

Overview

This standard coexists alongside, SKAHDBRBNST1 Implement and maintain safe, hygienic and effective working practices and SKAHDBRBNS1 Consult, assess, plan and prepare for Hair, Barbering, Beauty, Nails, Wellbeing and Holistic services. This standard is for a nail professional providing nail services to cosmetically reconstruct a nail, when medical intervention is not required. The service includes preparing the nail, shaping the free edge, cuticle work, extending the natural nail through sculpting techniques using forms, monomer liquid and polymer powder and/or a UV cured nail product overlay. You will also be required to do a post procedure evaluation and reflection for continuous improvement. Users of this standard will need to ensure that their practices reflect up-to-date information, policies, procedures and best practice guidance. It is advisable users of this standard are aware of, and comply with first aid requirements in accordance with legislation and organisational policies and procedures.

The main outcomes are:

Carry out a cosmetic reconstruction of a nail service by sculpting the nail using monomer liquid and polymer powder and/or a UV cured nail product overlay

Maintain and repair a cosmetic reconstruction of the nail

Performance criteria

You must be able to:

1. carry out a concise and comprehensive consultation with the individual
2. maintain your responsibilities for health and safety in accordance with legislation, regulations, directives and guidelines
3. discuss and establish the individual's objectives, nail concerns, expectations and desired outcomes to inform the cosmetic reconstruction of the nail service plan, to include:

3.1 nail enhancement finish

****3.2 lifestyle**

3.3 alternative treatment options

4. confirm and agree with the individual, they have understood the proposed cosmetic reconstruction of the nail service, to include:

4.1 contra-actions

4.2 adverse reactions

4.3 physical sensation on the nail bed and surrounding skin

5. obtain and record the individual's informed consent for the cosmetic reconstruction of the nail service

6. prepare the individual's treatment area in accordance with the **service protocol*, **to include:*

6.1 remove any existing product from the nail in accordance with the manufacturer instructions

7. carry out a skin and nail analysis, to include:

7.1 nail condition

****7.2 skin condition**

8. discuss and agree the cosmetic reconstruction of the nail service in accordance with the service protocol
9. confirm the desired nail length and shape with the individual
10. shape the nails to ensure a smooth free edge in accordance with the service protocol
11. prepare the cuticles in accordance with manufacturer instructions
12. use tools to remove the cuticle from the visible nail plate without damaging the surrounding skin
13. prepare the nail plate for the nail enhancement system in accordance with the service protocol

Sculpt using liquid and polymer powder on the finger nails

14. customise and fit the sculpting form to ensure no product comes into contact with the surrounding skin
15. use the required monomer liquid and polymer powder ratio in accordance with manufacturer instructions
16. apply the monomer liquid and polymer powder leaving a free margin from surrounding skin, to include:
 - 16.1 create an artificial nail structure in accordance with the service protocol
17. use filing techniques to create the required balance, shape and length
18. use buffing techniques to create a smooth even surface and shine

Sculpt using UV cured nail products on the nails

19. prepare the UV **equipment** in accordance with manufacturer instructions and legislative requirements
20. customise and fit the sculpting form to ensure no product comes into contact with

Provide cosmetic reconstruction of a natural nail

the surrounding skin

21. select and apply the UV cured nail product to the nail plate leaving a free margin from surrounding skin, in accordance with the manufacturer instructions, to include:

21.1 create an artificial nail structure in accordance with the service protocol

22. cure the nails using the UV equipment for the duration in accordance with manufacturer instructions

23. remove the inhibition layer from the UV cured nail product surface

24. use filing techniques to create the required balance, shape and length

25. seal with a UV cured nail product overlay in accordance with manufacturer instructions

Maintain and repair cosmetic reconstruction of the nail enhancements

26. identify any damage to the nail enhancements, to include:

26.1 repair or replace the damaged nail enhancement

27. use **nail maintenance techniques** to restore the nail enhancement to its original condition

28. monitor the individual's health, wellbeing and skin reaction throughout the cosmetic reconstruction of the nail service

29. implement the correct course of action in the event of an adverse reaction

30. conclude the service in accordance with the service protocol, legislative requirements and organisational policies and procedures

