

## Overview

This standard identifies the requirements when promoting the independence of individuals to use medication and self-administer. The standard covers preparing for and supporting the administration of medication, as well as implementing safe practices to ensure medication supplies are received, stored and disposed of safely.

## Performance criteria

### *You must be able to:*

1. identify and agree the roles and responsibilities of yourself and others to promote the independence of individuals to administer medication
2. establish consent and access information on individuals and their medication
3. review or complete medication risk assessments to support the independence of individuals to self-administer
4. support individuals and others to access supplies of prescribed medication
5. support individuals and others to store medication in line with risk assessments and medication storage requirements
6. support individuals and others to check medication is in date and to dispose of unused or out of date medication
7. work in partnership with individuals to identify how, where, and when to self-administer medication in line with risk assessments and prescription requirements
8. work in partnership with individuals to confirm the resources and support they require to self-administer medication in line with risk assessments and care or support plans
9. follow infection prevention and control methods for the use of medication, and support individuals to do so
10. encourage and support individuals to self-administer in line with risk assessments and care or support plans
11. observe that medications are administered correctly in line with prescription requirements
12. complete records and reports required for promoting independence with medication
13. reflect on how you carried out your roles and responsibilities to promoting independence with medication

## Knowledge and understanding

### *You need to know and understand:*

1. how to access information on individuals and medication
2. how risk assessments are used to support the independence of individuals to self-administer medication
3. the benefits of supporting the individual to safely self-administer medication
4. how to apply trauma informed principles when supporting individuals to self-administer medication
5. the influence of culture, background and spirituality on use of medication
6. the importance of dignity, kindness and compassion when supporting individuals to self-administer medication
7. how to support emotional regulation during self-administration of medication
8. common types of medications and their general uses
9. the safe storage and disposal of medication
10. different administration routes and forms of medication
11. resources that can assist in administering medication
12. how to use digital tools and devices to promote independence with medication
13. the influence of neurodivergence and additional needs on the use of medication
14. hygiene precautions and the potential consequences of not following these when using medication
15. how to recognise and respond to health reactions or emergencies with medication
16. the records and reports required for promoting independence with medication
17. theories relevant to promoting independence with medication
18. the relevant legal requirements, standards of practice, frameworks and guidance for promoting independence with medication
19. the workplace requirements on equality, diversity, inclusion, and rights when promoting independence with medication
20. how to work with in partnership with others to promote independence with medication
21. how your personal experiences and unconscious bias may impact when promoting independence with medication, and how to address this
22. the role of supervision, reflective practice and learning and development in promoting independence with medication

## Glossary

The glossary for this National Occupational Standard is available on the Skills for Care and Development website.

HSCCLD313



Promote independence with medication

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