

Overview

This standard is about providing simple skin camouflage. It also covers the use of a variety of specialist camouflage products designed to restore the skin's colouring to match the unaffected skin tone.

To carry out this standard you will need to maintain effective health, safety and hygiene throughout your work. You will also need to maintain your personal appearance and demonstrate effective communication and consultation skills.

The main outcomes of this standard are:

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1.
maintain safe and effective methods of working when providing skin camouflage
2.
consult, plan and prepare for skin camouflage
3.
carry out skin camouflage

Performance criteria

You must be able to:

****Maintain safe and effective methods of working when providing skin camouflage**

1. maintain your responsibilities for health and safety throughout the service
2. prepare your client and yourself to meet legal and organisational requirements
3. respect your client's modesty, privacy and any sensitivities to their personal appearance
4. position your client to meet the needs of the service without causing them discomfort
5. ensure your own posture and working methods minimise fatigue and the risk of injury to yourself and others
6. ensure environmental conditions are suitable for the client and the service
 1. keep your work area clean and tidy throughout the service
 2. use working methods that minimise the risk of cross-infection
 3. ensure the use of clean equipment and materials
 4. promote environmental and sustainable working practices
 5. follow workplace and suppliers' or manufacturers' instructions for the safe use of tools, materials and products
 6. dispose of waste materials to meet legal requirements
 7. complete the service within a commercially viable time

Consult, plan and prepare for skin camouflage

Enhance appearance using skin camouflage

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1.
use **consultation techniques** to determine the client's service plan
2.
ensure that informed and signed parent or guardian consent is obtained for minors prior to any service
3.
ensure that a parent or guardian is present throughout the service for minors under the age of 16
4.
recognise any contra-indications and take the **necessary action**
5.
identify and agree the skin **camouflageneeds** and the **areatobecamouflaged** with the client
6.
obtain signed, informed consent from the client prior to carrying out the service
7.
ensure the client understands the limitations of skin camouflage

Carry out skin camouflage

1.
apply compatible skin care products and a complementary colour before the skin camouflage application
2.
use **application tools**, techniques and **camouflage products** which are best suited to the skin **camouflage needs**
3.
establish an acceptable colour match on the **area to be camouflaged**
4.
ensure **camouflage products** are applied to achieve the required density, colour and effect
5.
apply compatible cosmetic and skin care products after the skin camouflage application
- 6.

Enhance appearance using skin camouflage

ensure that the finished result is to the client's satisfaction and meets the agreed service plan

7.

give your client **advice and recommendations** on the service provided

8.

ensure the client's records are completed and signed by you and the client

Knowledge and understanding

You need to know and understand:

Maintain safe and effective methods of working when providing skin camouflage

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1. your responsibilities for **health and safety** as defined by any specific legislation covering your job role

1.

the legal and organisational requirements for client preparation

2.

the legal and organisational requirements for your own personal hygiene, protection and appearance

3.

safe positioning techniques for yourself and your client for optimum skin camouflage application

5. the necessary environmental conditions for services, such as heating and ventilation and why these are important

1.

why it is important to keep your work area clean and tidy

2.

methods of cleaning, disinfection and sterilisation

8. methods of working safely and hygienically and which minimise the risk of cross-infection

1.

the different types of working methods that promote **environmental and sustainable working practices**

2.

the hazards and risks which exist in your workplace and the safe working practices which you must follow

3.

suppliers' and manufacturers' instructions for the safe use of **tools**, materials and products which you must follow

Enhance appearance using skin camouflage

4.
the legal requirements for waste disposal
5.
the reasons for completing the service in a commercially viable time

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Consult, plan and prepare for skin camouflage

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1.
why it is important to communicate with clients in a professional manner
2.
how to complete a consultation taking into account the client's **diverse needs**
3.
the legal requirements for providing treatment to minors under 16 years of age
4.
the age at which an individual is classed as a minor and how this differs nationally
5.
the importance of agreeing the service that meets the client's needs
6.
the legal significance of gaining signed, informed client consent to carry out the service
7.
the legislative requirements for storing and protecting client data
8.
how to recognise **contra-indications that would prevent or restrict** the service
9.
the **contra-indications requiring medical referral** and why
10.
the necessary action to take in relation to specific contra-indications when referring clients
11.
the reasons for not naming specific contra-indications when referring clients
- 12.

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why it is important to avoid intrusive questioning techniques

13.

why it is important to respect the client's modesty, privacy and any sensitivities relating to their own appearance

14.

your own limitations when dealing with clients requiring skin camouflage

15.

why clients must appreciate the limitations of skin camouflage and have realistic expectations of the camouflage result

Carry out skin camouflage

1.

why it is important to test for a skin colour match on a small area

2.

the reasons for applying a complementary colour prior to skin match

3.

the range and availability of skin camouflage products and where they can be sourced

4.

the selection and application of products to meet the needs of individual camouflage requirements

5.

the principles of colour theory

6.

the attributes and limitations of skin camouflage products

7.

the compatibility and limitations of other cosmetic and skin care products used in conjunction with skin camouflage

8.

