

Overview

This standard is about using micropigmentation, a form of cosmetic tattooing, to create effects to enhance, correct and define the features of the face. It covers the skills involved in providing a thorough consultation with the client to formulate a specific course of treatment tailored to suit individual client's needs. You will prepare for and achieve a range of micropigmentation effects, as well as provide aftercare advice.

To carry out this standard you will need to maintain effective health, safety and hygiene throughout your work. You will also need to maintain your personal appearance and demonstrate effective communication and consultation skills.

The main outcomes of this standard are:

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1.
maintain safe and effective methods of working when using micropigmentation techniques
2.
consult, plan and prepare for treatments
3.
carry out micropigmentation treatments

Performance criteria

You must be able to:

Maintain safe and effective methods of working when using **micropigmentation techniques

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1. maintain your responsibilities for health and safety throughout the treatment
2. prepare your client and yourself to meet legal and organisational requirements
3. maintain your client's modesty and privacy at all times
4. position your client to meet the needs of the treatment without causing them discomfort
5. ensure your own posture and working methods minimise fatigue and the risk of injury to yourself and others
6. ensure environmental conditions are suitable for the client and the treatment
7. use working methods that minimise the risk of cross-infection
 1. ensure the use of clean equipment and materials
 2. promote environmental and sustainable working practices
 3. follow workplace and suppliers' or manufacturers' instructions for the safe use of equipment, materials and products
 4. dispose of waste materials to meet legal requirements
 5. complete the treatment within a commercially viable time

Consult, plan and prepare for treatments

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Enhance facial features using micropigmentation techniques

1.
use **consultation techniques** to determine the client's treatment plan
2.
carry out **tests** to establish client response and suitability for treatment
3.
refuse treatment to minors under 18 years of age, unless medical reasons **apply
4.
ensure that you are working under the direction of a medical professional and have a parent or guardian present, prior to treating minors for medical reasons
5.
recognise any contra-indications and take the necessary action
6.
identify and agree the **areas to be treated**, client expectations, **treatment objectives** and cost
7.
obtain written informed consent from the client prior to carrying out the treatment
8.
select and prepare equipment to meet legal and safety requirements and **treatment objectives**
9.
cleanse the **areas to be treated** and identify the client's **skin characteristics** and potential colour **pigments** that meet the client's needs
10.
take photographic evidence of the **areas to be treated**, at different stages of treatment

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Carry out micropigmentation treatments

1.
apply product or device to ensure client comfort
2.
explain the physical sensation created by the treatment to the client
3.
mark out the **areas to be treated** and agree the design with the client
- 4.

Enhance facial features using micropigmentation techniques

choose a **needle** configuration to achieve the desired effect

5.

load the **needle** in a way that avoids **needle** damage and contamination

6.

use colour **pigments** in accordance with the **treatment objectives**

7.

use **implantation techniques** in a way that will create the desired **effects**

8.

manipulate the skin, to meet the needs of the **implantation techniques**

9.

use the hand-piece at the correct angle, speed and pressure to meet the required **treatment objectives**

10.

check the client's wellbeing and monitor the level of skin reaction throughout the treatment

11.

ensure the finished **effects** meet the **treatment objectives** and the client's satisfaction

12.

give your client **advice and recommendations** on the treatment provided

13.

ensure the client's records are completed and signed by you and the client

Knowledge and understanding

You need to know and understand:

Maintain safe and effective methods of working when using **micropigmentation techniques

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1.
your responsibilities for **health and safety** as defined by any specific legislation covering your job role
2.
the responsibilities under **legislation and bylaws** for micropigmentation treatments
3. the importance of checking current insurance guidelines for the delivery of micropigmentation treatments
 1.
your legal and organisational requirements for client protection and preparation
 2.
your legal and organisational requirements for your own personal hygiene, protection and appearance
6. the reasons for maintaining a client's modesty and privacy
 1. how safe positioning techniques and working practices can prevent **work-related injury**
8. the necessary environmental conditions for treatments such as heating and ventilation and why these are important
 1.
methods of cleaning, disinfection and sterilisation
 2.
why it is important to avoid direct and indirect cross-infection by working safely and hygienically
 3.
the reasons for using personal protective equipment and single use barrier consumables
 - 4.

why it is recommended that you are immunised against hepatitis B when carrying out micropigmentation

5.

the causes and hazards of accidental exposure to clinical waste

6.

the different types of working methods that promote **environmental and sustainable working practices**

7.

the suppliers' and manufacturers' instructions for the safe use of equipment, materials and products which you must follow, subject to Local Authority requirements

8.

the legal requirements for waste disposal

9.

the reasons for completing treatments in a commercially viable time

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Consult, plan and prepare for treatments

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1.

the importance of communicating with clients in a professional manner

2.

how to complete **consultation records**, taking into account client's **diverse needs**

3.

the importance of pre-treatment tests and how to carry them out to determine client suitability for treatment

4.

why it is important, prior to treating minors for medical reasons to ensure that you are working under the direction of a medical professional, have a parent or guardian present and their written consent

