

Overview

This standard coexists alongside, **SKAHDBRBNST1 Implement and maintain safe, hygienic and effective working practices** *and* **SKAHDBRBNS1 Consult, assess, plan and prepare for Hair, Barbering, Beauty, Nails, Wellbeing and Holistic services**. This standard is about providing waxing treatments on the face and body. You will also be required to do a post treatment evaluation and reflection for continuous improvement. Users of this standard will need to ensure that their practices reflect up-to-date information, policies, procedures and best practice guidance. It is advisable users of this standard are aware of, and comply with first aid requirements in accordance with legislation and organisational policies and procedures.

**** The main outcomes are:**

1. remove unwanted hair from the face
2. remove unwanted hair from the body

Provide waxing treatments for the face and body

Performance criteria

You must be able to:

1. carry out a concise and comprehensive consultation with the individual
2. maintain your responsibilities for health and safety in accordance with legislation, regulations, directives and guidelines
3. discuss and establish the individual's objectives, concerns, expectations and desired outcomes to inform the waxing treatment plan, to include:
 - 3.1 ** treatment history**
 - 3.2 skincare regime
 - 3.3 alternative treatment options
4. carry out tests and record the outcome to establish suitability for the treatment as per manufacturer instructions
5. confirm and agree with the individual, they have understood the proposed waxing treatment, to include:
 - 5.1 expected outcomes
 - 5.2 contra-actions
 - 5.3 **adverse reactions**
 - 5.4 physical sensation
6. obtain and record the individual's informed consent for the waxing treatment, in accordance with organisational and insurance requirements
7. prepare the **individual's treatment area** in accordance with the **waxing treatment protocol**, ****to include:**
 - 7.1 maintaining the individual's modesty and comfort
8. select and use effective hygiene preparation and pre-wax product to meet the

individual's needs, in accordance with the waxing treatment protocol

9. carry out a hair and skin analysis, to include:

9.1 **hair classification**

9.2 hair growth patterns

9.3 skin classification

9.4 **skin type**

9.5 skin condition

10. select **waxing products** in accordance with the waxing treatment protocol

Strip wax

11. carry out safe and effective removal of hair using strip wax systems, to include:

11.1 conduct a thermal test patch immediately prior to the waxing treatment on the therapist's wrist and the individual's treatment area

11.2 establish the hair growth pattern and trim long hair prior to the application of the wax

11.3 transfer the wax from the waxing unit in accordance with legislative requirements to minimise the risk of cross-infection and contamination

11.4 apply the wax at the appropriate angle, in the direction of the hair growth and in accordance with the waxing treatment protocol

11.5 apply the wax strip evenly, applying pressure for adhesion to the wax

11.6 remove the wax strip swiftly against the hair growth, ensuring the skin is taut in accordance with the waxing treatment protocol

11.7 ensure the individual's treatment area is left free of wax and hair in accordance with the waxing treatment protocol

11.8 apply a soothing product on to the individual's treatment area in accordance with

the waxing treatment protocol

11.9 ensure minimum wastage for sustainability

Non-strip wax

12. carry out safe and effective removal of hair using non-strip wax systems, to include:

12.1 conduct a thermal test patch immediately prior to the waxing treatment on the therapist's wrist and the individual's treatment area

12.2 establish the hair growth pattern and trim long hair, prior to the application of the wax

12.3 transfer the wax from the waxing unit in accordance with legislative requirements to minimise the risk of cross-infection and contamination

12.4 apply the wax at the appropriate angle in accordance with the waxing treatment protocol

12.5 remove the wax swiftly in accordance with the waxing treatment protocol

12.6 ensure the individual's treatment area is left free of wax and hair in accordance with the waxing treatment protocol

12.7 apply a soothing product on to the individuals treatment area in accordance with the waxing treatment protocol

12.8 ensure minimum wastage for sustainability

13. monitor the individual's health, wellbeing and skin reaction throughout the waxing treatment

14. implement the correct course of action in the event of an adverse reaction

15. conclude the treatment in accordance with the waxing treatment protocol, legislative requirements and organisational policies and procedures

16. complete the individual's treatment records and store in accordance with data

legislation

17. use reflective practice to evaluate the waxing treatment and take appropriate action
18. provide **instructions** and advice to the individual, pre and post the waxing treatment
19. record the outcome and evaluation of the waxing treatment

Knowledge and understanding

You need to know and understand:

1. your role and responsibilities in providing waxing treatments and the importance of working within your competence
2. why you must comply with ethical practice and work within the legislative requirements, to include:
 - 2.1 the responsibilities under local authority licensing regulations for yourself and your premises
3. the importance to engage in, and document continuous professional development to include, up-to-date information policies, procedures and best practice guidance
4. the **anatomy and physiology** relevant to this standard
5. the relative and absolute contraindications relevant to beauty treatments, to include:
 - 5.1 the legislative and insurance requirements for obtaining medical diagnosis and referral
6. the importance of recognising suspicious skin irregularities and lesions and referring to a relevant healthcare professional
7. the purpose, use and limitations of waxing treatments, in relation to:
 - 7.1 past and current medical history
 - 7.2 medication and medical conditions
 - 7.3 individual's expectations
 - 7.4 treatment history
8. the reasons for cutting stray and over long hairs, prior to commencing the waxing treatment
9. the anatomical facial structure and features to determine symmetry and balance

from eyebrow waxing treatments

10. the adverse reactions associated with an waxing treatment and how to respond
11. the hair types and which are suitable for waxing treatments
12. why the therapist must support the skin to be taut throughout the waxing treatment
13. how the position of the therapist and individual effects the treatment outcomes
14. the health and safety responsibilities in line with legislation before, during and after the treatment, to include:
 - 14.1 effective disposal of waxing contaminated waste in accordance with legislative requirements
15. why it is important to discuss and establish the individual's objectives, concerns, expectations, desired outcomes and agree the waxing treatment plan
16. the legal requirements for providing beauty treatments to minors and vulnerable adults
17. the fee structures and treatment options
18. the legislative and indemnity requirements of gaining signed, informed consent for the treatment
19. the importance of adhering to the waxing treatment protocol
20. the importance of carrying out a hair and skin analysis
21. how to maintain the individual's modesty and comfort throughout the treatment
22. the types of hygiene products for the skin and the importance of following manufacturer instructions
23. the types of wax products and wax systems and how they differ, to include:
 - 23.1 ingredients and composition

23.2 working temperatures

23.3 application and removal techniques

23.4 individual's treatment area

24. the importance of adhering to manufacturer instructions to prevent product incompatibilities and risks to health

25. the benefits and limitations of products and equipment used in waxing treatments, to include:

25.1 how hair and skin classification and the individual's pain tolerance can affect the selection of products and equipment used in a waxing treatment

26. the congenital, systemic and topical causes of unwanted hair growth

27. the adaptations required when removing hair around conditions which restrict the treatment

28. how to prepare and use products and equipment in accordance with the waxing treatment protocol

29. the importance of monitoring the health and wellbeing of the individual during and post treatment

30. the reasons for taking consensual visual media of the individual's treatment area and storing in accordance with the service, legislative, insurance and organisational requirements

31. the legislative and regulatory requirements of completing and storing the individual's waxing treatment records

32. the expected outcomes of waxing treatments

33. the purpose of reflective practice and evaluation and how it informs future treatments

34. the importance to record the outcome and evaluation of the waxing treatment

35. the instructions and advice, pre and post the waxing treatment

SKABBR1

Provide waxing treatments for the face and body



Scope/range