

Use micropigmentation techniques to enhance facial features

Overview

This standard is for aesthetic practitioners performing micropigmentation using a hand tool or device, creating effects to enhance, correct and define the features of the face. You will also be required to do a post treatment evaluation for continuous improvement of both your delivery and for the client's future needs.

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Performance criteria

You must be able to:

1. implement consultation, health, safety and hygiene practices throughout the micropigmentation treatment
2. agree the **treatment objectives** and design template with the client
3. agree the pain management strategy considering the client's tolerance level, following organisational procedures
4. magnify and illuminate the **treatment area**
5. select the type and size of **needle**, load and use the **equipment** according to the treatment protocol and manufacturers' instructions
6. select and use colour **pigments** in accordance with the **treatment objectives**
7. use **implantation** and **treatment techniques** in a way that will create the desired **effects**, following the treatment protocol
8. check the client's wellbeing and monitor the level of skin reaction throughout the treatment
9. adapt the treatment to suit the client's needs
10. implement the correct course of action in the event of an adverse reaction to the treatment
11. confirm that the finished **effects** meet the treatment plan and the client's satisfaction
12. take treatment photographic evidence of the **treatment area** following organisational procedures
13. complete client's records and store in accordance with data legislation
14. use evaluation methods which were agreed within the treatment protocol
15. collate and record the information gained from client feedback, client records and your own observations
16. provide verbal and written advice and recommendations to your client regarding the post treatment aftercare
17. agree any alterations for future treatment with your client and record the outcome of your evaluation

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Knowledge and understanding

You need to know and understand:

1. the consultation, health, safety and hygiene requirements when performing a micropigmentation treatment
2. the reasons for agreeing the design template
3. the factors that need to be considered when creating a design template
4. the options for pain management and the potential associated risks
5. the legal requirements and restrictions for sourcing, storing and using topical anaesthetic licensed in the UK
6. why you must magnify and illuminate the treatment area
7. the different types of needle configurations and implantation techniques to create desired effects
8. how to select, mix and test colour pigments to take account of:
 - 8.1 treatment objectives
 - 8.2 **skin classification**
 - 8.3 **skin characteristics**
9. the types, formulations, uses and limitations of pigments when mixed and diluted
10. the safety requirements for pigments including:
 - 10.1 recording pigment batches used
 - 10.2. storage
 - 10.3 material data sheets
 - 10.4 expiry date
11. the principles of colour theory in relation to the pigment selection
12. how colour pigments change throughout the healing process and post healing
13. the application of colour theory to change undesirable colour results after the healing process
14. the selection, use and application of different micropigmentation treatments and equipment
15. why you manipulate the skin to ensure effective pigment implantation
16. the different types of presented conditions that require medical referral prior to treatment
17. the correct treatment techniques to achieve the required depth of colour and pigment distribution

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18. how poor treatment techniques impact on the final result
19. the reasons for adapting the treatment to suit the client's needs
20. possible **adverse reactions** which may occur and how to deal with them
21. the different pigment removal techniques and their limitations
22. the effects of laser treatments on pigment within the skin
23. the importance of confirming the finished effects to meet the treatment plan and the client's satisfaction
24. the legal significance of producing photographic evidence of the treatment area
25. the **anatomy** and **physiology** relevant to this standard
26. the different forms of hair growth disorders and how it effects the micropigmentation treatment
27. the legal requirements of completing and storing client records
28. the treatment outcomes expected from a micropigmentation treatment
29. the purpose of evaluation activities
30. how to collate, analyse, summarise and record evaluation feedback in a clear and concise way
31. the aftercare **advice and recommendations** on products and treatment

Scope/range**Additional information**

It is expected that an individual undertaking this standard already has the skills, knowledge and behaviours identified within the aesthetic practitioner's treatment guidance or the aesthetics National Occupational Standards.

The individual is expected to already be able to demonstrate competency in determining the relative (restrictive) and absolute (preventative) contraindications for the aesthetic standards undertaken.

It is expected that this standard is used in conjunction with SKABA1 – Maintain safe, hygienic and effective working practices for aesthetic treatments and SKABA2 – Consult, plan and prepare for aesthetic treatments.

