

## Overview

This standard coexists alongside, **SKAHDBRBNST1 Implement and maintain safe, hygienic and effective working practices** and **SKAHDBRBNS1 Consult, assess, plan and prepare for Hair, Barbering, Beauty, Nails, Wellbeing and Holistic services**. This standard is for a Beauty or Nail professional providing nail art services. The service includes creating a nail art design, preparing the nail, applying and finishing the nail art design. You will also be required to do a post procedure evaluation and reflection for continuous improvement. Users of this standard will need to ensure that their practices reflect up-to-date information, policies, procedures and best practice guidance. It is advisable users of this standard are aware of, and comply with first aid requirements in accordance with legislation and organisational policies and procedures.

**The main outcomes are:**

1. Create and apply nail art designs

## Performance criteria

- You must be able to:*
1. carry out a concise and comprehensive consultation with the individual
  2. maintain your responsibilities for health and safety in accordance with legislation, regulations, directives and guidelines
  3. discuss and establish the individual's objectives, expectations and desired outcomes to inform the nail art service plan, to include:
    - 3.1 alternative service options
  4. explore a variety of nail art designs using visual aids with the individual
  5. confirm and agree with the individual, they have understood the proposed nail art service, to include:
    - 5.1 contra-actions
    - 5.2 **adverse reactions**
  6. obtain and record the individual's informed consent for the nail art service
  7. prepare the nail surface for the nail art design in accordance with the **nail art service protocol**
  8. select and prepare the nail art tools and products in accordance with the nail art service protocol
  9. apply the nail art using **nail art techniques** to fulfil the nail art design in accordance with the nail art service protocol
  10. finish the nail art design, leaving the cuticle and nail wall free from product
  11. ensure that the result is to the individual's satisfaction and meets the agreed design plan
  12. monitor the individual's health, wellbeing and skin reaction throughout the nail art service
  13. implement the correct course of action in the event of an adverse reaction
  14. conclude the service in accordance with the nail art service protocol, legislative requirements and organisational policies and procedures
  15. complete the individual's service records and store in accordance with data legislation
  16. use reflective practice to evaluate the nail art service and take appropriate action
  17. provide **instructions** and advice given to the individual, pre and

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post the service

18. record the outcome and evaluation of the nail art service

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### Knowledge and understanding

*You need to know and understand:*

1. your role and responsibilities in performing nail art service and the importance of working within your competence
2. why you must comply with ethical practice and work within the legislative requirements, to include:
  - 2.1 the responsibilities under local authority licensing regulations for yourself and your premises
3. the importance to engage in, and document continuous professional development to include, up-to-date information policies, procedures and best practice guidance
4. the **anatomy and physiology** relevant to this standard
5. the relative and absolute contraindications relevant to the nail treatment, to include:
  - 5.1 the legislative and insurance requirements for obtaining medical diagnosis and referral
6. the importance of recognising suspicious skin irregularities and lesions, and referring to a relevant healthcare professional
7. the purpose, use and limitations of nail art services, in relation to:
  - 7.1 nail and skin condition
  - 7.2 **length and shape of the nail**
  - 7.3 relevant lifestyle factors
  - 7.4 individual's expectations
8. the **natural nail shapes** and how they can impact the nail art service
9. the importance of adhering to the nail art service protocol
10. the methods used to prepare the nails for nail art application
11. the types of hygiene products for the skin and the importance of following manufacturer instructions
12. the types, benefits and limitations of nail art products and tools used in nail art services, to include:
  - 12.1 the risks associated with allergens and ingredients that could cause harm
  - 12.2 the reasons for only using cosmetically approved products
13. the treatments that can be given in conjunction with a nail art service
14. how to prepare and use nail art products and tools in accordance

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with the nail art service protocol

15. why it is important to clean and dry the natural nail prior to applying a nail finish
16. the adverse reactions associated with an nail art service and how to respond
17. the health and safety responsibilities in line with legislation before, during and after the nail art service
18. why it is important to discuss and establish the individual's objectives, concerns, expectations, desired outcomes and agree the nail art service plan
19. the legal requirements for providing nail services to minors and vulnerable adults
20. the fee structures and service options
21. the legislative and indemnity requirements of gaining signed, informed consent for the nail art service
22. the importance of monitoring the health and wellbeing of the individual during and post the service
23. the reasons for taking consensual visual media of the individual's treatment area and storing in accordance with the service, legislative, insurance and organisational requirements
24. the legislative and regulatory requirements of completing and storing the individual's nail art service records
25. the expected outcomes of nail art services
26. the purpose of reflective practice and evaluation and how it informs future services
27. the importance to record the outcome and evaluation of the nail art service
28. the instructions and advice pre and post the nail art service

**Scope/range****Adverse reactions**

1. allergic reaction
2. discolouration of the product
3. discolouration of the nail plate
4. discolouration of the nail bed
5. thinning of the nail plate
6. cuts and abrasions
7. overexposure
8. lifting of the product

**Nail art service protocol**

1. working environment
2. health and safety
3. infection prevention and control
4. service plan
5. informed consent
6. data management
7. manufacturer instructions
8. audit and accountability
9. instructions and advice
10. sustainability
11. waste management
12. evidence-based practice
13. reflective practice

**Nail art techniques**

1. transfers and decals
2. wraps
3. glitters and pigments
4. embellishments
5. marbling
6. striping
7. dotting
8. freehand
9. foils
10. stamping plate
11. stamping with nail polish
12. use of water based nail art products

### **Instructions**

1. the individual and practitioner's legal rights and responsibilities
2. pre and post service instructions and care
3. restrictions and associated risks
4. future services

### **Anatomy and physiology**

1. the structure and functions of the skin
2. the structure and functions of the nail
3. the anatomy and physiology of the upper and lower extremities
4. relative and absolute contraindications and related pathologies

### **Length and shape of the nail**

1. long
2. mid-length
3. short
4. round
5. oval
6. square
7. squoval
8. almond

### **Natural nail shapes**

1. fan
2. hook
3. spoon
4. oval
5. square

## Glossary

### **Absolute contraindication**

An absolute contraindication is a condition that prevents the service from being carried out and may require referral.

### **Adverse reaction**

An adverse reaction is an 'unexpected' reaction or outcome following a service, i.e. fainting

### **Contra action**

A contra-action is an 'expected' reaction or outcome following a service, i.e. erythema

### **Evidence-based practice**

Evidence-based practice is based on the best available, current, valid and relevant evidence.

### **First aid**

First aid can refer to first aid at work qualifications or equivalent and first aid mental health awareness.

### **Protocol**

A protocol is a standard procedure to ensure best practice and compliance when providing services, i.e. follow manufacturer instructions.

### **Relative contraindication**

A relative contraindication is a condition that requires an assessment of suitability for the service and/or if adaptations are required.

## Links to other NOS

SKAHDBRBNST1, SKAHDBRBNS1, SKABN1, SKABN2, SKABN3, SKANT2, SKANT3, SKANT4, SKANT5, SKANT6, SKANT7, SKANT9



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**Suite** Nail Services

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