

Overview

This standard coexists alongside, **SKAHDBRBNST1 Implement and maintain safe, hygienic and effective working practices** and **SKAHDBRBNS1 Consult, assess, plan and prepare for Hair, Barbering, Beauty, Nails, Wellbeing and Holistic services**.

This standard is about providing specialist skin camouflage services to address a wide range of conditions, to restore the skin's colouring to match the unaffected skin tone. It also covers the use of a variety of specialist camouflage products.

The main outcomes of this standard are:

1. Carry out specialist skin camouflage
2. Instruct and advise the individual

Performance criteria

You must be able to:

1. carry out a concise and comprehensive consultation with the individual
2. maintain your responsibilities for health and safety in accordance with legislation, regulations, directives and guidelines
3. discuss and establish the individual's objectives, skin concerns, expectations and desired outcomes to inform the specialist skin camouflage service plan to include
 - 3.1 skincare regime
 - 3.2 alternative treatment options
4. confirm and agree with the individual, they have understood the proposed specialist skin camouflage service, to include:
 - 4.1 expected outcomes
 - 4.2 contra-actions
 - 4.3 adverse reactions
5. obtain and record the individual's informed consent for the specialist skin camouflage service in accordance with organisational and insurance requirements
6. carry out tests to establish suitability for the treatment and record the outcome in accordance with manufacturer instructions
7. carry out a skin analysis to confirm the specialist skin camouflage service, to include:
 - 7.1 **skin type**
 - 7.2 **skin condition**
 - 7.3 **skin classification**
8. select the skincare products and skin **camouflage products** and prepare the individual's treatment area in accordance with the specialist **skin camouflage service protocol**, to include:
 - 8.1 **camouflage needs**
 - 8.2 **agreed area to be camouflaged**
 - 8.3 consider the lighting the specialist skin camouflage make-up will be worn in
9. position the individual to meet the needs of the service
10. apply skin camouflage products using techniques to achieve the desired effect
11. set the camouflage application using the appropriate products
12. ensure all elements of the **skin camouflage products** combine to complement each other and achieve the desired effect and agreed treatment plan

13. monitor the individual's health, wellbeing and skin reaction throughout the **specialist skin camouflage service**
14. implement the correct course of action in the event of an adverse reaction
15. conclude the treatment in accordance with the **specialist skin camouflage service protocol**, legislative requirements and organisational policies and procedures
16. take and store consensual visual media of the individual's treatment area in accordance with insurance requirements, organisational policies and procedures
17. complete the individual's treatment records and store in accordance with data legislation
18. use reflective practice to evaluate the **specialist skin camouflage service** and take appropriate action
19. provide **instructions** and advice to the individual, pre and post the treatment
20. record the outcome and evaluation of the specialist skin camouflage service

Knowledge and understanding

You need to know and understand:

1. your role and responsibilities in providing specialist skin camouflage services and the importance of working within your competence
2. why you must comply with ethical practice and work within the legislative requirements, to include:
 - 2.1 the responsibilities under local authority licensing regulations for yourself and your premises
3. the importance to engage in, and document continuous professional development to include, up-to-date information policies, treatments and best practice guidance
4. the **anatomy and physiology** relevant to this standard
5. the relative and absolute contraindications relevant to specialist skin camouflage services, to include:
 - 5.1 the legislative and insurance requirements for obtaining medical diagnosis and referral
6. the importance of recognising suspicious skin irregularities and lesions, and referring to a relevant healthcare professional
7. the purpose, use and limitations of specialist skin camouflage services, in relation to:
 - 7.1 past and current medical history
 - 7.2 medication
 - 7.3 skin condition
 - 7.4 relevant lifestyle factors
 - 7.5 individual's expectations
8. the adverse reactions associated with specialist skin camouflage services and how to respond
9. the health and safety responsibilities in line with legislation before, during and after the specialist skin camouflage service
10. why it is important to discuss and establish the individual's objectives, concerns, expectations, desired outcomes and agree the specialist skin camouflage service plan
11. the legal requirements for providing specialist skin camouflage services to minors and vulnerable adults
12. the fee structures and treatment options