5.
the reasons for considering the client's physical and psychological condition, medical history and previous micropigmentation treatment
6.
how to recognise **contra-indications** that would prevent or restrict the treatment
7.
the **contra-indications requiring medical referral** and why
8.
the necessary action to take in relation to specific contra-indications when referring clients
9.
the importance of and reasons for not naming specific contra-indications when referring clients to medical practitioners
10.
the reasons for agreeing the areas to be treated, client expectations, treatment objectives and costs with the client
11.
the legal significance of gaining signed, informed client consent prior to treatment
12.
the legislative requirements for storing and protecting client data
13.
the preparation of the treatment area in accordance with the treatment plan and legal and health and safety requirements
14.
the reasons for thoroughly cleansing and preparing the area to be treated
15.
how to match colour pigments to different skin characteristics
16.
the legal significance of producing high quality photographic evidence at different stages in the treatment

Carry out micropigmentation treatments

1.
the types, uses and limitations of topical anaesthetics and devices
2.
how to describe the physical sensation of the treatment to the client
- 3.

how pain threshold and sensitivity varies from client to client and appointment to appointment

4.

why it is important to design the shape and placement of areas to be treated

5.

the different types of needle configurations and their effects

6.

the causes of needle damage and why damaged needles must not be used

7.

how to select, mix and test colour pigments to suit different treatment objectives and skin characteristics

8.

the types and properties of pigments and carrier agents available for the treatment

9.

the uses and limitations of pigments when mixed and diluted

10.

the importance of purchasing EU and UK regulated equipment, needles and pigments

11.

the principles of colour theory in relation to micropigmentation treatments

12.

how colour pigments change throughout the treatment and healing process

13.

the application of colour theory to change undesirable colour results after the healing process

14.

the selection, use and application of different micropigmentation treatments

15.

the different implantation techniques to create the desired effects

16.

why you manipulate the skin to ensure effective pigment implantation

17.

the correct angle, speed and pressure when using the hand piece to achieve the required depth of colour and pigment distribution

18.

why it is important to check the client's wellbeing and monitor their skin reaction throughout the treatment

19.

the **contra-actions** to micropigmentation, **how to deal with them and what advice to give to clients

20.

the importance of ensuring the finished effects meet the treatment plan and the client's satisfaction

21.

different pigment removal techniques and their limitations

22.

the effects of laser treatment on titanium dioxide

23.

anatomy and physiology relating to micropigmentation techniques

24.

the **advice and recommendations** on products and treatment

Scope/range related to performance criteria

Consultation techniques

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1.
questioning
2.
listening
3.
visual
4.
manual
5.
written

Tests

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1.
pigment
2.
topical anaesthetic

Areas to be treated

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1.
lip
2.
eyebrow with existing hair
3.
eyebrow without existing hair
4.
upper eyelid

Enhance facial features using micropigmentation techniques

5.
lower eyelid
6.
beauty mark

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Treatment objectives

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1.
defining natural features
2.
creating features
3.
correcting features
4.
improving and balancing features
5.
introducing skin colouring

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Skin characteristics

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1.
type
2.
tone
3.
condition
4.
disorders

Pigments

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1.
organic
2.
inorganic
3.
pigment dilutant

Needle

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1.
flat
2.
magnum
3.
round
4.
single point
5.
sloped
6.
micro
7.
shaders and liners

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Implantation techniques

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- 1.

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pointillism

2.

pendulum

3.

shading

4.

obovoid

5.

cross-hatching

6.

sweep

7.

stroke

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Effects

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1.

hair-stroke eyebrows

2.

shaded eyebrows

3.

eye liner

4.

eye lash enhancement

5.

lip liner

6.

lip blush

7.

lip shading

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Advice and recommendations

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1.
suitable aftercare products and their uses
2.
avoidance of activities which may cause contra-actions
3.
time intervals between treatments
4.
present and future products and treatments

Scope/range related to knowledge and understanding

**Health and safety

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1.
Health and Safety at Work Act
2.
The Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR)
3.
The Health and Safety (First Aid) Regulations
4.
The Regulatory Reform (Fire Safety) Order
5.
The Manual Handling Operations Regulations
6.
The Control of Substances Hazardous to Health Regulations (COSHH)
7.
The Electricity at Work Regulations
8.
The Environmental Protection Act
9.
The Management of Health and Safety at Work Regulations
10.
The Health and Safety (Information for Employees) Regulations

Legislation and bylaws

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1.
skin numbing agents
2.
cleaning and disinfection
3.
waste disposal (the Medicines Act and the Medicines and Miscellaneous

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Provisions)

4.

regulations

5.

