure and how to manage them, to include:
  - 19.1 use of sterile gauze
  - 19.2 use of sterile solution
  - 19.3 potential injuries
  - 19.4 treatment areas suitable for the dermaplaning procedure
  - 19.5 skin classification
  - 19.6 skin healing capacity
20. the types, benefits and use of post procedure products
21. the types of hygiene products for the skin and the importance of following manufacturer's instructions
22. how to prepare the equipment in line with the dermaplaning procedure protocol to include:
  - 22.1 how to load the blade aseptically
23. why and how to angle the blade and manually support the skin to achieve effective procedure results
24. the reasons for working systematically to cover the individual's treatment area in line with the dermaplaning procedure protocol

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25. the importance of monitoring the health and wellbeing of the individual during and post procedure
  26. the legislative, insurance and organisational requirements for taking and storing visual media of the individual's treatment area
  27. the legislative and regulatory requirements of completing and storing the individual's dermaplaning procedure records
  28. the expected outcomes of a dermaplaning procedure
  29. the purpose of reflective practice and evaluation and how it informs future procedures
  30. how to collate, analyse, summarise and record evaluation feedback in a clear and concise way
  31. the importance to record the outcome and evaluation of the dermaplaning procedure
  32. the **instructions** and advice pre and post the dermaplaning procedure

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## Scope/range

### **Additional information**

It is expected that the aesthetic practitioner undertaking this standard already has the skills, knowledge and behaviours identified within the aesthetic practitioner's procedure guidance and non-surgical cosmetic National Occupational Standards.

The aesthetic practitioner is expected to already be able to demonstrate competency in determining the relative (restrictive) and absolute (preventative) contraindications for the non-surgical cosmetic procedures. In addition, the aesthetic practitioner should be able to identify adverse reactions or incidents and take prompt corrective action as agreed within the complication management plan.

It is expected that this standard is used in conjunction with SKANSC1: Implement and maintain safe, hygienic and effective working practices during elective non-surgical cosmetic procedures and SKANSC2: Consult, assess, plan and prepare for elective non-surgical cosmetic procedures.

Items listed within the scope/range should be evidenced in line with the specific type of non-surgical cosmetic procedure being performed.

## Scope/range related to performance criteria

### Individual's objectives

1. progressive desquamation
2. removal of hair
3. progressive skin renewal
4. anti-ageing
5. preparation prior to skin peeling procedures
6. preparation prior to photo rejuvenation procedures
7. increase absorption of pharmaceuticals and skincare products

#### \* Skin classification\*

1. Fitzpatrick scale
2. Glogau photo-damage

### Skin characteristics

1. oily
2. dry
3. combination
4. sensitive
5. mature
6. dehydrated
7. pigmentation irregularities
8. skin density

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### Contra-actions

1. hyperemia
2. compromised skin barrier function

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### Equipment

1. sterile surgical blades
2. blade holder
3. single use handle and blade
4. blade remover

### Treatment area

1. face and jaw line
2. body



## Scope/range related to knowledge and understanding

### **Anatomy and physiology**

1. the structure and function of the body systems and their interdependence on each other
2. structure and function of skin and skin appendages
3. skin diseases, disorders and conditions
4. the ageing process of the skin including the effects of genetics, lifestyle and environment
5. the compromised barrier function and skin regeneration processes
6. the process of desquamation, exfoliation and skin resurfacing

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### **Adverse reactions**

1. infection
2. wounds
3. oedema
4. hypertrophic and atrophic scarring
5. increased photosensitivity reaction

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### **Visual aids**

1. Illustrative images
2. Illustrative diagrams

### **Dermaplaning procedure protocol**

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1. working environment
2. health and safety
3. risk management plan
4. infection prevention and control
5. complication management
6. procedure plan
7. informed consent
8. data management
9. audit and accountability
10. instructions and advice
11. waste management
12. evidence based and reflective practice

Provide a dermaplaning procedure to desquamate and encourage skin renewal

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*\*Instructions \**

1. the individual and aesthetic practitioner's legal rights and responsibilities
2. complication management
3. post procedure expectations and associated time frames
4. pre and post procedure instructions and care
5. restrictions and associated risks
6. future procedures
7. complaints procedure or concerns protocol

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## Glossary

### Universal precautions and standard precautions

Universal precautions are relevant if the practitioner is exposed to blood and/or some bodily fluid. It is the responsibility of the practitioner to implement infection prevention and control measures to prevent exposure to blood borne pathogens or Other Potentially Infectious Materials (OPIM).

Standard precautions are the basic level of infection control that should be used at all times within the working environment, such as hand hygiene, personal protective equipment, prevention of needlestick and injuries from sharps, risk assessment, respiratory hygiene and cough etiquette, environmental cleaning and waste disposal.

### Visual media

Visual media is evidence generated through photography or video.

### Working environment

The working environment requirements should comply with Health and Safety legislation and be in accordance within guidelines set out either by your local authority or governing body.

Risk assessments should be undertaken and control methods implemented and documented, updated regularly and/or if changes occur. The working environment should be hygienic and fit for purpose for the non-surgical cosmetic procedures to be conducted safely and effectively using aseptic techniques. Infection prevention and control procedures are required to minimise risk of infection and transmission of microbes. Personal protective equipment must be fit for purpose and available. Equipment and products must be maintained in line with the manufacturer's instructions and legislative requirements.

It is advisable to create a complication management and/or emergency plan for all non-surgical cosmetic procedures in the event of an adverse reaction or incident.

## Links to other NOS

SKANSC1, SKANSC2, SKANSC3, SKANSC4, SKANSC5, SKANSC6, SKANSC7 and SKANSC9

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