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## Overview

This standard coexists alongside, SKAHDBRBNST1 Implement and maintain safe, hygienic and effective working practices and SKAHDBRBNS1 Consult, assess, plan and prepare for Hair, Barbering, Beauty, Nails, Wellbeing and Holistic services. This standard is about a hair professional using a variety of conventional and nonconventional styling and dressing techniques to produce innovative, fashionable, creative and personalised looks. You will also be required to do a post procedure evaluation and reflection for continuous improvement. Users of this standard will need to ensure that their practices reflect up-to-date information, policies, procedures and best practice guidance. It is advisable users of this standard are aware of, and comply with first aid requirements in accordance with legislation and organisational policies and procedures.

The main outcomes are:

1. Creatively set, style and dress and finish hair

## Performance criteria

### *You must be able to:*

1.

carry out a concise and comprehensive consultation with the individual

2. maintain your responsibilities for health and safety in accordance with legislation, regulations, directives and guidelines

3. discuss and establish the individual's objectives and desired outcomes to inform the setting, creative styling and dressing service plan, to include: 3.1 treatment history

3.2 alternative treatment options

4. carry out a hair and scalp analysis, to include:

4.1 **hair curl classification** 4.2 **hair characteristics** 4.3 **state of hair**

4.4 scalp condition

5. carry out **tests** to determine suitability for service, to include:

5.1 record the outcome and store in accordance with data legislation

6. explore a variety of achievable looks with the individual using relevant visual aids

7. discuss the **creative styling and dressing techniques** to be used in accordance with the setting, creative styling and dressing service plan

8. confirm and agree with the individual, they have understood the proposed setting, creative styling and dressing service, to include:

8.1 contra-actions

8.2 adverse reactions

9. obtain the individual's informed consent for the setting, creative styling and dressing service

10. prepare the individual and shampoo the hair and scalp in accordance with the **setting, creative styling and dressing service protocol**

11. use the agreed **setting techniques** to **section and wind** the hair, minimising the risk of damage to the hair

### **Temporary hair attachments**

12. section the hair in accordance with the setting, creative styling and dressing service plan, to include:

12.1 choose a temporary hair attachment or attachments to fit the individual's treatment area accurately

13. comb and smooth the temporary hair attachment and apply and secure close to

the hair roots, to include:

13.1 blending into the individual's hair

13.2 avoid excessive tension to prevent discomfort and damage to the scalp or hair

### **Creative styling and dressing**

14. prepare and select products, thermal styling tools and equipment suitable for achieving the style agreed with the individual, to include:

14.1 set the thermal styling tool at the recommended operating temperature for the hair curl classification and characteristics

15. section and secure hair in accordance with the setting, creative styling and dressing service plan

16. carry out creative styling and dressing techniques in an innovative way to achieve the desired style, to include:

16.1 using techniques that will minimise the risk of damage to the hair and scalp

17. secure the hair so that any pins, grips or bands are hidden unless part of the style requirements

18. incorporate and secure accessories, when used, to complement and enhance the desired style

19. ensure the finished look meets the intended shape, direction, balance and volume agreed with the individual

### **Finishing**

20. conclude the service in accordance with the setting, creative styling and dressing service protocol, to include:

20.1 application of finishing products

21. confirm with the individual they are satisfied with the final result

22. monitor the individual's health and wellbeing throughout the setting, creative styling and dressing service

23. implement the correct course of action in the event of an adverse reaction

24. complete the individual's service records and store in accordance with data legislation

25. use reflective practice to evaluate the setting, creative styling and dressing service and take appropriate action

26. provide instructions and advice to the individual, pre and post the service

27. record the outcome and evaluation of the setting, creative styling and dressing or removal service

## Knowledge and understanding

### *You need to know and understand:*

1. your role and responsibilities in providing setting, creative styling and dressing services and the importance of working within your competence
2. why you must comply with ethical practice and work within the legislative requirements, to include:
  - 2.1 the responsibilities under local authority licensing regulations for yourself and your premises
3. the importance to engage in, and document continuous professional development to include, up-to-date information policies, procedures and best practice guidance
4. the **anatomy and physiology** relevant to this standard
5. the relative and absolute contraindications relevant to the hair service, to include:
  - 5.1 the legislative and insurance requirements for obtaining medical diagnosis and referral
6. the importance of recognising suspicious skin irregularities and scalp lesions, and referring to a relevant healthcare professional
7. the types and limitations of setting, creative styling and dressing techniques, to include adaptations required, in relation to:
  - 7.1 hair curl classification
  - 7.2 hair characteristics
  - 7.3 state of hair
  - 7.4 scalp condition
  - 7.5 treatment history
8. the importance of carrying out a hair and scalp analysis and how it effects the choice of setting, creative styling and dressing services and techniques used, to

include:

### 8.1 adaptations required

9. the importance of carrying out tests and how the test outcomes can affect the setting, creative styling and dressing service
10. how to recognise over processed hair, the associated risks and necessary action
11. how to recognise trichorrhexis nodosa, the associated risks and necessary action
12. when and why shampooing the hair and scalp prior to the setting, creative styling and dressing service is required
13. how and when setting and dressing techniques are used within setting, creative styling and dressing services
14. the service times in accordance with your organisational policies and procedures
15. the types of temporary hair extensions and associated risks
16. how to identify first signs of traction alopecia
17. the types and causes of hair loss
18. why set hair sections need to be brushed out thoroughly
19. the methods of handling, controlling and securing hair to achieve curls and rolls
20. the types of pre-treatment, **styling and finishing products** available for setting, creative styling and dressing services
21. the effects of humidity on the hair
22. the physiological changes to the hair structure during the setting process
23. how thermal treatments can accelerate the process time
24. how heat protectors protect the hair, prior to thermal services
25. how to remove rollers safely to avoid damage to the hair

26. the effects of backcombing and back brushing on the hair structure
27. the types of **conventional styling techniques** and **nonconventional styling techniques** and items that may be used when styling hair and the effects they create
28. the preparation procedures required for the different styling and dressing techniques
29. when, why and how to use the different types of:
  - 29.1 securing equipment
  - 29.2 accessories
  - 29.3 added hair
30. how to check the intended shape, direction, balance and volume is achieved
31. the importance of ensuring the intended shape, direction, balance and volume is achieved and the finished look is secure
32. how to maintain the agreed style and ensure its longevity
33. the importance of consulting with the individual throughout the setting, creative styling and dressing service
34. the adverse reactions associated with setting, creative styling and dressing services and how to respond
35. the health and safety responsibilities in line with legislation before, during and after the service
36. the legal requirements for providing hair services to minors and vulnerable adults
37. why it is important to discuss and establish the individual's objectives and desired outcomes and agree the setting, creative styling and dressing service plan
38. the fee structures and treatment options
39. the legislative and indemnity requirements of gaining signed, informed consent for the service

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40. the reasons for taking consensual visual media of the individual's treatment area and storing in accordance with legislative, insurance and organisational requirements
  41. the importance of adhering to the setting, creative styling and dressing service protocol
  42. the importance of monitoring the health and wellbeing of the individual during, and post the service
  43. the expected outcomes of setting, creative styling and dressing services
  44. the purpose of reflective practice and evaluation and how it informs future services
  45. the instructions and advice, pre and post the setting, creative styling and dressing service

SKAHD2

Creatively set, style, dress and finish hair using advanced techniques



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## Scope/range