the causes and appearance of **skin conditions likely to need skin camouflage**

9.

the structure ***and** functions of the skin

10.

the different skin types and characteristics

11.

the photosensitivity of skin and how it differs in different skin groups such as the Fitzpatrick Classification System **

12.

how to deal with and advise the client on possible contra-actions to skin camouflage

13.

aftercare advice on preservation, maintenance and removal of skin camouflage

14.

the **advice and recommendations** on products and services

Scope/range related to performance criteria

Consultation techniques

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1.
questioning
2.
listening
3.
visual
4.
manual
5.
written

Necessary action

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1.
encouraging the client to seek medical advice
2.
explaining why the camouflage application cannot be carried out
3.
modification of the camouflage service

Camouflage needs

1.
tattoos
2.
hyperpigmentation
3.
hypopigmentation
4.
erythema

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Area to be camouflaged

1.
head or neck
2.
chest or shoulders
3.
limbs
4.
back
5.
abdomen

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Application tools

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1.
brushes
2.
fingers
3.
sponges
4.
velour puffs

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Camouflage products

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1.
camouflage creams
- 2.

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camouflage powders

3.

setting products

Advice and recommendations

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1.

suitable aftercare products and their uses

2.

avoidance of activities which may cause contra-actions

3.

durability and removal of camouflage products

4.

future service needs

Scope/range related to knowledge and understanding

**Health and safety

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1.
Health and Safety at Work Act
2.
The Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR)
3.
The Health and Safety (First Aid) Regulations
4.
The Regulatory Reform (Fire Safety) Order
5.
The Manual Handling Operations Regulations
6.
The Control of Substances Hazardous to Health Regulations (COSHH)
7.
The Electricity at Work Regulations
8.
The Environmental Protection Act
9.
The Management of Health and Safety at Work Regulations
10.
The Health and Safety (Information for Employees) Regulations

Environmental and sustainable working practices

1.
reducing waste and managing waste (recycle, reuse, safe disposal)
2.
reducing energy usage (energy efficient equipment, low energy lighting, utilising solar panels)
3.
reducing water usage and other resources
4.
preventing pollution

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5.
using disposable items
6.
using recycled, eco-friendly furniture
7.
using low chemical paint
8.
using environmentally friendly product packaging
9.
choosing responsible domestic products (Fairtrade tea and coffee)
10.
encouraging carbon reducing journeys to work

Diverse needs

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1.
cultural
2.
religious
3.
age
4.
disability
5.
gender

Contra-indications that would prevent or restrict

1.
abrasions
2.
open wounds
3.
rashes
4.
sutures

Contra-indications requiring medical referral

1.
structural changes in the area to be camouflaged
2.
suspicious lesions, including moles
3.
infections
4.
clinically undiagnosed skin conditions

Skin conditions likely to need camouflage

1.
hypopigmentation such as vitiligo
2.
stretch marks
3.
hyperpigmentation such as melasma
4.
age spots
5.
erythema such as acne rosacea
6.
thread veins
7.
scarring

Advice and recommendations

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1.
additional services
2.
additional products
3.
other products which can be used in conjunction with skin camouflage
- 4.

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products/substances/environments which should be avoided

5.

camouflage product maintenance

6. camouflage product removal

7. products for home use

Values

The following key values underpin the delivery of services in the beauty, nails and spa sectors

1.
a willingness to learn
2.
a flexible working attitude
3.
a team worker
4.
a positive attitude
5.
personal and professional ethics

Behaviours

The following behaviours underpin the delivery of services in the beauty, nails and spa sectors. These behaviours ensure that clients receive a positive impression of both the organisation and the individual

1.
meeting the organisation's standards of behaviour
2.
greeting the client respectfully and in a friendly manner
3.
communicating with the client in a way that makes them feel valued and respected
4.
treating the client courteously and helpfully at all times
5.
adapting behaviour to respond effectively to different client behaviour
6.
checking with the client that you have fully understood their expectations
7.
responding promptly and positively to the client's questions and comments
8.
recognising information that the client might find complicated and checking whether they fully understood

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9. meeting both organisational and industry standards of appearance.

Skills

The following key skills underpin the delivery of services in the beauty, nails and spa sectors

1. the ability to self-manage
2. excellent verbal and non-verbal communication
3. using the most appropriate ways of communicating with a client
4. responding promptly to a client seeking assistance
5. quickly locating information that will help the client
6. providing the client with information they need about services and products offered by the organisation

Glossary

Attributes of skin camouflage products

The positive effects of using camouflage products, such as being waterproof and providing a sunblock.

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Erythema

Redness to the skin caused by irritation, or injury to the tissue.

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Fitzpatrick Classification System

Devised in 1975 at Harvard University, this is a skin classification system measured on

a scale of 1 to 6, based on photosensitivity reaction to ultra violet radiation.

Hyperpigmentation

Excessive colouration in comparison to the surrounding skin due to excess melanin (for example age spots, freckles, stretch marks, sun tan, melasma and chloasma).

Hypopigmentation

Loss of colouration in comparison to the surrounding skin area (for example leucoderma, stretch marks, scarring, vitiligo).

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