

Overview

This standard coexists alongside, SKAHDBRBNST1 Implement and maintain safe, hygienic and effective working practices and SKAHDBRBNS1 Consult, assess, plan and prepare for Hair, Barbering, Beauty, Nails, Wellbeing and Holistic services. This standard is about providing customised make-up techniques for a natural appearance, evening look and special occasion. You will also be required to do a post treatment evaluation and reflection for continuous improvement. Users of this standard will need to ensure that their practices reflect up-to-date information, policies, procedures and best practice guidance. It is advisable users of this standard are aware of, and comply with first aid requirements in accordance with legislation and organisational policies and procedures, to include carry out emergency first aid response in the event of an adverse incident.

The main outcomes are:

1. Carry out a natural make-up
2. Carry out a evening make-up
3. Carry out a make-up for a special occasion

Performance criteria

You must be able to:

1. carry out a concise and comprehensive consultation with the individual
2. maintain your responsibilities for health and safety in accordance with legislation, regulations, directives and guidelines
3. discuss and establish the individual's objectives, skin concerns, expectations and desired outcomes to inform the make-up treatment plan, to include:
 - 3.1 make-up style
 - 3.2 skincare regime
 - 3.3 alternative treatment options
4. confirm and agree with the individual, they have understood the proposed make-up treatment, to include:
 - 4.1 expected outcomes
 - 4.2 contra-actions
 - 4.3 adverse reactions
 - 4.4 physical sensation
5. obtain and record the individual's informed consent for the make-up treatment in accordance with organisational and insurance requirements
6. carry out tests to establish suitability for the treatment and record the outcome in accordance with the manufacturer instructions
7. prepare the individual's treatment area in accordance with the make-up treatment protocol
8. carry out a skin and face characteristics analysis to confirm the make-up treatment, to include:

8.1 skin classification

8.2 **skin condition**

8.3 skin type

8.4 **facial features**

8.5 anatomical facial structures

9. select the skincare products and prepare the individual's treatment area in accordance with the make-up treatment protocol, to include:

9.1 ensuring the make-up environment is carried out in the same lighting it will be worn in

10. select the **make-up products** in accordance with the make-up treatment protocol, to include:

10.1 individual's skin analysis

10.2 skin classification

10.3 facial features

11. apply customised make-up using **make-up tools** to enhance their facial features in accordance with the make-up treatment protocol, to include:

11.1 safely decanting cream based products on a sterile make-up palette

11.2 using sterile tools in powder based products

11.3 using single use items to apply mascara and lip products

Strip lash

12. prepare the individual for the strip lash treatment

13. select the strip lash and eye lash adhesive in accordance with the treatment protocol, to include:

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- 13.1 strip lash length
- 13.2 strip lash density/weight
- 13.3 strip lash style
- 13.4 strip lash colour
- 13.5 individual's preference
- 13.6 make-up style
- 14. measure the lash to the individual's eye shape and trim with scissors accordingly
- 15. apply adhesive on the strip lash base and allow to become tacky
- 16. apply the strip lash to the centre of the eye lash line and finally secure in the outer corner and inner corners
- 17. finish the make-up with a setting spray for longevity
- 18. monitor the individual's health, wellbeing and skin reaction throughout the make-up treatment
- 19. implement the correct course of action in the event of an adverse reaction
- 20. conclude the treatment in accordance with the make-up treatment protocol, legislative requirements and organisational policies and procedures
- 21. complete the individual's treatment records and store in accordance with data legislation
- 22. use reflective practice to evaluate the make-up treatment and take appropriate action
- 23. provide instructions and advice to the individual, pre and post the treatment
- 24. record the outcome and evaluation of the make-up treatment

Knowledge and understanding

You need to know and understand:

1. your role and responsibilities in providing make-up treatments and the importance of working within your competence
2. why you must comply with ethical practice and work within the legislative requirements, to include:
 - 2.1 the responsibilities under local authority licensing regulations for yourself and your premises
3. the importance to engage in, and document continuous professional development to include, up-to-date information policies, treatments and best practice guidance
4. the **anatomy and physiology** relevant to this standard
5. the relative and absolute contraindications relevant to beauty treatments, to include:
 - 5.1 the legislative and insurance requirements for obtaining medical diagnosis and referral
6. the importance of recognising suspicious skin irregularities and lesions, and referring to a relevant healthcare professional
7. the purpose, use and limitations of make-up treatments, in relation to:
 - 7.1 past and current medical history
 - 7.2 skin condition
 - 7.3 relevant lifestyle factors
 - 7.4 medication and medical conditions
 - 7.5 individual's expectations
8. the adverse reactions associated with a make-up treatment and how to respond

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9. the health and safety responsibilities in line with legislation before, during and after the make-up treatment
10. why it is important to discuss and establish the individual's objectives, concerns, expectations, desired outcomes and agree the make-up treatment plan
11. the legal requirements for providing beauty treatments to minors and vulnerable adults
12. the fee structures and treatment options
13. the legislative and indemnity requirements of gaining signed, informed consent for the make-up treatment
14. the importance of adhering to the make-up treatment protocol
15. the importance of carrying out a skin and facial characteristics analysis to determine the treatment plan
16. the types of hygiene products for the skin and the importance of following manufacturer instructions
17. the reasons why make-up should be applied in the lighting it will be worn
18. the types, benefits and limitations of skincare and make-up products and tools, to include:
 - 18.1 accurate match to the individual's skin type, classification and make-up style
19. the application techniques to correct and enhance facial features, to include:
 - 19.1 eye shape
 - 19.2 brow definition
 - 19.3 face shape
 - 19.4 lip shape
20. the types of strip lashes, application techniques and the associated risks, to include:

