

## Overview

This standard coexists alongside, SKAHDBRBNST1 Implement and maintain safe, hygienic and effective working practices and SKAHDBRBNS1 Consult, assess, plan and prepare for Hair, Barbering, Beauty, Nails, Wellbeing and Holistic services. This standard is for a Beauty professional providing intimate waxing treatments. You will also be required to do a post treatment evaluation and reflection for continuous improvement. Users of this standard will need to ensure that their practices reflect up-to-date information, policies, procedures and best practice guidance. It is advisable users of this standard are aware of, and comply with first aid requirements in accordance with legislation and organisational policies and procedures.

The main outcomes are:

Remove unwanted hair from intimate area

## Performance criteria

### *You must be able to:*

1. carry out a concise and comprehensive consultation with the individual
2. maintain your responsibilities for health and safety in accordance with legislation, regulations, directives and guidelines
3. discuss and establish the individual's objectives, concerns, expectations and desired outcomes to inform the intimate waxing treatment plan, to include:
  - 3.1 treatment history
  - 3.2 alternative treatment options
4. carry out tests and record the outcome to establish suitability for the treatment as per manufacturer instructions
5. confirm and agree with the individual, they have understood the proposed intimate waxing treatment, to include:
  - 5.1 expected outcomes
  - 5.2 contra-actions
  - 5.3 adverse reactions
  - 5.4 physical sensation
6. obtain and record the individual's informed consent for the intimate waxing treatment in accordance with organisational and insurance requirements
7. prepare the individual's treatment area in accordance with the intimate waxing treatment protocol, to include:
  - 7.1 the individual's responsibility to ensure the individual's treatment area is sanitised prior to the intimate waxing treatment
8. carry out a hair and skin analysis, to include:
  - 8.1 hair classification
  - 8.2 hair growth patterns
  - 8.3 skin classification
  - 8.4 skin condition
9. select the wax in accordance with the intimate waxing treatment protocol to include:
  - 9.1 temperature is set in accordance with the manufacturer instructions
10. select and use effective hygiene preparation and pre-wax product to meet the individual's needs in accordance with the intimate waxing treatment protocol
11. carry out safe and effective removal of hair using non-strip wax systems, to include:
  - 11.1 conduct a thermal test patch immediately prior to the waxing treatment on the therapist's wrist and the individual's treatment area
  - 11.2 establish the hair growth pattern and trim long hair, prior to the application of the wax

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- 11.3 transfer the wax from the waxing unit in accordance with legislative requirements to minimise the risk of cross-infection and contamination
- 11.4 apply the wax at the appropriate angle in accordance with the intimate waxing treatment protocol
- 11.5 remove the wax swiftly in accordance with the intimate waxing treatment protocol
- 11.6 ensure the individual's treatment area is left free of wax and hair in accordance with the intimate waxing treatment protocol
- 11.7 apply a soothing product on to the individual's treatment area in accordance with the intimate waxing treatment protocol
- 11.8 ensure minimum wastage for sustainability
12. monitor the individual's health, wellbeing and skin reaction throughout the intimate waxing treatment
13. implement the correct course of action in the event of an adverse reaction
14. conclude the treatment in accordance with the intimate waxing treatment protocol, legislative requirements and organisational policies and procedures
15. complete the individual's treatment records and store in accordance with data legislation
16. use reflective practice to evaluate the intimate waxing treatment and take appropriate action
17. provide instructions and advice to the individual, pre and post the waxing treatment
18. record the outcome and evaluation of the waxing treatment

## Knowledge and understanding

### *You need to know and understand:*

1. your role and responsibilities in providing waxing treatments and the importance of working within your competence
2. why you must comply with ethical practice and work within the legislative requirements, to include:
  - 2.1 the responsibilities under local authority licensing regulations for yourself and your premises
3. the importance to engage in, and document continuous professional development to include, up-to-date information policies, procedures and best practice guidance
4. the anatomy and physiology relevant to this standard, to include:
  - 4.1 anatomical structure of *female genitalia* and male genitalia
5. the relative and absolute contraindications relevant to beauty treatments, to include:
  - 5.1 the legislative and insurance requirements for obtaining medical diagnosis and referral
6. the importance of recognising suspicious skin irregularities and lesions, and referring to a relevant healthcare professional
7. the purpose, use and limitations of intimate waxing treatments, in relation to:
  - 7.1 past and current medical history
  - 7.2 relevant lifestyle factors
  - 7.3 medication and medical conditions
  - 7.4 individual's expectations
  - 7.5 treatment history
8. the reasons for cutting stray and over long hairs prior to commencing with the intimate waxing treatment
9. the anatomical structure and features to determine symmetry and balance from intimate waxing treatments
10. the adverse reactions associated with an intimate waxing treatment and how to respond
11. why the therapist must support the skin to be taut throughout the intimate waxing treatment with the assistance of the individual
12. how the position of the therapist and individual effects the treatment outcomes
13. the health and safety responsibilities in accordance with legislation before, during and after the treatment, to include:
  - 13.1 the importance to implement a safeguarding policy to protect the individual and therapist

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13.2 effective disposal of waxing contaminated waste in accordance with legislative requirements

14. why it is important to discuss and establish the individual's objectives, concerns, expectations, desired outcomes and agree the intimate waxing treatment plan

15. the legal requirements for providing beauty treatments to minors and vulnerable adults

