

Overview

This standard coexists alongside, **SKAHDBRBNST1 Implement and maintain safe, hygienic and effective working practices** and **SKAHDBRBNS1 Consult, assess, plan and prepare for Hair, Barbering, Beauty, Nails, Wellbeing and Holistic services**. This standard is about a hair professional providing advanced perming techniques to create a variety of permed effects. You will also be required to do a post procedure evaluation and reflection for continuous improvement. Users of this standard will need to ensure that their practices reflect up-to-date information, policies, procedures and best practice guidance. It is advisable users of this standard are aware of, and comply with first aid requirements in accordance with legislation and organisational policies and procedures.

The main outcomes are:

1. create a variety of permed effects

Provide advanced perming techniques

Performance criteria

- You must be able to:*
1. carry out a concise and comprehensive consultation with the individual
 2. maintain your responsibilities for health and safety in accordance with legislation, regulations, directives and guidelines
 3. discuss and establish the individual's objectives and desired outcomes to inform the perming service plan, to include:
 - 3.1 anatomical head, face and body shape
 - 3.2 treatment history
 - 3.3 alternative treatment options
 4. carry out a hair and scalp analysis, to include:
 - 4.1 **hair curl classification**
 - 4.2 **hair characteristics**
 - 4.3 **state of hair**
 - 4.4 scalp condition
 - 4.5 percentage of white hair
 - 4.6 hair length
 - 4.7 direction of curl required
 - 4.8 degree of curl achievable
 5. carry out **tests** to determine suitability for the perming service, to include:
 - 5.1 determine whether a pre-perming treatment is required to even out the porosity prior to the perming service
 - 5.2 determine whether a chemical rearranger is required to pre-soften very curly hair prior to the perming service
 - 5.3 record the outcome and store in accordance with data legislation
 6. explore a variety of achievable **permed effects** with the individual using relevant visual aids, to inform:
 - 6.1 the section and winding techniques
 - 6.2 the **products** to be used
 7. confirm and agree with the individual, they have understood the proposed perming service, to include:
 - 7.1 contra-actions
 - 7.2 adverse reactions
 8. obtain the individual's informed consent for the perming service
 9. prepare the individual and hair for the perming service in accordance with the **advanced perming service protocol**

Pre-perming treatment

10. comb and section the hair in preparation for the pre-perming treatment
11. apply the pre-perming treatment in accordance with the advanced perming service protocol

Perming service

12. comb and section the hair in accordance with the advanced perming service protocol
13. select the size of perm rods and end papers and apply them using **sectioning and winding techniques** in accordance with the advanced perming service protocol
14. protect the individual's hair and scalp in accordance with the advanced perming service protocol
15. saturate each perming rod with perming solution and monitor development time in accordance with manufacturer instructions, to include:
 - 15.1 adapt methods of working and use of products to meet the needs of an individual with chemical treated hair
16. protect the hair with a single use covering in accordance with the advanced perming service protocol
17. carry out curl tests periodically to reaffirm the development time
18. remove the perming solution from the hair in accordance with the manufacturer instructions
20. protect the individual's hair and scalp in accordance with the advanced perming service protocol
21. prepare the neutralising product in accordance with the manufacturer instructions
22. saturate each perming rod with neutralising solution and monitor development time in accordance with the manufacturer instructions
23. remove rods safely to avoid damage to the hair and scalp
24. remove the neutralising solution from the hair and scalp in accordance with the manufacturer instructions
26. apply an anti-oxidant conditioner to the hair and scalp to restore the pH balance and stop the oxidation of the neutralising solution
27. remove excess water from the hair and scalp using a towel
28. apply a post-perming treatment to restore the hair's pH
29. conclude the service in accordance with the perming service, to include:

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- 29.1 use creative finishing techniques to achieve the desired permed effect
- 29.2 ensure the finished permed effect compliments the individual and enhances the image of the salon
- 30. confirm with the individual they are satisfied with the final result
- 31. monitor the individual's health and wellbeing throughout the perming service
- 32. implement the correct course of action in the event of an adverse reaction
- 33. complete the individual's service records and store in accordance with data legislation
- 34. use reflective practice to evaluate the perming service and take appropriate action
- 35. provide **instructions** and advice to the individual, pre and post the service
- 36. record the outcome and evaluation of the perming service

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Knowledge and understanding

You need to know and understand:

1. your role and responsibilities in providing perming services and the importance of working within your competence
2. why you must comply with ethical practice and work within the legislative requirements, to include:
 - 2.1 the responsibilities under local authority licensing regulations for yourself and your premises
3. the importance to engage in, and document continuous professional development to include, up-to-date information policies, procedures and best practice guidance
4. the **anatomy and physiology** relevant to this standard
5. the relative and absolute contraindications relevant to the hair service, to include:
 - 5.1 the legislative and insurance requirements for obtaining medical diagnosis and referral
6. the importance of recognising suspicious skin irregularities and scalp lesions, and referring to a relevant healthcare professional
7. the types and strengths of perming solutions used to curl the hair, and the adaptations required, in relation to:
 - 7.1 hair curl classification
 - 7.2 hair condition
 - 7.3 state of hair
 - 7.4 scalp condition
 - 7.5 resistant hair
 - 7.6 chemically treated hair
8. the chemical composition and pH of perming and neutralising products
9. the physiological effects of perming solutions and neutralisers have on the hair structure
10. the effects of alkaline and acid has on the hair cuticle
11. the importance of adhering to manufacturer instructions to prevent product incompatibilities and risks to health
12. how the of temperature of water used during the removal of perming solution can determine the level of curl achieved
13. the importance and use of a pre-perming treatment to even out the hairs porosity prior to a perming service

