

---

## Overview

This standard coexists alongside, **SKAHDBRBNST1 Implement and maintain safe, hygienic and effective working practices and SKAHDBRBNS1 Consult, assess, plan and prepare for Hair, Barbering, Beauty, Nails, Wellbeing and Holistic services**. This standard is about a hair professional using combined cutting techniques to create a bespoke restyled look. You will also be required to do a post procedure evaluation and reflection for continuous improvement. Users of this standard will need to ensure that their practices reflect up-to-date information, policies, procedures and best practice guidance. It is advisable users of this standard are aware of, and comply with first aid requirements in accordance with legislation and organisational policies and procedures.

### The main outcomes are:

1. create a bespoke restyled look by combining cutting techniques

## Performance criteria

### *You must be able to:*

1. carry out a concise and comprehensive consultation with the individual
2. maintain your responsibilities for health and safety in accordance with legislation, regulations, directives and guidelines, to include:
  - 2.1 removing excess hair cuttings from the individual's skin throughout the service
  - 2.2 removing excess hair from flooring to avoid injury
3. discuss and establish the individual's objectives and desired outcomes to inform the creative cutting service plan, to include:
  - 3.1 individual's lifestyle
  - 3.2 anatomical head and face structures
  - 3.3 alternative treatment options
4. carry out a hair and scalp analysis to determine the service plan, to include:
  - 4.1 **hair curl classification**
  - 4.2 **hair characteristics**
  - 4.3 **state of hair**
  - 4.4 hair length
  - 4.5 scalp condition
5. explore a variety of achievable looks with the individual using relevant visual aids
6. confirm and agree with the individual, they have understood the proposed creative cutting service, to include:
  - 6.1 contra-actions
  - 6.2 adverse reactions
7. obtain the individual's informed consent for the cutting service
8. comb and section the hair in accordance with the creative cutting service protocol
9. combine **cutting techniques** suitable for the individual's state of hair and hair curl classification to achieve the desired bespoke creative look
10. select and use **tools and equipment** to avoid damage to the hair and scalp
11. create and cut the initial guideline in accordance with the cutting service plan to, include:
  - 11.1 confirming with the individual they want to proceed with the cut
12. adapt your cutting techniques to achieve the desired look in accordance with the **creative cutting service protocol**
13. shape visible hair perimeters, taking into account:
  - 13.1 the natural hair line
  - 13.2 hair growth patterns
14. carry out suitable remedial action to resolve any problems arising during the cutting

service

15. cross check visually and manually to ensure the cut is accurate
16. use **creative finishing techniques** that complement the cut and individual's facial shape
17. conclude the creative cutting service ensuring the individual is left free from hair cuttings
18. confirm with the individual they are satisfied with the final result
19. monitor the individual's health and wellbeing throughout the cutting service
20. implement the correct course of action in the event of an adverse reaction
21. complete the individual's service records and store in accordance with data legislation
22. use reflective practice to evaluate the creative cutting service and take appropriate action
23. provide **instructions** and advice to the individual, pre and post the service
24. record the outcome and evaluation of the creative cutting service

## Knowledge and understanding

### *You need to know and understand:*

1. your role and responsibilities in providing cutting services and importance of working within your competence
2. why you must comply with ethical practice and work within the legislative requirements, to include:
  - 2.1 the responsibilities under local authority licensing regulations for yourself and your premises
3. the importance to engage in, and document continuous professional development to include, up-to-date information policies, procedures and best practice guidance
4. the **anatomy and physiology** relevant to this standard
5. the relative and absolute contraindications relevant to hair services, to include:
  - 5.1 the legislative and insurance requirements for obtaining medical diagnosis and referral
6. the importance of recognising suspicious skin irregularities and scalp lesions, and referring to a relevant healthcare professional
7. the types and limitations of cutting techniques used within a creative look, and the adaptations required, in relation to:
  - 7.1 hair curl classification
  - 7.2 hair characteristics
  - 7.3 state of hair
  - 7.4 hair length
  - 7.5 scalp condition
  - 7.6 hair service history
8. where to source creative ideas to inspire and determine the service plan, to include:
  - 8.1 how to interpret inspiration from historical, cultural, and fashion themes into current trends
9. the importance to explore a variety of achievable looks with the individual using relevant visual aids
10. the types and use of tools and equipment used in cutting services
11. how to use a styling razor safely
12. the differences between cutting wet and dry hair and how it impacts the degree of tension used
13. the effects that can be created by combining and adapting different cutting techniques