16. the fee structures and treatment options

17. the legislative and indemnity requirements of gaining signed, informed consent for the treatment

18. the importance of adhering to the intimate waxing treatment protocol

19. the importance of carrying out a hair and skin analysis

20. how to maintain the individual's modesty and comfort throughout the treatment

21. the types of hygiene products for the skin and the importance of following manufacturer instructions

22. the types of non-strip wax products and wax systems and how they differ regarding:

22.1 ingredients

22.2 working temperatures

22.3 application and removal techniques

22.4 individual's treatment area

23. the types and use of shaping templates used in intimate waxing treatments

24. the types of intimate waxing treatments available

25. the benefits and limitations of products and equipment used in intimate waxing treatments, to include:

26. how hair and skin classification and the individual's pain tolerance can affect the selection of products and equipment used in an intimate waxing treatment

27. the importance of adhering to manufacturer instructions to prevent product incompatibilities and risks to health

28. the congenital, systemic and topical causes of unwanted hair growth

29. the adaptations required when removing hair around conditions which restrict the treatment

30. how to prepare and use products and equipment in accordance with the waxing treatment protocol

31. the organisational policies and procedures for breaches of the individual's behavior and code of conduct

32. the adaptations required when removing hair around conditions which restrict the treatment

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33. how to prepare and use products and equipment in accordance with the intimate waxing treatment protocol
34. the importance of monitoring the health and wellbeing of the individual during and post treatment
35. the legislative and regulatory requirements of completing and storing the individual's intimate waxing treatment records
36. the expected outcomes of intimate waxing treatments
37. the purpose of reflective practice and evaluation and how it informs future treatments
38. the importance to record the outcome and evaluation of the intimate waxing treatment
39. the instructions and advice, pre and post the intimate waxing treatment

## Scope/range

### Treatment history

1. tweezing
2. shaving
3. depilatory creams
4. electrical depilatory
5. abrasive mitts
6. intense pulsed light
7. laser hair removal
8. electrical epilation
9. trimming

### Adverse reactions

1. bruising
2. excessive oedema
3. burns
4. broken hair
5. urticaria
6. hyperaemia
7. excessive and diminished regrowth
8. abrasions
9. allergy

### Intimate waxing treatment protocol

1. working environment
2. health and safety
3. infection prevention and control
4. treatment plan
5. informed consent
6. data management
7. test outcomes
8. manufacturer instructions
9. audit and accountability
10. instructions and advice
11. sustainability
12. waste management

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13. evidence-based practice
14. reflective practice

### **Hair classification**

1. straight
2. curly
3. very curly

### **Instructions**

1. the individual and practitioner's legal rights and responsibilities
2. pre and post treatment instructions and care
3. restrictions and associated risks
4. future treatments

### **Anatomy and physiology**

1. the structure and function of the tissues, cells, organs and body systems and their interdependence on each other
2. the structure and function of hair and the hair growth cycle
3. anatomical structure of genitalia
4. relative and absolute contraindications and related pathologies

### **Structure of the female genitalia**

1. mons pubis
2. the labia consisting of the labia majora and the labia minora
3. external urethral orifice
4. the vaginal orifice
5. the anus
6. the perineum
7. clitoral hood

### **Structure of the male genitalia**

1. foreskin
2. penis
3. glans penis
4. seminal glands
5. accessory glands
6. prostate gland
7. scrotum

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- 8. vas deferens
- 9. testicles
- 10. scrotum
- 11. epididymis
- 12. mons pubis
- 13. anal area

## Glossary

### **Absolute contraindication**

An absolute contraindication is a condition that prevents the service from being carried out and may require referral.

### **Adverse reaction**

An adverse reaction is an 'unexpected' reaction or outcome following a service, i.e. fainting

### **Anatomy and Physiology**

How the skeletal, muscular, circulatory, lymphatic, respiratory, excretory, digestive, endocrine and nervous systems interact with each other and how they impact the individual, service and outcomes.

### **Contra action**

A contra-action is an 'expected' reaction or outcome following a service, i.e. erythema

### **Evidence-based practice**

Evidence-based practice is based on the best available, current, valid and relevant evidence.

### **First aid**

First aid can refer to first aid at work qualifications or equivalent and first aid mental health awareness.

### **Hair classification**

Hair classification can be referred to as hair type.

### **Non-strip hot wax**

Non-strip hot wax is a multi-directional wax that is applied to the hair, left to almost set and removed. Hot wax can have varying properties.

### **Protocol**

A protocol is a standard procedure to ensure best practice and compliance when providing services, i.e. follow manufacturer instructions.

### **Relative contraindication**

A relative contraindication is a condition that requires an assessment of suitability for the service and/or if adaptations are required.

### **Safeguarding**

This is the action we take to promote the welfare of vulnerable adults to protect them from harm.

### **Links to other NOS**

SKAHDBRBNST1, SKAHDBRBNS1, SKABBR1, SKABBR2, SKABN1, SKABN2, SKABN3, SKAB1, SKAB2, SKAB3, SKAB4, SKAB5, SKAB7, SKAB8, SKAB9, SKAB10, SKAB11, SKAB12, SKABS1, SKABS2, SKABS3, SKABS4, SKABS5, SKABS6, SKABS7, SKAHDBMN1, SKAHDBRBNS2, SKAHDBRBNS3, SKAHDBRBNST2, SKAHDBRBNST3, SKAHDBRBNT1

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