Tattooing of Minors Act

6.

pigments

7.

needles

8.

equipment

Work-related injury

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1.

repetitive strain injury (RSI)

2.

back injury

3.

carpal tunnel syndrome

4.

neck strain

5.

eye strain

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Environmental and sustainable working practices

1.

reducing waste and managing waste (recycle, reuse, safe disposal)

2.

reducing energy usage (energy efficient equipment, low energy lighting, utilising solar panels)

3.

reducing water usage and other resources

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4.
preventing pollution
5.
using disposable items
6.
using recycled, eco-friendly furniture
7.
using low chemical paint
8.
using environmentally friendly product packaging
9.
choosing responsible domestic products (Fairtrade tea and coffee)
10.
encouraging carbon reducing journeys to work

Consultation records

1.
medical history
2.
emotional condition
3.
natural skin tone
4.
skin sensitivity
5.
signatures
6.
client expectations
7.
treatment records - area treated, treatment method, colour pigments used, time and duration, needle type and usage, treatment outcome

Diverse needs

1.
cultural
2.
religious

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3.
age
4.
disability
5.
gender

Contra-indications which restrict

1.
epilepsy
2.
injectables
3.
inflamed and infected skin conditions and disorders
4.
contagious disease
5.
moles in the treatment area
6.
medication causing a thinning or inflammation of the skin
7.
diagnosed scleroderma
8.
pigmented naevi
9.
medium/deep chemical peels
10.
under the influence of alcohol or recreational drugs
11.
herpes simplex
12.
pregnancy

Contra-indications which prevent

1.
hyper-pigmentation on the lips
- 2.

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recent facial surgery (within 6 months)

3.

allergies

4.

haemophilia

5.

hypertrophic scars

6.

body dysmorphia

Contra-indications requiring medical referral

1.

insulin controlled diabetes

2.

blood thinning medication

3.

chemotherapy

4.

high blood pressure

5.

heart disorders

6.

HIV

7.

hepatitis

8.

under 18

Contra-actions

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1.

excess erythema

2.

corneal abrasions

3.

migration of pigment

4.

blistering

5.

excessive discomfort

6.

oedema

7.

reactions leading to bruising

8.

hives

9.

dizziness

10.

stinging

11.

nausea

12.

anaphylaxis

13.

pain

Anatomy and physiology

1.

the structure and functions of the skin

2.

the basic function of blood and the principles of circulation

3.

the basic structure and function of the arteries, veins and capillaries in the face and neck

4.

the principles and function of the lymphatic system in the face and neck

5.

the purpose and function of phagocytes and how they affect the pigment

6.

the skin healing process following micropigmentation treatments

7.

the purpose and function of melanin and how it affects the pigment

8.

the structure of the eye and lips and how this can impact on the treatment

Advice and recommendations

1.

schedule a future appointment, 4-12 weeks post procedure, to assess treatment results

2.

avoid certain activities and products during skin healing process

3.

the use of skin care products during the healing process

4.

inform the client to avoid blood donation for a period of four months post treatment

5.

avoid undergoing certain procedures post treatment such as MRI scan, injectables and laser treatment

6.

post-treatment assessment through client feedback such as questionnaire, telephone call, next visit follow-up

Values

The following key values underpin the delivery of services in the beauty, nails and spa sectors

1.
a willingness to learn
2.
a flexible working attitude
3.
a team worker
4.
a positive attitude
5.
personal and professional ethics

Behaviours

The following behaviours underpin the delivery of services in the beauty, nails and spa sectors. These behaviours ensure that clients receive a positive impression of both the organisation and the individual

1.
meeting the organisation's standards of behaviour
2.
greeting the client respectfully and in a friendly manner
3.
communicating with the client in a way that makes them feel valued and respected
4.
treating the client courteously and helpfully at all times
5.
adapting behaviour to respond effectively to different client behaviour
6.
checking with the client that you have fully understood their expectations
7.
responding promptly and positively to the client's questions and comments
8.
recognising information that the client might find complicated and checking whether they fully understood

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9.
explaining clearly to the client any reasons why their needs or expectations cannot be met
10.
maintaining effective, hygienic and safe working methods
11.
adhering to workplace, suppliers' and manufacturers' instructions for the safe use of equipment, materials and products
12.
meeting both organisational and industry standards of appearance.

Skills

The following key skills underpin the delivery of services in the beauty, nails and spa sectors

1.
the ability to self-manage
2.
excellent verbal and non-verbal communication
3.
using the most appropriate ways of communicating with a client
4.
responding promptly to a client seeking assistance
5.
quickly locating information that will help the client
6.
providing the client with information they need about services and products offered by the organisation

Glossary

Device

This is an electronic device which aims to cool the skin and reduce skin sensation to make micropigmentation more comfortable for the client.

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Medical professional

This could include plastic and reconstructive surgeons, oncologists, psychiatrists and GPs.

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Obovoid

An implantation technique used in micropigmentation, whereby the pigment is applied in an overlapping circular movement.

Pointillism

An implantation technique used in micropigmentation whereby a surface is covered with tiny dots of colour pigment to create a shaded effect, used on areas such as the lower lash line and areola.

Topical anaesthetic (numbing agent)

This is a cream applied to the surface of the skin as a method of reducing pain. This can be applied prior to and during treatment.

SKABT30

Enhance facial features using micropigmentation techniques



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