14. the importance of considering weight distribution and working with the natural growth patterns of the hair
15. the classic and current hair shapes
16. the importance of choosing the appropriate angle at which the hair is held when cutting to ensure accurate weight distribution, balance and degree of graduation is achieved
17. how to personalise and adapt cutting techniques
18. the types and size of clipper blades and attachments available, and the effects that these achieve
19. the types of products available for finishing hair
20. how to create and follow a guideline
21. the service times in accordance with your organisational policies and procedures
22. how to cross check and balance the cut
23. problems that can commonly arise when cutting hair and actions to remedy these
24. the importance of consulting with the individual throughout the cutting process
25. the adverse reactions associated with a cutting service and how to respond
26. the health and safety responsibilities in line with legislation before, during and after the service
27. the legal requirements for providing hair services to minors and vulnerable adults
28. why it is important to discuss and establish the individual's objectives, concerns, expectations, desired outcomes and agree the cutting service plan
29. the fee structures and treatment options
30. the legislative and indemnity requirements of gaining signed, informed consent for the service
31. the reasons for taking consensual visual media of the individual's treatment area and storing in accordance with the service, legislative, insurance and organisational requirements
32. the importance of adhering to the creative cutting service protocol
33. the importance of monitoring the health and wellbeing of the individual during, and post the service
34. the expected outcomes of cutting services
35. the purpose of reflective practice and evaluation and how it informs future services
36. the instructions and advice, pre and post the cutting service

## Scope/range

### Hair curl classification

1. straight
2. wavy
3. curly
4. tight curls
5. combination

### Hair characteristics

1. hair density
2. hair texture
3. hair elasticity
4. hair porosity
5. hair growth patterns

### State of hair

1. non - chemically treated hair
2. partially chemically treated hair
3. chemically treated hair

### Cutting techniques (to be combined)

1. club cutting
2. freehand
3. point cutting
4. scissor over comb
5. clipper over comb
6. texturising
7. thinning
8. graduating
9. layering
10. disconnecting

### Tools and Equipment

1. scissors
2. clipper
3. thinning/texturising scissors
4. trimmer

5. styling razor

**Creative cutting service protocol**

1. working environment
2. health and safety
3. infection prevention and control
4. service plan
5. informed consent
6. data management
7. audit and accountability
8. instructions and advice
9. sustainability
10. waste management
11. evidence-based practice
12. reflective practice

**Creative finishing techniques**

1. styling
2. use of product application

**Instructions**

1. the individual and practitioner's legal rights and responsibilities
2. pre and post procedure instructions and care
3. restrictions and associated risks
4. future procedures

**Anatomy and physiology**

1. the structure and function of the hair and the hair growth cycle
2. the structure and function of the skin
3. basic anatomical structure of the head, neck and shoulders
4. relative and absolute contraindications and related pathologies

## Glossary

### **Absolute contraindication**

An absolute contraindication is a condition that prevents the service from being carried out and may require referral.

### **Adverse reaction**

An adverse reaction is an 'unexpected' reaction or outcome following a service, i.e. fainting

### **Anatomy and Physiology**

How the skeletal, muscular, circulatory, lymphatic, respiratory, excretory, digestive, endocrine and nervous systems interact with each other and how they impact the individual, service and outcomes.

### **Contra action**

A contra-action is an 'expected' reaction or outcome following a service, i.e. erythema

### **Evidence-based practice**

Evidence-based practice is based on the best available, current, valid and relevant evidence.

### **First aid**

First aid can refer to first aid at work qualifications or equivalent and first aid mental health awareness.

### **Hair curl classification**

Hair curl classification can be referred to as Type 1 – 4.

### **Point cutting**

Point cutting is a type of texturising technique.

### **Protocol**

A protocol is a standard procedure to ensure best practice and compliance when providing services, i.e. follow manufacturer instructions.

### **Relative contraindication**

A relative contraindication is a condition that requires an assessment of suitability for the service and/or if adaptations are required.

### **Styling razor**

---

A styling razor has optional multifunctional guards attached to the blade to create hair texture and thinning effects.

**Texturising**

A cutting technique that creates movement and gives the appearance of increased volume.

**Thinning**

A cutting technique than can be carried out freehand or with the use of scissors to reduce volume in the hair.

**Links to other NOS**