

## Overview

This standard coexists alongside, **SKAHDBRBNST1 Implement and maintain safe, hygienic and effective working practices and SKAHDBRBNS1 Consult, assess, plan and prepare for Hair, Barbering, Beauty, Nails, Wellbeing and Holistic services**. This standard is about a hair professional providing drying, styling and finishing services. You will also be required to do a post procedure evaluation and reflection for continuous improvement. Users of this standard will need to ensure that their practices reflect up-to-date information, policies, procedures and best practice guidance. It is advisable users of this standard are aware of, and comply with first aid requirements in accordance with legislation and organisational policies and procedures.

### The main outcomes are:

1. Dry the hair
2. Style the hair
3. Finish the hair

## Performance criteria

### *You must be able to:*

1. carry out a concise and comprehensive consultation with the individual
2. maintain your responsibilities for health and safety in accordance with legislation, regulations, directives and guidelines
3. discuss and establish the individual's objectives and desired outcomes to inform the hair drying, styling and finish service plan, to include: 3.1 treatment history 3.2 alternative treatment options
4. carry out a hair and scalp analysis, to include: 4.1 **hair curl classification** 4.2 **hair characteristics** 4.3 **state of hair** 4.4 scalp condition
5. carry out **tests** to determine suitability for service
6. discuss the **thermal styling techniques** and equipment to be used in accordance with the service plan
7. confirm and agree with the individual, they have understood the proposed hair drying, styling and finish service, to include:
  - 7.1 contra-actions
  - 7.2 adverse reactions
8. obtain the individual's informed consent for the hair drying, styling and finish service
9. prepare the individual and shampoo the hair and scalp in accordance with **the hair drying, styling and finish service protocol**
10. comb the wet hair in preparation for the blow drying service in accordance with the blow drying service protocol, to include: 10.1 ensure even level of moisture in the hair 10.2 select and apply **styling products**
11. comb, section and secure hair in accordance with the blow drying service plan
12. blow dry the hair from root to tip using **drying techniques**, minimising the risk of damage to the hair, to include:
  - 12.1 maintaining even tension throughout the drying process when using tools
13. select and prepare thermal styling tool suitable for achieving the style agreed with the individual, to include:
  - 13.1 set the thermal styling tool at the recommended operating temperature for the hair curl classification and characteristics
14. section and secure hair in accordance with the hair styling service plan
15. style the hair using thermal styling techniques and tools, minimising the risk of damage to the hair to include:
  - 15.1 selecting meshes of hair suitable for the size of thermal equipment used
16. conclude the service in accordance with the drying, styling and finish service

## Dry, style and finish hair using hairdressing techniques

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protocol, to include:

- 16.1 select and apply **finishing products**
17. confirm with the individual they are satisfied with the final result
18. monitor the individual's health and wellbeing throughout the hair drying, styling and finish service
19. implement the correct course of action in the event of an adverse reaction
20. complete the individual's service records and store in accordance with data legislation
21. use reflective practice to evaluate the hair drying, styling and finish service and take appropriate action
22. provide **instructions** and advice to the individual
23. record the outcome and evaluation of the hair drying, styling and finish

## Knowledge and understanding

### *You need to know and understand:*

1. your role and responsibilities in providing hair drying, styling and finish services and the importance of working within your competence
2. why you must comply with ethical practice and work within the legislative requirements, to include:
  - 2.1 the responsibilities under local authority licensing regulations for yourself and your premises
3. the importance to engage in, and document continuous professional development to include, up-to-date information policies, procedures and best practice guidance
4. the **anatomy and physiology** relevant to this standard
5. the relative and absolute contraindications relevant to hair services, to include:
  - 5.1 the legislative and insurance requirements for obtaining medical diagnosis and referral
6. the importance of recognising suspicious skin irregularities and scalp lesions and referring to a relevant healthcare professional
7. the types of products, tools and equipment used for drying, styling and finishing hair the physical effects of the blow drying and heated styling processes on the hair structure
8. the physical effects of the blow drying and heated styling processes on the hair structure
9. the types and limitations of hair drying, styling and finish techniques, to include adaptations required, in relation to:
  - 9.1 hair curl classification
  - 9.2 hair characteristics
  - 9.3 state of hair
  - 9.4 scalp condition
  - 9.5 treatment history
10. the importance of carrying out a hair and scalp analysis and how it effects the choice of hair drying, styling and finish services and techniques to be used
11. the importance of carrying out tests and how the test outcomes can affect the hair drying, styling and finish service
12. how to recognise over processed hair, the associated risks and necessary action
13. how to recognise trichorrhhexis nodosa, the associated risks and necessary action
14. the importance of shampooing the hair and scalp prior to the hair drying, styling and finish service, to include:
  - 14.1 why hair should be evenly wet prior to a hair drying service

