
Overview

This standard coexists alongside, SKAHDBRBNST1 Implement and maintain safe, hygienic and effective working practices and SKAHDBRBNS1 Consult, assess, plan and prepare for Hair, Barbering, Beauty, Nails, Wellbeing and Holistic services. This standard is about a hair professional designing and creating complex hair designs and shapes in the hair using advanced clipper and razor techniques. You will also be required to do a post procedure evaluation and reflection for continuous improvement. Users of this standard will need to ensure that their practices reflect up-to-date information, policies, procedures and best practice guidance. It is advisable users of this standard are aware of, and comply with first aid requirements in accordance with legislation and organisational policies and procedures.

The main outcomes of this standard are:

1. creating complex hair designs and shapes in the hair

Performance criteria

You must be able to:

1. carry out a concise and comprehensive consultation with the individual
2. maintain your responsibilities for health and safety in accordance with legislation, regulations, directives and guidelines, to include:
 - 2.1 remove excess hair cuttings from the individual's skin throughout the service
 - 2.2 remove excess hair from flooring to avoid injury
3. discuss and establish the individual's objectives and desired outcomes to inform the hair cutting service plan, to include:
 - 3.1 anatomical head and face structures
 - 3.2 alternative treatment options
4. carry out a hair and scalp analysis to determine the service plan, to include:
 - 4.1 **hair curl classification**
 - 4.2 **hair characteristics**
 - 4.3 skin classification
 - 4.4 scalp condition
5. explore a variety of achievable hair designs and **hair shapes** with the individual using relevant visual aids
6. confirm and agree with the individual, they have understood the proposed hair cutting service, to include:
 - 6.1 contra-actions
 - 6.2 adverse reactions
7. obtain the individual's informed consent for the hair cutting service
8. prepare the hair in accordance with the **hair cutting service protocol**
9. select tools and equipment suitable for the individual's hair curl classification and to achieve the desired look, to include:
 - 9.1 the safe handling and use of **tools and equipment** to avoid damage to the hair and scalp
10.

Select, prepare the straight razor in accordance with the cutting service protocol, to include:

 - 10.1 loading the blade aseptically within the straight razor in accordance with legislative requirements
11.

Use **razor techniques** in accordance with the cutting service protocol to include:

 - 11.1 manually supporting the skin

- 11.2 the safe handling and use of the razor to avoid damage to the skin
12. cut the hair using the guidelines to ensure weight, symmetry, balance and shape is achieved in accordance with the hair cutting service protocol, to include:
 - 12.1 rotating your position around the individual to ensure accuracy of the cutting service
 - 12.2 adapt your **hair cutting techniques** to create the agreed hair design and shapes in the hair in accordance with the hair cutting service protocol
13. cross-check the cut to establish accurate distribution of weight, symmetry, balance and shape
14. shape hair perimeters using hair cutting techniques taking into account:
 - 14.1 the natural hair line
 - 14.2 the hair growth patterns
15. conclude the hair cutting service ensuring the individual is left free from hair cuttings in accordance with the hair cutting service protocol
16. monitor the individual's health and wellbeing throughout the hair cutting service
17. implement the correct course of action in the event of an adverse reaction
18. complete the individual's service records and store in accordance with data legislation
19. dispose of waste in accordance with legislative requirements
20. use reflective practice to evaluate the hair cutting service and take appropriate action
21. provide **instructions** and advice to the individual, pre and post the service
22. record the outcome and evaluation of the hair cutting service

Knowledge and understanding

You need to know and understand:

1. your role and responsibilities in providing hair cutting services and the importance of working within your competence
2. why you must comply with ethical practice and work within the legislative requirements, to include:
 - 2.1 the responsibilities under local authority licensing regulations for yourself and your premises
3. the importance to engage in, and document continuous professional development to include, up-to-date information policies, procedures and best practice guidance
4. the **anatomy and physiology** relevant to this standard
5. the relative and absolute contraindications relevant to the hair service, to include:
 - 5.1 the legislative and insurance requirements for obtaining medical diagnosis and referral
6. the importance of recognising suspicious skin irregularities and scalp lesions, and referring to a relevant healthcare professional
7. the limitations of hair cutting techniques and the adaptations required, in relation to:
 - 7.1 skin and hair curl classification
 - 7.2 skin and hair condition
 - 7.3 hair growth patterns
 - 7.4 anatomical head and face structures
 - 7.5 individual's preferences
 - 7.6 individual's expectations
8. the anatomical head structures and how they impact the hair cutting service
9. why it's important to shampoo the hair and scalp prior to a hair cutting service
10. why you should comb the hair prior to the hair cutting service
11. the types of traditional and current hair shapes
12. the types, how and when to use hair cutting techniques for each hair curl classification, to include:
 - 12.1 the overall shape and depth
 - 12.2 the depth of outline trimming required
13. how to personalise cutting techniques

