

## Overview

This standard coexists alongside, **SKAHDBRBNST1 Implement and maintain safe, hygienic and effective working practices and SKAHDBRBNS1 Consult, assess, plan and prepare for Hair, Barbering, Beauty, Nails, Wellbeing and Holistic services**. This standard is about a hair professional cutting hair using club cutting, freehand, clipper over comb, fading and scissor over comb techniques. You will also be required to do a post procedure evaluation and reflection for continuous improvement. Users of this standard will need to ensure that their practices reflect up-to-date information, policies, procedures and best practice guidance. It is advisable users of this standard are aware of, and comply with first aid requirements in accordance with legislation and organisational policies and procedures.

### The main outcomes are:

1. Cut hair to achieve a variety of looks

## Performance criteria

### *You must be able to:*

1. carry out a concise and comprehensive consultation with the individual
2. maintain your responsibilities for health and safety in accordance with legislation, regulations, directives and guidelines, to include:
  - 2.1 removing excess hair cuttings from the individual's skin throughout the service
  - 2.2 removing excess hair from flooring to avoid injury
3. discuss and establish the individual's objectives and desired outcomes to inform the cutting service plan, to include:
  - 3.1 considering the anatomical head and face structures
  - 3.2 alternative treatment options
4. carry out a hair and scalp analysis to determine the service plan, to include:
  - 4.1 **hair curl classification**
  - 4.2 **hair characteristics**
  - 4.3 **state of hair**
  - 4.4 scalp condition
5. confirm and agree with the individual, they have understood the proposed cutting service, to include:
  - 5.1 contra-actions
  - 5.2 adverse reactions
6. obtain the individual's informed consent for the cutting service
7. comb and section the hair in accordance with the **cutting service protocol**
8. use **cutting and clipper techniques** suitable for the individual's state of hair and hair curl classification to achieve the desired **look**, to include:
  - 8.1 select and use of **tools and equipment** to avoid damage to the hair and scalp
9. create and cut the initial guideline in accordance with the cutting service plan, to include:
  - 9.1 confirming with the individual they want to proceed with the cut
10. cut the hair using the guidelines to ensure weight, balance and shape is achieved
- 11 adapt your cutting and clipper techniques in accordance with the cutting service protocol to include:
  - 11.1 **outline shapes**
  - 11.2 **neckline shapes**
  - 11.3 **outline and detailing design**
12. shape visible hair perimeters using cutting or clipper techniques, taking into

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account:

12.1 the natural hair line

12.2 hair growth patterns

12.3 hair curl classification

13. cross-check the cut to establish accurate distribution of weight, balance and shape

14. provide **additional services**

15. conclude the cutting service ensuring the individual is left free from hair cuttings

16. confirm with the individual they are satisfied with the final result

17. monitor the individual's health and wellbeing throughout the cutting service

18. implement the correct course of action in the event of an adverse reaction

19. complete the individual's service records and store in accordance with data legislation

20. use reflective practice to evaluate the cutting service and take appropriate action

21. provide **instructions** and advice to the individual, pre and post the service

22. record the outcome and evaluation of the cutting service

## Knowledge and understanding

### *You need to know and understand:*

- 1.your role and responsibilities in providing cutting services and the importance of working within your competence
- 2.why you must comply with ethical practice and work within the legislative requirements, to include:
  - 2.1 the responsibilities under local authority licensing regulations for yourself and your premises
- 3.the importance to engage in, and document continuous professional development to include, up-to-date information policies, procedures and best practice guidance
- 4.the **anatomy and physiology** relevant to this standard
- 5.the relative and absolute contraindications relevant to the hair service, to include:
  - 5.1 the legislative and insurance requirements for obtaining medical diagnosis and referral
- 6.the importance of recognising suspicious skin irregularities and scalp lesions and referring to a relevant healthcare professional
- 7.the tools and equipment used in cutting services
- 8.the limitations of cutting techniques and the adaptations required, in relation to:
  - 8.1 hair curl classification
  - 8.2 hair characteristics
  - 8.3 state of hair
  - 8.4 scalp condition
  - 8.5 individual's preferences
  - 8.6 individual's expectations
  - 8.7 hair service history
- 9.the importance of identifying the anatomical head and facial structures to choose the appropriate haircut and finish
- 10.the differences between cutting wet and dry hair and how it impacts the degree of tension used
- 11.why you should comb and section the hair prior to the cutting
- 12.the associated risks from hair cuttings in close proximity of exposed skin
- 13.how and when to use club, freehand, texturising, clipper over comb, scissor over comb cutting and fading techniques
- 14.how to use, level and test clippers
- 15.the type and size of clippers, clipper blades and attachments available and the effects that these achieve
- 16.how the angle at which the hair is held effects the weight distribution, balance and degree of graduation of the cut
- 17.the reasons for establishing and following guidelines
- 18.how to follow fading guidelines
- 19.the traditional and current hair shapes
- 20.how to cross-check and balance the cut
- 21.the hair growth patterns and how these impact the hair cutting service
- 22.the risks associated with continually close cutting
- 23.the importance of consulting with the individual throughout the cutting process
- 24.the adverse reactions associated with a cutting service and how to respond