31. complete the individual's service records and store in accordance with data legislation

32. use reflective practice to evaluate the cosmetic reconstruction of the nail service and take appropriate action

33. provide **instructions** and advice to the individual, pre and post the service

34. record the outcome and evaluation of the cosmetic reconstruction of the nail service

Knowledge and understanding

You need to know and understand:

1. your role and responsibilities in performing cosmetic reconstruction of the nail services and the importance of working within your competence
2. why you must comply with ethical practice and work within the legislative requirements, to include:
 - 2.1 the responsibilities under local authority licensing regulations for yourself and your premises
3. the importance to engage in, and document continuous professional development to include, up-to-date information policies, procedures and best practice guidance
4. the **anatomy and physiology** relevant to this standard
5. the relative and absolute contraindications relevant to the nail service, to include:
 - 5.1 the legislative and insurance requirements for obtaining medical diagnosis and referral
6. the importance of recognising suspicious skin irregularities and lesions, and referring to a relevant healthcare professional
7. the purpose, use and limitations of cosmetic reconstruction of the nail services, in relation to:
 - 7.1 past and current medical history
 - 7.2 nail and skin condition
 - 7.3 relevant lifestyle factors
 - 7.4 medication and medical conditions
 - 7.5 individual's expectations
8. the different types of treatable skin and nail conditions
9. how to conduct a nail and skin analysis
10. the natural nail shapes and how they can impact the cosmetic reconstruction of the nail service
11. the importance of carrying out a nail and skin analysis to determine the service plan
12. the equipment used in cosmetic reconstruction of the nail applications, to include:
 - 12.1 the maintenance, use and safety requirements in accordance with the manufacturer instructions
13. the manual techniques used in cosmetic reconstruction of the nail services, to include:
 - 13.1 how to adapt the nail enhancement techniques to meet the individual's needs
14. the types of files and buffers and their effects

Provide cosmetic reconstruction of a natural nail

15. how to apply nail enhancements to ensure maximum strength and longevity
16. the importance of adhering to the service protocol
17. the different types of sculpting forms available and how to use them
18. the types, benefits and limitations of UV cured nail products and monomer liquid and polymer powders used in cosmetic reconstruction of the nail services, to include:
 - 18.1 when are monomer liquid and polymer powders and UV cured products unsuitable for reconstruction of the nails
 - 18.2 how to match coloured nail enhancement products to the individual's natural skin classification
19. the chemical composition of monomer liquid and polymer powder and how polymerisation occurs when combined to include:
 - 19.1 examples of what can adversely affect the chemical process
20. the reasons for leaving a free margin around the surrounding skin
21. how alkaline and acidic bonding agents balance the pH of the nail to improve adhesion of UV cured nail products
22. the chemical composition and the curing process of UV cured nail products, to include:
 - 22.1 how the curing time can vary depending on UV cured nail product and equipment used
 - 22.2 how to avoid under-curing and over-curing
23. the methods and techniques used to avoid overexposure to chemicals and ultra violet light
24. the types of hygiene products for the skin and the importance of following manufacturer instructions
25. how to prepare, use and maintain products, tools and equipment in accordance with the service protocol
26. why it is important to clean and dry the natural nail prior to applying a nail enhancement system, to include:
 - 26.1 the reasons for using a pre-treatment product to dehydrate the nail plate
27. the inhibition layer of UV cured nail product and why it should be removed
28. the reasons for applying a **post-treatment product** following application of a cosmetic reconstruction of the nail service
29. the techniques for repairing natural nails
30. the techniques for repairing nail enhancements
31. the adverse reactions associated with cosmetic reconstruction of the nail services and how to respond
32. the health and safety responsibilities in line with legislation before, during and after the cosmetic reconstruction of the nail service, to include:

