

## Apply temporary hair attachments to enhance a style

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### Overview

This standard coexists alongside, **SKAHDBRBNST1 Implement and maintain safe, hygienic and effective working practices and SKAHDBRBNS1 Consult, assess, plan and prepare for Hair, Barbering, Beauty, Nails, Wellbeing and Holistic services**. This standard is about a hair professional applying temporary hair attachments to enhance a style by increasing volume and add colour. The ability to blend added hair into the existing style is required. You will also be required to do a post procedure evaluation and reflection for continuous improvement. Users of this standard will need to ensure that their practices reflect up-to-date information, policies, procedures and best practice guidance. It is advisable users of this standard are aware of, and comply with first aid requirements in accordance with legislation and organisational policies and procedures.

#### The main outcomes are:

1. Apply temporary hair attachments to enhance a style
2. Remove temporary hair attachments

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### Performance criteria

#### *You must be able to:*

1. carry out a concise and comprehensive consultation with the individual
2. maintain your responsibilities for health and safety in accordance with legislation, regulations, directives and guidelines
3. discuss and establish the individual's objectives and desired outcomes to inform the temporary hair attachment service plan, to include:
  - 3.1 treatment history
  - 3.2 daily hair styling
  - 3.3 lifestyle
  - 3.4 alternative treatment options
4. carry out a hair and skin analysis to determine the service plan, to include:
  - 4.1 **hair curl classification**
  - 4.2 **hair characteristics**
  - 4.3 **state of hair**
  - 4.4 scalp condition
5. carry out **tests** to determine suitability for the temporary hair attachment service, to include:
  - 5.1 record the outcome and store in accordance with data legislation
6. discuss and agree the type of **temporary hair attachments** suitable for the individual, to include:
  - 6.1 type
  - 6.2 texture
  - 6.3 colour match
  - 6.4 length
  - 6.5 width
  - 6.6 hair style
7. confirm and agree with the individual, they have understood the proposed temporary attach hair service, to include:
  - 7.1 contra-actions
  - 7.2 adverse reactions
8. obtain the individual's informed consent for the temporary hair attachment service
9. prepare the individual and cleanse the hair and scalp with a shampoo in accordance with the **temporary hair attachment service protocol**
10. comb and blow dry the hair in accordance with the temporary hair attachment service protocol

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11. section the hair in accordance with the temporary hair attachment service protocol, to include:

11.1 choose a temporary hair attachment or attachments to fit the individual's treatment area accurately

12. comb, smooth and apply the temporary hair attachment, and secure close to the hair roots

13. conclude the service in accordance with the temporary hair attachment service protocol, to include:

13.1 personalise the temporary hair attachments by styling the hair according to the temporary hair attachment service protocol

### **Removal service**

14. detangle the hair using a suitable tool for the hair curl classification and condition

15. remove the temporary hair attachments following manufacturer instructions

16. confirm with the individual they are satisfied with the final result

17. monitor the individual's health and wellbeing throughout the temporary hair attachment or removal service

18. implement the correct course of action in the event of an adverse reaction

19. complete the individual's service records and store in accordance with data legislation

20. use reflective practice to evaluate the temporary hair attachment service and take appropriate action

21. provide **instructions** and advice to the individual, pre and post the service

22. record the outcome and evaluation of the temporary hair attachment or removal procedure

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## Knowledge and understanding

*You need to know and understand:*

1. your role and responsibilities in providing temporary hair attachment services and the importance of working within your competence
2. why you must comply with ethical practice and work within the legislative requirements, to include:
  - 2.1 the responsibilities under local authority licensing regulations for yourself and your premises
3. the importance to engage in, and document continuous professional development to include, up-to-date information policies, procedures and best practice guidance
4. the **anatomy and physiology** relevant to this standard
5. the relative and absolute contraindications relevant to the hair service, to include:
  - 5.1 the legislative and insurance requirements for obtaining medical diagnosis and referral
6. the importance of recognising suspicious skin irregularities and scalp lesions, and referring to a relevant healthcare professional
7. the types and limitations of temporary hair attachments, to include adaptations required, in relation to:
  - 7.1 hair curl classification
  - 7.2 hair condition
  - 7.3 state of hair
  - 7.4 scalp condition
  - 7.5 treatment history/chemical build up
  - 7.6 daily hair styling /lifestyle