13. the legislative and indemnity requirements of gaining signed, informed consent for the specialist skin camouflage service
14. the importance of adhering to the specialist **skin camouflage services protocol**
15. the importance of carrying out a skin analysis to determine the treatment plan
16. the sourcing, storage, handling, of products, tools and equipment in accordance with the manufacturer's instructions and legislative requirements
17. the types of hygiene products for the skin and the importance of following manufacturer instructions
18. the basic principles of colour theory
19. the causes and appearance of skin conditions likely to need camouflage
20. the characteristics of different types of scars
21. the psychological effects of a changed image on the individual
22. recognising when you might need to refer an individual for more specialist services
23. the reasons why specialist skin camouflage services should be applied in the lighting it will be worn
24. the types, benefits and limitations of skincare and skin camouflage products and application tools, to include:
 - 24.1 accurate match to the individual's skin type, classification and camouflage needs
 - 24.2 the selection, blending and mixing of camouflage products
 - 24.3 the benefits of using hypo allergenic camouflage products
25. how to prepare and use skin camouflage products and equipment in line with the specialist skin camouflage services protocol, to include:
 - 25.1 the working practices required to avoid cross contamination of products
 - 25.2 disinfecting and sterilisation of tools and equipment
26. the importance of adhering to manufacturer instructions to prevent product incompatibilities and risks to health
27. the purpose of tests and the reasons why you carry out a test using the product(s) to be used
28. the reasons for completing the application in a commercially viable time
29. the importance of monitoring the health and wellbeing of the individual during, and post the service
30. the reasons for taking consensual visual media of the individual's treatment area and storing in accordance with the service, legislative, insurance and organisational requirements

Provide specialist skin camouflage services

31. the legislative and regulatory requirements of completing and storing the individual's specialist skin camouflage service record
32. the expected outcomes of specialist skin camouflage services
33. methods of demonstrating the application of skin camouflage application techniques and use of tools and equipment
34. how to adapt and tailor your skin camouflage service to meet individual needs
35. the purpose of reflective practice and evaluation and how it informs future treatments
36. different methods of evaluating the success of skin camouflage
37. the importance to record the outcome and evaluation of the specialist skin camouflage service
38. the **instructions** and advice, pre and post the specialist skin camouflage service

Scope/range

Specialist skin camouflage services protocol

1. working environment
2. health and safety
3. infection prevention and control
4. service plan
5. informed consent
6. data management
7. test outcomes
8. manufacturer instructions
9. audit and accountability
10. instructions and advice
11. sustainability
12. waste management
13. evidence-based practice
14. reflective practice

Skin Classification

1. Fitzpatrick scale
2. Lancer scale

Skin type

1. Dry
2. Oily
3. Combination
4. Balanced

Skin condition

1. lax elasticity
2. hyper and hypo pigmentation
3. congested
4. pustular
5. fragile
6. vascular
7. sensitised
8. sensitive

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9. dehydrated
10. photo-sensitive
11. photo-aged
12. lack lustre

Camouflage products

1. camouflage creams
2. camouflage powders
3. setting products
4. skin stains

Camouflage needs

1. tattoos
2. atrophic scar tissue
3. hypertrophic scar tissue
4. keloid scar tissue
5. hyperpigmentation
6. hypopigmentation
7. erythema
8. bruising

Area to be camouflaged

1. head
2. neck
3. chest
4. shoulder
5. limbs
6. abdomen
7. back

Application tools

1. brushes
2. fingers
3. sponges
4. velour puffs

Anatomy and physiology

1. the structure and function of the skin

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2. the anatomy and physiology of the human body
3. relative and absolute contraindications and related pathologies

Instructions

1. the individual and practitioner's legal rights and responsibilities
2. pre and post treatment instructions and care
3. restrictions and associated risks
4. future treatments

Glossary

Atrophic scar tissue

Scar tissue that is lower than the surrounding skin; an indented scar.

Attributes of skin camouflage products

The positive effects of using camouflage products, such as being waterproof and providing a sunblock.

Erythema

Redness to the skin caused by irritation, or injury to the tissue.

Hypertrophic scar tissue

Scar tissue that is higher than the surrounding skin; a protruding scar.

Hyperpigmentation

Excessive colouration in comparison to the surrounding skin due to excess melanin (for example age spots, freckles, stretch marks, sun tan, melasma and chloasma).

Hypopigmentation

Loss of colouration in comparison to the surrounding skin area (for example leucoderma, stretch marks, scarring, vitiligo).

Links to other NOS

SKAHDBRBNST1, SKAHDBRBNS1, SKABT15, SKABT3, SKABT13, SKAB2

SKABT14



Provide specialist skin camouflage services

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