Provide cosmetic reconstruction of a natural nail

- 32.1 the importance of adequate extraction and ventilation when using nail enhancement products
- 33. why it is important to discuss and establish the individual's objectives, concerns, expectations, desired outcomes and agree service plan
- 34. the legal requirements for providing nail services to minors and vulnerable adults
- 35. the fee structures and treatment options
- 36. the legislative and indemnity requirements of gaining signed, informed consent for the cosmetic reconstruction of the nail service
- 37. the importance of monitoring the health and wellbeing of the individual during and post the cosmetic reconstruction of the nail service
- 38. the reasons for taking consensual visual media of the individual's treatment area and storing in accordance with the service, legislative, insurance and organisational requirements
- 39. the legislative and regulatory requirements of completing and storing the individual's cosmetic reconstruction of the nail service records
- 40. the expected outcomes of cosmetic reconstruction of the nail services
- 41. the purpose of reflective practice and evaluation and how it informs future services
- 42. the importance to record the outcome and evaluation of the cosmetic reconstruction of the nail service
- 43. the instructions and advice, pre and post the cosmetic reconstruction of the nail

Scope/range

Nail enhancement finish

1. mask/opaque
2. natural

Adverse reactions

1. allergic reaction
2. discolouration of the product
3. discolouration of the nail plate
4. discolouration of the nail bed
5. thinning of the nail plate
6. cuts and abrasions
7. bruising
8. overexposure
9. exothermic reaction
10. lifting of the product
11. premature loss of enhancement
12. infection
13. onycholysis

Service protocol

1. working environment
2. health and safety
3. infection prevention and control
4. service plan
5. informed consent
6. data management
7. manufacturer instructions
8. audit and accountability
9. instructions and advice
10. sustainability
11. waste management
12. evidence-based practice
13. reflective practice

Nail condition

Provide cosmetic reconstruction of a natural nail

1. onychophagy
2. discolouration
3. misshapen
4. split above the hyponychium
5. beau lines
6. longitudinal and horizontal ridges
7. dehydrated
8. onychorrhexis
9. leukonychia
10. onycholysis

Equipment

1. UV CFL
2. UV LED

Nail maintenance techniques

1. infill
2. rebalance
3. backfill
4. replacement of overlay
5. repair of overlay

Instructions

1. the individual and practitioner's legal rights and responsibilities
2. pre and post service instructions and care
3. restrictions and associated risks
4. future services

Anatomy and physiology

1. the structure and function of the body systems and their interdependence on each other within the upper and lower extremities
2. the nail diseases, disorders and pathologies
3. the structure and functions of the nail and nail growth

Post-treatment product

1. creams
2. oils

Glossary

Absolute contraindication

An absolute contraindication is a condition that prevents the service from being carried out and may require referral.

Adverse reaction

An adverse reaction is an 'unexpected' reaction or outcome following a service, i.e. fainting

Contra action

A contra-action is an 'expected' reaction or outcome following a service, i.e. erythema

Evidence-based practice

Evidence-based practice is based on the best available, current, valid and relevant evidence.

First aid

First aid can refer to first aid at work qualifications or equivalent and first aid mental health awareness.

Protocol

A protocol is a standard procedure to ensure best practice and compliance when providing services, i.e. follow manufacturer instructions.

Relative contraindication

A relative contraindication is a condition that requires an assessment of suitability for the service and/or if adaptations are required.

UV cured nails products

UV cured nails products are forms of hard and soft gel that require curing using calibrated UV equipment.

UV equipment

There are two types of UV emitting equipment. These are recognised as a Compact Fluorescent Lamp (CFL) UV lamp or Light Emitting Diode (LED) UV lamp.

SKANT3



Provide cosmetic reconstruction of a natural nail

Links to other NOS

SKAHDBRBNST1, SKAHDBRBNS1, SKABN1, SKABN2, SKABN3, SKANT1,
SKANT2, SKANT4, SKANT5, SKANT6, SKANT7, SKANT9

SKANT3



Provide cosmetic reconstruction of a natural nail

Developed by	SkillsActive
Version Number	1
Date Approved	30 Mar 2021
Indicative Review Date	31 Mar 2024
Validity	Current
Status	Original
Originating Organisation	SkillsActive
Original URN	n/a
Relevant Occupations	Nail Technician
Suite	Nail Services
Keywords	Cosmetic reconstruction of the nail, repair, nail enhancements
