

SKAPE1

Establish individuals' unique profile, development needs and educational targets within a sport and physical education setting.



Overview

This standard is about the competence that sports coaches require to apply profiling techniques in a sport and physical educational setting. Profiling is a tool you as sports coaches will use to measure and assess individual's needs and targets in a sport and physical educational setting. You will use this technique to measure and analyse whole person-development and other relevant factors to help them improve and develop in sport, physical education, health and wellbeing.

This standard is for all sports coaches that have responsibility for a range of individuals in a sport and physical educational setting.

Performance criteria

You must be able to:

1. select a suitable environment to perform the individual profiling
2. establish effective ways to engage and develop a relationship that are conducive to the process
3. apply a person-centred approach to meet the needs of the individual
4. use appropriate strategies to elicit relevant information
5. obtain appropriate information and guidance which could measure the effectiveness of the individual's development needs and educational targets to create the baseline profile
6. encourage the individual to provide an analysis of their performance through self-reflection/feedback
7. critically analyse the individuals gathered information to use as a comparison with their results and benchmarking.
8. implement intervention strategies reflective of the individuals' circumstances.
9. plan and implement an effective development plan based on the profiling results
10. conduct a review of the individuals profiling based on the initial results at the agreed times
11. collaborate with others as required while still maintaining and respect confidentiality within the legal requirements
12. operate within your scope of practice and in accordance with the guidelines
13. follow current legislation, guidelines, policies, procedures and protocols which are relevant to your work practice and to which you must adhere

Knowledge and understanding

You need to know and understand:

1. positive learning environments and behaviour management strategies relevant to individuals needs
2. relevant theories of human and social development, physical literacy and models of psychology involved in conducting an individual's profile
3. the principles of individual profiling
4. the strategies and techniques to engage and develop an effective relationship during the profiling
5. how technological advancements can support the profiling process
6. methods of differentiating in order to respond to individual needs
7. what a person-centred approach is and how to apply this to the profiling of an individual
8. the strategies and techniques to elicit relevant information from the individual
9. profiling and enquiry methods designed to measure cognitive, social, emotional, physiological capabilities, biopsychosocial factors, behavioural, psychomotor, motives, technical, tactical and sustained development
10. the importance of taking a holistic approach
11. techniques and strategies to critically analysis the individuals gathered information against their needs, educational targets and benchmarking
12. how to apply a high level of emotional intelligence
13. the principles of behaviour change
14. a range of factors that could impact an individual's ability to perform
15. how to implement intervention strategies
16. the importance of effective target setting
17. how to develop an effective target setting strategy
18. the importance of reviewing the individuals profiling based on the initial results
19. the assessment for learning and skill acquisition techniques relevant to individuals' unique profile, developmental needs and educational targets
20. suitable timescales to conduct an effective review of the individuals profiling
21. multi-disciplinary teams to collaborate with and the importance of doing so
22. the scope and limitations of your own competence, responsibilities, and accountability as it applies to your job role
23. the National trends, strategies and initiatives in sport and physical education

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24. current legislation, guidelines, policies, procedures and protocols which are relevant to your work practice and to which you must adhere.

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Glossary

Sport and physical education programmes

Structured, progressive learning within the school curriculum, organised activities beyond the curriculum or any movement using energy, including physical education, sports, dance, play, adventurous and outdoor activities.

Holistic development

Recognises students as individuals with diverse needs beyond academics. It focuses on fostering personal growth, self-awareness, emotional intelligence, and a sense of purpose. The goal is to develop well-rounded, socially responsible, and emotionally intelligent individuals.

Links to other NOS

This standard links to SKAPE2, SKAPE3, SKAPE4, SKAPE5

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