

Overview

This standard identifies the requirements when you prepare and implement group activities. This includes promoting the participation of individuals, preparing and supporting individuals and the group through activities and contributing to the evaluation of the group activities. It also includes contributing to the promotion of existing support groups, contributing to forming groups to support individual needs and supporting individuals and groups in running their own groups.

Performance criteria

You must be able to:

1. identify and agree the roles and responsibilities of yourself and others to prepare and implement group activities for individuals
2. establish consent and access information on groups, individuals and activities
3. work in partnership with individuals and others to confirm the purpose and outcomes group activities will aim to achieve
4. work in partnership to identify how the group activities will be agreed, prepared for and implemented in line with group preferences and individual needs
5. support individuals to identify and access information, resources or support to select and participate in activities
6. encourage and support all individuals in the group to select and consent to agreed activities
7. review or complete risk assessments for group activities
8. support individuals and others to prepare environments and resources for group activities
9. work in partnership with individuals and others to deliver and monitor group activities
10. encourage and support all individuals in the group to prepare for and take part in group activities
11. take responsibility to support others to leave environments ready for next use after group activities
12. support individuals and others to feedback on how group activities met the agreed outcomes and individual requirements
13. provide your feedback on how the group activities met agreed outcomes and individual requirements
14. work in partnership to identify and make changes to group activities for next time
15. complete records and reports required for preparing and implementing group activities
16. reflect on how you carried out your roles and responsibilities to prepare and implement group activities

Knowledge and understanding

You need to know and understand:

1. how to access and review information about group activities
2. how to complete or review risk assessments for group activities
3. how to encourage individuals to choose and participate in group activities
4. how to support individuals neurodivergence and additional needs through adaptations to group activities
5. the influence of individual's culture and background on selection and participation in group activities
6. how to apply trauma informed principles to support individuals to select and participate in group activities
7. the impact of group activities on the wellbeing of individuals and the group as a whole
8. types of information, resources and support networks that may assist individuals during group activities and how to access them
9. how to access and provide individuals information on wider group activities
10. how to use digital tools and devices to prepare for and use during group activities
11. types of environments that are best suited for group activities and how to prepare them
12. types of resources needed for group activities and how to access them
13. how to support others to prepare environments and resources for group activities
14. types of sustainable practices that can be used when preparing and implementing group activities
15. the different skills others can bring to group activities and how to utilise them
16. how to monitor participation in group activities
17. the importance of dignity, kindness and compassion when supporting individuals to participate in group activities
18. how to support emotional regulation during group activities
19. ways to support individuals and others to continue group activities without your input
20. how to work in partnership with individuals and others to review, feedback and implement changes to group activities
21. how changes to individual preferences, conditions and circumstances can

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impact the support required for group activities

22. the records and reports required for preparing and implementing group activities

23. theories relevant to preparing and implementing group activities

24. the relevant legal requirements, standards of practice, frameworks and guidance for preparing and implementing group activities

25. the workplace requirements on equality, diversity, inclusion, and rights when preparing and implementing group activities

26. how to work in partnership with others to prepare and implement group activities

27. how to respond to issues and concerns that may occur during group activities

28. how your personal experiences and unconscious bias may impact when preparing and implementing group activities, and how to address this

29. the role of supervision, reflective practice and learning and development when preparing and implementing group activities

Glossary

The glossary for this National Occupational Standard is available on the Skills for Care and Development website.

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