## Dry, style and finish hair using hairdressing techniques

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15. the techniques and thermal equipment used to carry out drying, styling and finishing services
16. the service time in accordance with your organisational policies and procedures
17. how excessive tension and incorrect techniques during a hair drying, styling and finish can damage the hair and scalp
18. how to identify first signs of traction alopecia
19. the types and causes of hair loss
20. the types of pre-treatment, **styling and finishing products** available for drying, styling and finishing services
21. how to maintain the agreed style and ensure its longevity
22. the importance of consulting with the individual throughout the hair drying, styling and finishing service
23. the adverse reactions associated with hair drying, styling and finish services and how to respond
24. the health and safety responsibilities in line with legislation before, during and after the service
25. the legal requirements for providing hair services to minors and vulnerable adults
26. why it is important to discuss and establish the individual's objectives, concerns, desired outcomes and agree the hair drying, styling and finish service plan
27. the fee structures and treatment options
28. the legislative and indemnity requirements of gaining signed, informed consent for the service
29. the reasons for taking consensual visual media of the individual's treatment area and storing in accordance with the service, legislative, insurance and organisational requirements
30. the importance of adhering to the hair drying, styling and finish service protocol
31. the importance of monitoring the health and wellbeing of the individual during, and post the service
32. the expected outcomes of hair drying, styling and finish services
33. the purpose of reflective practice and evaluation and how it informs future services
34. the instructions and advice, pre and post the hair drying, styling and finish service

## Scope/range

### **Hair curl classification**

1. straight
2. wavy
3. curly
4. tight curls
5. combination

### **Hair characteristics**

1. hair density
2. hair texture
3. hair elasticity
4. hair porosity
5. hair growth patterns

### **State of hair**

1. non - chemically treated hair
2. partially chemically treated hair
3. chemically treated hair

### **Tests**

1. elasticity
2. porosity

### **Thermal styling techniques**

1. curling
2. waving
3. straightening

### **Hair drying, styling and finish service protocol**

1. working environment
2. health and safety
3. infection prevention and control
4. service plan
5. informed consent
6. test outcomes
7. data management

## Dry, style and finish hair using hairdressing techniques

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8. audit and accountability
9. instructions and advice
10. sustainability
11. waste management
12. evidence-based practice
13. reflective practice

### **Drying techniques**

1. blow drying
2. enhance natural movement

### **Styling and finishing products**

1. heat protectors
2. mousse
3. creams
4. serums
5. gel
6. hair spray
7. oil
8. pomades
9. texture enhancing spray
10. setting lotions
11. wax

### **Tools**

1. round brush
2. flat brush
3. thermal styling tool
4. tools to enhance natural movement

### **Instructions**

1. the individual and practitioner's legal rights and responsibilities
2. pre and post procedure instructions and care
3. restrictions and associated risks
4. future procedures

### **Anatomy and physiology**

1. the structure and function of the hair and the hair growth cycle

Dry, style and finish hair using hairdressing techniques

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2. the structure and function of the skin
3. basic anatomical structure of the head, neck and shoulders
4. relative and absolute contraindications and related pathologies

## Glossary

### **Absolute contraindication**

An absolute contraindication is a condition that prevents the service from being carried out and may require referral.

### **Adverse reaction**

An adverse reaction is an 'unexpected' reaction or outcome following a service, i.e. fainting

### **Contra action**

A contra-action is an 'expected' reaction or outcome following a service, i.e. erythema

### **Enhance natural movement**

Tool(s) and/or technique(s) use to enhance natural wave or curl

### **Evidence-based practice**

Evidence-based practice is based on the best available, current, valid and relevant evidence.

### **First aid**

First aid can refer to first aid at work qualifications or equivalent and first aid mental health awareness.

### **Hair curl classification**

Hair curl classification can be referred to as Type 1 – 4.<

### **Protocol**

A protocol is a standard procedure to ensure best practice and compliance when providing services, i.e. follow manufacturer's instructions.

### **Relative contraindication**

A relative contraindication is a condition that requires an assessment of suitability for the service and/or if adaptations are required.

### **Silk press**

A silk press is a hair styling technique that uses a blow-dryer and flat iron to straighten hair without a chemical relaxer.

### **Links to other NOS**

SKAHDBRBNST1, SKAHDBRBNS1, SKAHDBR1, SKAHD1, SKAHD2 SKAHDBR3, SKAHDBR4, SKAHDBR5, SKAHDBR6, SKAHDBR7, SKAHDBR8, SKAHDBR9, SKAHDBR10, SKAHDBR11, SKAHDBR12, SKAHDBR13, SKAHDBR14, SKAHDBR15, SKAHDB16, SKAHDB19, SKAHDB20, SKAHDB21, SKABR5

Dry, style and finish hair using hairdressing techniques

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**Suite** Hairdressing and Barbering

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