14. the importance of considering natural growth patterns to create even weight distribution
15. the reasons for establishing and following guidelines
16. how to create and follow a guideline for the head shape
17. the service times in accordance with your organisational policies and procedures
18. the importance of identifying the associated risks when using a razor on the skin, to include:
 - 18.1 potential injuries
19. the risk of ingrowing hairs resulting from continual close cutting
20. the importance of cross checking the symmetry and balance of the cut
21. how to prepare tools and equipment in line with the cutting service protocol to include:
 - 21.1 how to load the blade aseptically
 - 21.2 why and how to angle the blade and manually support the skin to achieve effective results
22. the types and size of clippers, clipper blades and attachments available and the effects that these achieve
23. the types of problems that can occur when cutting hair and ways in which they can be remedied
24. the importance of consulting with the individual throughout the hair cutting process
25. the adverse reactions associated with an hair cutting service and how to respond
26. the health and safety responsibilities in line with legislation before, during and after the service
27. why it is important to discuss and establish the individual's objectives, concerns, expectations, desired outcomes and agree the hair cutting service plan
28. the fee structures and treatment options
29. the legislative and indemnity requirements of gaining signed, informed consent for the service
30. the importance of adhering to the hair cutting service protocol
31. the importance of monitoring the health and wellbeing of the individual during and post the service
32. the reasons for taking consensual visual media of the individual's treatment area and storing in accordance with the service, legislative, insurance and organisational requirements

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33. the legislative and regulatory requirements of completing and storing the individual's hair cutting service records
 34. the expected outcomes from hair cutting services
 35. the purpose of reflective practice and evaluation and how it informs future services
 36. the importance to record the outcome and evaluation of hair cutting service
 37. the instructions and advice, pre and post the hair cutting service

Scope/range

Hair curl classification

1. straight
2. wavy
3. curly
4. tight curls
5. combination

Hair characteristics

1. hair density
2. hair texture
3. hair elasticity
4. hair porosity
5. hair growth patterns

Hair shapes

1. straight lines
2. curved lines
3. repeated
4. perimeter
5. realism /shadowing
6. stencils

Hair cutting service protocol

1. working environment
2. health and safety
3. infection prevention and control
4. service plan
5. informed consent
6. manufacturer instructions
7. data management
8. audit and accountability
9. instructions and advice
10. sustainability
11. waste management
12. evidence-based practice

13. reflective practice

Tools and Equipment

1. clippers
2. straight cut razor with single use blades
3. styling razor
4. trimmers
5. detailers
6. foils

Hair cutting techniques

1. freehand
2. clipper over comb
3. clipper with attachment
4. skin fading
5. texturizing
6. razor cutting
7. tapering
8. trimming

Instructions

1. the individual and practitioner's legal rights and responsibilities
2. pre and post procedure instructions and care
3. restrictions and associated risks
4. future procedures

Anatomy and physiology

1. the structure and function of the hair and the hair growth cycle
2. the structure and function of the skin
3. basic anatomical structure of the head, neck and shoulders
4. relative and absolute contraindications and related pathologies

Glossary

Absolute contraindication

An absolute contraindication is a condition that prevents the service from being carried out and may require referral.

Adverse reaction

An adverse reaction is an 'unexpected' reaction or outcome following a service, i.e. fainting

Contra action

A contra-action is an 'expected' reaction or outcome following a service, i.e. erythema

Evidence-based practice

Evidence-based practice is based on the best available, current, valid and relevant evidence.

First aid

First aid can refer to first aid at work qualifications or equivalent and first aid mental health awareness.

Hair curl classification

Hair curl classification can be referred to as Type 1 – 4.

Protocol

A protocol is a standard procedure to ensure best practice and compliance when providing services, i.e. follow manufacturer instructions.

Relative contraindication

A relative contraindication is a condition that requires an assessment of suitability for the service and/or if adaptations are required.

Straight razor

Straight razor with single use blades is used to remove the hair from the skin.

Styling razor

SKABR3

Design and create hair designs and shapes in the hair using advanced clipper and razor techniques



Styling razor has optional multifunctional guards attached to the blade to create hair texture and thinning effects.

[Links to other NOS](#)