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14. the importance of restoring the pH balance after the perming and neutralising processes
15. the importance and use of post-perming treatments to rebalance the pH value of the hair
16. why perming and neutralising should be done a particular sequence
17. the adverse effects of failing to restore the pH value of the hair
18. the importance of carrying out a hair and scalp analysis and how it effects the choice of products and sectioning and winding techniques to be used
19. how to adapt hair perming techniques for each hair curl classification
20. how **hair growth patterns** can determine the section and winding techniques
21. the importance of carrying out tests and how the test outcomes can affect the perming service
22. why and when a pre-perm test curl is carried out
23. how to recognise over processed hair, the associated risks and action to take
24. how to recognise trichorrhexis nodosa, the associated risks and action to take
25. the tools and equipment used for perming services for all hair curl classification, types and conditions
26. the types of sectioning and winding techniques used to create personalised and creative permed effects
27. the importance of using an anti-oxidant shampoo on the hair to neutralise the active ingredient in perming products, to include:
 - 27.1 the physiological effects of neutralising an the hair structure
28. the risks associated with perming and neutralising hair
29. the importance of protecting the individual's skin and scalp from the perming and neutralising products
30. the importance of adhering to the manufacturer instructions for the safe use and development times of perming and neutralising products, to include:
 - 30.1 the importance to explain the physical sensation on the scalp
31. why you should comb and section the hair prior to the perming
32. how to carry out a perming service, to include:
 - 32.1 how to safely apply perming products to the hair to avoid exposure

of chemicals to the skin and scalp

33. the service times in accordance with your organisational policies and procedures
34. the reasons why you may need to troubleshoot problems that can commonly arise when perming hair, to include:
 - 34.1 ways in which they can be remedied
35. the importance of consulting with the individual throughout the perming process
36. the adverse reactions associated with an perming service and how to respond
37. the health and safety responsibilities in line with legislation before, during and after the service
38. the legal requirements for providing hair services to minors and vulnerable adults
39. why it is important to discuss and establish the individual's objectives, concerns, expectations, desired outcomes and agree the perming service plan
40. the fee structures and service options
41. the legislative and indemnity requirements of gaining signed, informed consent for the service
42. the reasons for taking consensual visual media of the individual's treatment area and storing in accordance with the service, legislative, insurance and organisational requirements
43. the importance of adhering to the advanced perming service protocol
44. the importance of monitoring the health and wellbeing of the individual during, and post the service
45. the expected outcomes of perming services
46. the purpose of reflective practice and evaluation and how it informs future services
47. the importance to record the outcome and evaluation of perming service
48. the instructions and advice, pre and post the perming service

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Scope/range

Hair curl classification

1. straight
2. wavy
3. curly
4. tight curls
5. combination

Hair characteristics

1. hair density
2. hair texture
3. hair elasticity
4. hair porosity
5. hair growth patterns

State of hair

1. non - chemically treated hair
2. partially chemically treated hair
3. chemically treated hair

Tests

1. elasticity
2. porosity
3. incompatibility
4. pre-perm test curl
5. curl test
6. skin test

Permed effects

1. root lifted
2. waved
3. corkscrewed
4. textured curl

Products

1. barrier cream
2. pre-perming treatment
3. chemical rearranger

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4. perming solution
5. neutralising solution
6. post-perming treatment

Advanced perming service protocol

1. working environment
2. health and safety
3. infection prevention and control
4. service plan
5. informed consent
6. manufacturer instructions
7. test outcomes
8. data management
9. audit and accountability
10. instructions and advice
11. sustainability
12. waste management
13. evidence-based practice
14. reflective practice

Sectioning and winding techniques

1. piggyback
2. spiral
3. weaving
4. root
5. hopscotch
6. double wind

Instructions

1. the individual and practitioner's legal rights and responsibilities
2. pre and post procedure instructions and care
3. restrictions and associated risks
4. future procedures

Anatomy and physiology

1. the structure and function of the body systems and their interdependence on each other

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2. the structure and function of hair and hair growth
3. the structure and function of skin
4. relative and absolute contraindications and related pathologies

Hair growth patterns

1. cowlick
2. whorl
3. double crown
4. widows peak
5. duck tail

Glossary

Absolute contraindication

An absolute contraindication is a condition that prevents the service from being carried out and may require referral.

Adverse reaction

An adverse reaction is an 'unexpected' reaction or outcome following a service, i.e. fainting

Anatomy and Physiology

How the skeletal, muscular, circulatory, lymphatic, respiratory, excretory, digestive, endocrine and nervous systems interact with each other and how they impact the individual, service and outcomes.

Contra action

A contra-action is an 'expected' reaction or outcome following a service, i.e. erythema

Evidence-based practice

Evidence-based practice is based on the best available, current, valid and relevant evidence.

First aid

First aid can refer to first aid at work qualifications or equivalent and first aid mental health awareness.

Hair curl classification

Hair curl classification can be referred to as Type 1 – 4.

Protocol

A protocol is a standard procedure to ensure best practice and compliance when providing services, i.e. follow manufacturer instructions.

Relative contraindication

A relative contraindication is a condition that requires an assessment of suitability for the service and/or if adaptations are required.

Links to other NOS

SKAHDBRBNST1, SKAHDBRBNS1, SKAHDBR1, SKAHD1, SKAHD2, SKAHDBR2, SKAHDBR3, SKAHDBR4, SKAHDBR5, SKAHDBR6, SKAHDBR7, SKAHDBR8, SKAHDBR9, SKAHDBR10, SKAHDBR12, SKAHDBR13, SKAHDBR14, SKAHDBR15, SKAHDB16, SKAHDB19, SKAHDB20, SKAHDB21, SKABR5

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