Items listed within the scope/range should be evidenced in line with the specific type of treatment being performed.

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**Scope/range related
to performance
criteria**

Treatment objectives

1. defining natural features
2. creating features
3. correcting features
4. improving and balancing features
5. introducing skin colouring

Treatment area

1. lips
2. eyebrows with existing hair
3. eyebrows with partial hair
4. upper eyelids
5. lower eyelids

Needle

1. flat
2. magnum
3. round
4. single point
5. sloped
6. micro
7. shaders and liners
8. nano

Equipment

1. hand tool
2. machine

Pigments

1. organic
2. inorganic
3. pigment dilutant

Implantation techniques

1. pointillism
2. pendulum
3. shading
4. obovoid
5. cross-hatching
6. sweep
7. stroke

Treatment techniques

1. three way stretch
2. needle depth
3. speed
4. pressure
5. angle
6. pigment dipping
7. wrist support
8. posture and positioning
9. treatment passes

Effects

1. hair stroke eyebrows
2. shaded eyebrows
3. combined hair stroke and shaded eyebrows
4. eye liner
5. eye lash enhancement
6. lip liner
7. lip blush
8. lip shading

Scope/range related to knowledge and understanding **Skin classification**

1. Fitzpatrick scale
2. Glogau photo-damage

Skin characteristics

1. type
2. underlying skin tone
3. condition
4. disorders
5. texture

Adverse reactions

1. hyperaemia
2. corneal abrasions
3. migration of pigment
4. blistering
5. excessive discomfort
6. oedema
7. bruising
8. hives
9. dizziness
10. fainting
11. stinging
12. nausea
13. anaphylaxis
14. pain
15. hypertrophic or keloid scars

Anatomy and physiology

1. the structure and functions of the body systems and their interdependence on each other
2. the structure and function of the hair and hair growth cycle
3. the different types of hair growth disorders
4. skin diseases, disorders and conditions

5. the aging process of the skin including the effects of genetics, lifestyle and the environment
6. the skin and wound healing process
7. the location and function of the muscles responsible for facial expression
8. the facial and anatomical structures
9. the purpose and function of phagocytes and how they affect the pigment

Advice and recommendations

1. the client and practitioner's legal rights and responsibilities
2. treatment maintenance
3. post treatment expectations and associated time frames
4. restrictions and contra-actions
5. additional products and treatments

Glossary

Micropigmentation also known as semi-permanent make-up, permanent make up, permanent cosmetics, micro blading, derma graphics or cosmetic tattooing. Micropigmentation is used to create make up effects to enhance the eyebrows, lips and eyes, through the process of depositing pigment into the upper dermal layers of the skin.

Obovoid

An implantation technique used in micropigmentation, whereby the pigment is applied in an overlapping circular movement.

Pointillism

An implantation technique used in micropigmentation whereby a surface is covered with tiny dots of colour pigment to create a shaded effect, used on areas such as the lower lash line.

Skin classification

Skin classification can be determined by the level of melanin in the skin and is measured by a numerical Fitzpatrick scale. The Fitzpatrick scale is categorized into three scales, the Ultra Violet Phenotype to determine the skins sensitivity to Ultra Violet, the pigmentary photo-type that determines the skin ethnic colour type and finally the level of risk to skin cancer. The Glogau photo-damage scale is categorized into four levels, the severity of skin damage determines a beauty aesthetic treatment plan. Both methods are commonly integrated within new technologies and devices.

Topical anaesthetic (numbing agent)

This is a cream applied to the surface of the skin as a method of reducing pain. This can be applied prior to and during treatment.

Treatment protocol

A plan, that sets out a device and treatment indication specific protocol, identifying pre-treatment checks and tests, the manner in which the procedure is to be applied, acceptable variations, settings used, the expected outcome and when to modify or abort the treatment.

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Developed by SkillsActive

Version Number 1

Date Approved March 2019

Indicative Review Date January 2021

Validity Current

Status Original

Originating Organisation SkillsActive

Original URN SKABT30

Relevant Occupations Beauty Therapy

Suite Beauty Aesthetics

Keywords micropigmentation, pigmentation, semi- permanent makeup, microblading
