

## Overview

This standard coexists alongside, **SKAHDBRBNST1 Implement and maintain safe, hygienic and effective working practices** and **SKAHDBRBNS1 Consult, assess, plan and prepare for Hair, Barbering, Beauty, Nails, Wellbeing and Holistic services**. This standard is about a hair professional cutting facial hair using club cutting, freehand, scissor over comb, trimming, clipper over comb techniques and clippers using a guard. You will also be required to do a post service evaluation and reflection for continuous improvement. Users of this standard will need to ensure that their practices reflect up-to-date information, policies, procedures and best practice guidance. It is advisable users of this standard are aware of, and comply with first aid requirements in accordance with legislation and organisational policies and procedures.

### The main outcomes are:

1. trim a moustache
2. trim a beard
3. trim a partial beard and moustache
4. trim a full beard and moustache

## Performance criteria

- You must be able to:*
1. carry out a concise and comprehensive consultation with the individual
  2. maintain your responsibilities for health and safety in accordance with legislation, regulations, directives and guidelines, to include:
    - 2.1 removing excess hair facial hair cuttings from the individual's skin throughout the service
    - 2.2 removing excess hair from flooring to avoid injury
  3. discuss and establish the individual's objectives and desired outcomes to inform the facial hair cutting service plan, to include:
    - 3.1 considering the anatomical head and face structures
    - 3.2 alternative treatment options
  4. carry out a facial hair and skin analysis to determine the facial hair cutting service plan, to include:
    - 4.1 **hair curl classification**
    - 4.2 **hair characteristics**
    - 4.3 facial hair growth patterns
    - 4.4 skin classification
    - 4.5 skin condition
    - 4.6 in-growing hair
    - 4.7 facial piercings
  5. confirm and agree with the individual, they have understood the proposed facial hair cutting service, to include:
    - 5.1 contra-actions
    - 5.2 adverse reactions
  6. obtain the individual's informed consent for the facial hair cutting service
  7. prepare the skin and hair in accordance with the **facial hair cutting service protocol**
  8. select **tools and equipment** suitable for the individual's hair curl classification and characteristics to achieve the desired look, to include:
    - 8.1 the safe handling and use of tools and equipment to avoid damage to the skin and hair
  9. create and cut the initial guideline using **facial hair cutting techniques** in accordance with the facial hair cutting service plan, to include:
    - 9.1 confirming with the individual they want to proceed with cutting

their facial hair

10. cut the individual's facial hair using the guidelines to ensure weight, symmetry, balance and shape is achieved, to include:

10.1 rotating your position around the individual to ensure accuracy of cut

10.2 adapting your hair cutting techniques in accordance with the facial hair cutting service protocol

11. cross-check the cut to establish accurate distribution of weight, symmetry, balance and shape

12. shape the hair perimeters using facial hair cutting techniques, taking into account:

12.1 the natural hair line

12.2 the hair growth patterns

13. conclude the facial hair cutting service ensuring the individual is left free from hair cuttings to include:

13.1 applying a post-treatment product

14. monitor the individual's health and wellbeing throughout the facial hair cutting service

15. implement the correct course of action in the event of an adverse reaction

16. complete the individual's service records and store in accordance with data legislation

17. use reflective practice to evaluate the facial hair cutting service and take appropriate action

18. provide **instructions** and advice to the individual, pre and post the service

19. record the outcome and evaluation of the facial hair cutting service

## Knowledge and understanding

*You need to know and understand:*

1. your role and responsibilities in providing facial hair cutting services and the importance of working within your competence
2. why you must comply with ethical practice and work within the legislative requirements, to include:
  - 2.1 the responsibilities under local authority licensing regulations for yourself and your premises
3. the importance to engage in, and document continuous professional development to include, up-to-date information policies, procedures and best practice guidance
4. the **anatomy and physiology** relevant to this standard
5. the relative and absolute contraindications relevant to the hair service to include:
  - 5.1 the legislative and insurance requirements for obtaining medical diagnosis and referral
6. the importance of recognising suspicious skin irregularities and scalp lesions, and referring to a relevant healthcare professional
7. the limitations of facial hair cutting techniques and the adaptations required in relation to:
  - 7.1 skin and hair classification
  - 7.2 hair characteristics
  - 7.3 skin condition
  - 7.4 facial hair growth patterns
  - 7.5 anatomical head and face structures
  - 7.6 facial piercings
  - 7.7 individual's expectations
8. the anatomical head and facial structures and how they impact the facial hair cutting service
9. how to assess facial contours and features to confirm the appropriate facial hair shape
10. when and why the skin and hair is cleansed prior to a facial hair cutting service
11. why you should comb the hair prior to the facial hair cutting service
12. the types of traditional and current facial hair shapes and neck line shapes, to include:
  - 12.1 how to identify suitable facial hair shapes