20.1 the importance of measuring and trimming the strip lash prior to application

20.2 how strip lashes can influence the appearance of the eyes and facial dimensions

20.3 how to achieve symmetry and balance

21. the risks and restrictions associated with make-up products, to include:

21.1 the benefits of using hypo allergenic make-up products

1. the importance to identify if the individual is wearing contact lenses and the associated risks

23. the importance to identify if the individual plans on wearing glasses post the make-up treatment, to include:

23.1 adaptations to the make-up to accommodate the magnification or demagnification of the eyes through long sighted or short sighted glasses

24. how to prepare and use make-up products and equipment in line with the make-up treatment protocol, to include:

24.1 the working practices required to avoid cross contamination of products

24.2 disinfecting and sterilisation of tools and equipment

25. the reasons why cream based products are applied to the skin before powders

26. the importance of adhering to manufacturer instructions to prevent product incompatibilities and risks to health

27. the purpose of tests and the reasons why you carry out a test using the product(s) to be used

28. the importance of monitoring the health and wellbeing of the individual during, and post the treatment

29. the reasons for taking consensual visual media of the individual's treatment area and storing in accordance with the service, legislative, insurance and organisational requirements

30. the legislative and regulatory requirements of completing and storing the individual's make-up treatment record
31. the expected outcomes of make-up treatments
32. the purpose of reflective practice and evaluation and how it informs future treatments
33. the importance to record the outcome and evaluation of the make-up treatment
34. the instructions and advice, pre and post the make-up treatment

Scope/range

Make-up style

1. natural
2. evening
3. special occasion

Adverse reactions

1. hyperaemia
2. allergy
3. oedema

Tests

1. skin test(s) for the product(s)
2. skin test for the strip lash adhesive
3. sensitivity test

Make-up treatment protocol

1. working environment
2. health and safety
3. infection prevention and control
4. service plan
5. informed consent
6. data management
7. test outcomes
8. manufacturer instructions
9. audit and accountability
10. instructions and advice
11. sustainability
12. waste management
13. evidence-based practice
14. reflective practice

Skin classification

1. Fitzpatrick scale
2. Lancer scale

Skin type

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1. dry
2. oily
3. combination
4. balanced

Skin condition

1. lax elasticity
2. hyper and hypo pigmentation
3. congested
4. pustular
5. fragile
6. vascular
7. sensitised
8. sensitive
9. dehydrated
10. photo-sensitive
11. photo-aged
12. dehydrated
13. lack lustre

Facial features

1. eye shape
2. eye colour
3. face shape
4. lip shape

Make-up products

1. primers (facial and eyelid primers)
2. foundations (spf, oil based, water based, mineral based, medicated foundations)
3. setting powder (banana, translucent, colourless, high definition)
4. bronzing products
5. concealer creams
6. brightening creams
7. cream and powder highlighters
8. cream and powder shades
9. blush (creams and powders)
10. eyebrow products (pomade, pencil, powder, gels)

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11. eye shadow (cream based, powder, pigments, glitters)
12. eye liner (liquid, gel kohl pencil)
13. mascara (waterproof, non-waterproof, fibre building)
14. lip products (exfoliator, colours, gloss, liner)
15. strip lashes
16. strip lash glue
17. air brush equipment
18. setting/finishing spray

Make-up tools

1. make-up brushes
2. make-up palette
3. single use items
4. mirror
5. sterile eyelash curlers
6. sterile tweezers
7. hair protective equipment

Instructions

1. the individual and practitioner's legal rights and responsibilities
2. pre and post treatment instructions and care
3. restrictions and associated risks
4. future treatments

Anatomy and physiology

1. the structure and function of the skin
2. the anatomy and physiology of the human body
3. relative and absolute contraindications and related pathologies

Glossary

Absolute contraindication

An absolute contraindication is a condition that prevents the service from being carried out and may require referral.

Adverse reaction An adverse reaction is an 'unexpected' reaction or outcome following a service, i.e. fainting

Contra action A contra-action is an 'expected' reaction or outcome following a service, i.e. erythema

Evidence-based practice

Evidence-based practice is based on the best available, current, valid and relevant evidence.

First aid

First aid can refer to first aid at work qualifications or equivalent and first aid mental health awareness.

Protocol

A protocol is a standard procedure to ensure best practice and compliance when providing services, i.e. follow manufacturer instructions.

Relative contraindication

A relative contraindication is a condition that requires an assessment of suitability for the service and/or if adaptations are required.

Sensitive skin condition

A genetic increased capillary reactivity and altered barrier function leading to inherent epidermal fragility.

Sensitised skin condition

A sensitised skin condition occurs due to environmental and lifestyle factors that either increase inflammatory cytokines and modulators or impair skin barrier.

SKAB2

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Links to other NOS

SKAHDBRBNST1, SKAHDBRBNS1, SKABBR1, SKABBR2, SKABN1, SKABN2, SKABN3, SKAB1, SKAB3, SKAB4, SKAB5, SKAB6, SKAB7, SKAB8, SKAB9, SKAB10, SKAB11, SKAB12, SKABS1, SKABS2, SKABS2, SKABS3, SKABS4, SKABS5, SKABS6, SKABS7, SKAHDBMN1, SKAHDBRBNS2, SKAHDBRBNS3, SKAHDBRBNST2, SKAHDBRBNST3, SKAHDBRBNT1

SKAB2

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