

Overview

This Standard is for those who work at heights and includes assessing the risks involved, taking all suitable precautions and following the correct procedures. This standard applies to individuals who work at heights, including those working for example, on containers, gantries, ladders or similar structures from where there is a danger of falling. Maintaining health and safety is of paramount importance at all times when working at heights. “Work at height” means work in any place where, if precautions were not taken, a person could fall a distance liable to cause personal injury.

Performance criteria

You must be able to:

1. undertake the work according to an agreed plan
 - 1.1 assess correctly the risks associated with the task to be

Knowledge and understanding

You need to know and understand:

1.
your own individual responsibility relating to maintaining safe working practices and procedures when working at heights
 - 1.1 the risks associated with working at heights, including when

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Work safely at heights

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