- 12.2 how facial hair growth patterns impact the choice of the facial hair shape
- 13. the types, how and when to use facial hair cutting techniques for each hair curl classification, to include:
  - 13.1 the overall shape and depth
  - 13.2 the outline trimming required
- 14. the importance of considering natural growth patterns to create even weight distribution
- 15. the reasons for establishing and following guidelines
- 16. how to create and follow a guideline for the facial shape
- 17. the associated risks from facial hair cuttings in close proximity of exposed skin
- 18. the risk of ingrowing hairs resulting from continual close cutting
- 19. the causes of keloid scarring
- 20. the importance of cross checking the symmetry and balance of the cut
- 21. how to use, level and test clippers
- 22. the size and type of clippers, clipper blades, trimmers and attachments available and the effects that these achieve
- 23. the types of problems that can occur when cutting facial hair and ways in which they can be remedied
- 24. the importance of consulting with individuals throughout the facial hair cutting process
- 25. the adverse reactions associated with a facial hair cutting service and how to respond
- 26. the health and safety responsibilities in line with legislation before, during and after the service
- 27. why it is important to discuss and establish the individual's objectives, concerns, expectations, desired outcomes and agree the facial hair cutting service plan
- 28. the fee structures and treatment options
- 29. the legislative and indemnity requirements of gaining signed, informed consent for the service
- 30. the importance of adhering to the facial hair cutting service protocol
- 31. the service time in accordance with your organisational policies and procedures

32. the importance of monitoring the health and wellbeing of the individual during and post the service
33. the reasons for taking consensual visual media of the individual's treatment area and storing in accordance with the service, legislative, insurance and organisational requirements
34. the legislative and regulatory requirements of completing and storing the individual's facial hair cutting service records
35. the expected outcomes from facial hair cutting services
36. the purpose of reflective practice and evaluation and how it informs future services
37. the importance to record the outcome and evaluation of facial hair cutting service
38. the instructions and advice, pre and post the facial hair cutting service

**Scope/range****Hair curl classification**

1. straight
2. wavy
3. curly
4. tight curls
5. combination

**Facial hair characteristics**

1. hair density
2. hair texture
3. facial hair growth patterns

**Facial hair cutting service protocol**

1. working environment
2. health and safety
3. infection prevention and control
4. service plan
5. informed consent
6. manufacturer instructions
7. data management
8. audit and accountability
9. instructions and advice
10. sustainability
11. waste management
12. evidence-based practice
13. reflective practice

**Tools and Equipment**

1. scissors
2. clippers
3. trimmers
4. foils

**Facial hair cutting techniques**

1. freehand
2. scissor over comb
3. clipper over comb

4. clipper with attachment

### **Instructions**

1. the individual and practitioner's legal rights and responsibilities
2. pre and post service instructions and care
3. restrictions and associated risks
4. future services

### **Anatomy and physiology**

1. the structure and function of the hair and hair growth
2. the structure and function of the skin
3. basic anatomical structure of the head, neck and shoulders
4. relative and absolute contraindications and related pathologies



## Glossary

### **Absolute contraindication**

An absolute contraindication is a condition that prevents the service from being carried out and may require referral.

### **Adverse reaction**

An adverse reaction is an 'unexpected' reaction or outcome following a service, i.e. fainting

### **Contra action**

A contra-action is an 'expected' reaction or outcome following a service, i.e. erythema

### **Evidence-based practice**

Evidence-based practice is based on the best available, current, valid and relevant evidence.

### **First aid**

First aid can refer to first aid at work qualifications or equivalent and first aid mental health awareness.

### **Hair curl classification**

Hair curl classification can be referred to as Type 1 – 4.

### **Protocol**

A protocol is a standard procedure to ensure best practice and compliance when providing services, i.e. follow manufacturer instructions.

### **Relative contraindication**

A relative contraindication is a condition that requires an assessment of suitability for the service and/or if adaptations are required.

## Links to other NOS

SKAHDBRBNST1, SKAHDBRBNS1, SKAHDBR1, SKABBR2, SKABR2, SKABR3, SKABR4, SKAHDBR2, SKAHDBR3, SKAHDBR4, SKAHDBR5, SKAHDBR6, SKAHDBR7, SKAHDBR8, SKAHDBR9, SKAHDBR10, SKAHDBR11, SKAHDBR12, SKAHDBR13, SKAHDBR14, SKAHDBR15, SKAHDB16, SKAHDB19, SKAHDB20, SKAHDB21, SKABR5

## Cut facial hair

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