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8. the importance of carrying out a hair and scalp analysis and how it effects the choice of temporary hair attachments and application techniques used
9. the importance of carrying out tests and how the test outcomes can affect the temporary hair attachment service
10. how to recognise over processed hair, the associated risks and action to take
11. how to recognise trichorrhexis nodosa, the associated risks and action to take
12. how to adapt temporary hair attachment techniques for each hair curl classification
13. the reasons why hair colouring services should be carried out prior to a temporary hair attachment service
14. the importance of shampooing the hair and scalp prior to the temporary hair attachment service
15. the reason why conditioners are avoided prior to a temporary hair attachment service
16. the risk of damage to hair associated with temporary hair attachment services
17. how to safely apply temporary hair attachments to the hair in accordance with the manufacturer instructions
18. the importance of following manufacturer instructions for the application of temporary hair attachments, to include:
  - 18.1 safety precautions
  - 18.2 maintenance
19. how to carry out temporary hair attachment services
20. the service times in accordance with your organisational policies and procedures
21. the importance of consulting with the individual throughout the temporary hair attachment process

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22. the adverse reactions associated with a temporary hair attachment service and how to respond
23. the health and safety responsibilities in line with legislation before, during and after the service
24. the legal requirements for providing hair services to minors and vulnerable adults
25. why it is important to discuss and establish the individual's objectives, concerns, expectations, desired outcomes and agree the temporary hair attachment service plan
26. the fee structures and treatment options
27. the legislative and indemnity requirements of gaining signed, informed consent for the service
28. the reasons for taking consensual visual media of the individual's treatment area and storing in accordance with the service, legislative, insurance and organisational requirements
29. how to remove temporary hair attachments, to include adaptations for:
  - 29.1 human hair
  - 29.2 synthetic hair
30. the importance of minimising damage to the individual's natural hair during the removal process
31. the importance of ensuring the individual's comfort and providing reassurance throughout the removal process
32. how to personalise and shape the temporary hair attachments to blend with the natural hair, in accordance with the temporary hair attachment service protocol
33. the importance of adhering to the temporary hair attachment service protocol
34. the importance of monitoring the health and wellbeing of the individual during and post the service

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35. the expected outcomes of temporary hair attachment services
36. the purpose of reflective practice and evaluation and how it informs future services
37. the instructions and advice, pre and post the temporary hair attachment service

## Scope/range

### Hair curl classification

1. straight
2. wavy
3. curly
4. tight curls
5. combination

### Hair characteristics

1. hair density
2. hair texture
3. hair elasticity
4. hair porosity
5. hair growth patterns

### State of hair

1. non - chemically treated hair
2. partially chemically treated hair
3. chemically treated hair

### Tests

1. elasticity
2. porosity

### Temporary hair attachments

1. fringe
2. pony tail
3. scrunchie/scruffy bun
4. hair weft
5. hair bands
6. full head
7. partial head
8. long
9. short
10. synthetic hair
11. human hair
12. creative colours and classification

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13. hair strands
14. hair toppers
15. hair pieces for volume

### **Temporary hair attachment service protocol**

1. working environment
2. health and safety
3. infection prevention and control
4. service plan
5. informed consent
6. data management
7. test outcomes
8. manufacturer instructions
9. audit and accountability
10. instructions and advice
11. sustainability
12. waste management
13. evidence-based practice
14. reflective practice

### **Instructions**

1. the individual and practitioner's legal rights and responsibilities
2. pre and post procedure instructions and care
3. restrictions and associated risks
4. future procedures

### **Anatomy and physiology**

1. the structure and function of the hair and the hair growth cycle
2. the structure and function of the skin
3. basic anatomical structure of the head, neck and shoulders
4. relative and absolute contraindications and related pathologies

## Glossary

### **Absolute contraindication**

An absolute contraindication is a condition that prevents the service from being carried out and may require referral.

### **Adverse reaction**

An adverse reaction is an 'unexpected' reaction or outcome following a service, i.e. fainting

### **Contra action**

A contra-action is an 'expected' reaction or outcome following a service, i.e. erythema

### **Evidence-based practice**

Evidence-based practice is based on the best available, current, valid and relevant evidence.

### **First aid**

First aid can refer to first aid at work qualifications or equivalent and first aid mental health awareness.

### **Hair curl classification**

Hair curl classification can be referred to as Type 1 – 4.

### **Protocol**

A protocol is a standard procedure to ensure best practice and compliance when providing services, i.e. follow manufacturer instructions.

### **Relative contraindication**

A relative contraindication is a condition that requires an assessment of suitability for the service and/or if adaptations are required.

## Links to other NOS