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- 25.the health and safety responsibilities in line with legislation before, during and after the service
- 26.the legal requirements for providing hair services to minors and vulnerable adults
- 27.why it is important to discuss and establish the individual's objectives, concerns, expectations, desired outcomes and agree the cutting service plan
- 28.the fee structures and treatment options
- 29.the legislative and indemnity requirements of gaining signed, informed consent for the service
- 30.the reasons for taking consensual visual media of the individual's treatment area and storing in accordance with the service, legislative, insurance and organisational requirements
- 31.the importance of adhering to the cutting service protocol
- 32.the service time in accordance with your organisational policies and procedures
- 33.the importance of monitoring the health and wellbeing of the individual during and post the service
- 34.the expected outcomes of cutting services
- 35.the purpose of reflective practice and evaluation and how it informs future services
- 36.the instructions and advice, pre and post the cutting service

## Scope/range

### Hair curl classification

1. straight
2. wavy
3. curly
4. tight curls
5. combination

### Hair characteristics

1. hair density
2. hair texture
3. hair elasticity
4. hair porosity
5. hair growth patterns

### State of hair

1. non - chemically treated hair
2. partially chemically treated hair
3. chemically treated hair

### Cutting service protocol

1. working environment
2. health and safety
3. infection prevention and control
4. service plan
5. informed consent
6. data management
7. audit and accountability
8. instructions and advice
9. sustainability
10. waste management
11. evidence-based practice
12. reflective practice

### Cutting and clipper techniques

1. club cutting
2. freehand

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3. scissor over comb
4. clipper over comb
5. texturising
6. fading

### **Tools and equipment**

1. scissors
2. clipper
3. trimmer
4. detailer
5. foil

### **Look**

1. layered
2. graduated
3. with a fringe
4. with a parting
5. around the ear outline
6. over the ear
7. with a fade

### **Additional Services**

1. eyebrow trim
2. ear trim

### **Neckline shapes**

1. tapered
2. squared
3. full neck line

### **Outline shapes**

1. natural
2. created
3. tapered

### **Outlines and detailing design**

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- 1.straight lines
- 2.curved lines
- 3.repeated
- 4.hair line

### **Instructions**

1. the individual and practitioner's legal rights and responsibilities
2. pre and post procedure instructions and care
3. restrictions and associated risks
4. future procedures

### **Anatomy and physiology**

1. the structure and function of the hair and the hair growth cycle
2. the structure and function of the skin
3. basic anatomical structure of the head, neck and shoulders
4. relative and absolute contraindications and related pathologies

## Glossary

### **Absolute contraindication**

An absolute contraindication is a condition that prevents the service from being carried out and may require referral.

### **Adverse reaction**

An adverse reaction is an 'unexpected' reaction or outcome following a service, i.e. fainting

### **Contra action**

A contra-action is an 'expected' reaction or outcome following a service, i.e. erythema

### **Evidence-based practice**

Evidence-based practice is based on the best available, current, valid and relevant evidence.

### **First aid**

First aid can refer to first aid at work qualifications or equivalent and first aid mental health awareness.

### **Hair curl classification**

Hair curl classification can be referred to as Type 1 – 4.

### **Protocol**

A protocol is a standard procedure to ensure best practice and compliance when providing services, i.e. follow manufacturer instructions.

### **Relative contraindication**

A relative contraindication is a condition that requires an assessment of suitability for the service and/or if adaptations are required.

### **Straight geometric line**

A straight geometric line can be referred to as cutting a full fringe or a perimeter of a hair line where weight is left.

## [Links to other NOS](#)