

## Overview

This standard covers the skills and knowledge required to identify and understand “Hazards” in preparation for beginning employment, volunteering or work experience placement. It is not intended that risk reduction is included at this stage.

This Standard is about providing a basis upon which to build more specific risk awareness leading to lifelong learning in health and safety for all employees.

### Performance criteria

*You must be able to:*

1. comply with health and safety requirements and procedures at all times
2. evidence awareness of risks
3. evidence awareness of hazards
4. follow instructions and respond appropriately to safety signs
5. use personal protective equipment and other hazard control equipment following company standards

## Knowledge and understanding

*You need to know and understand:*

1. meaning of 'health and safety' in the workplace
2. importance of health and safety to you
3. meanings of basic terms including, hazard, harm and risk
4. harm that a range of health and safety hazards can cause including:
  - manual handling
  - repetitive work
  - noise induced hearing loss
  - hand arm vibration syndrome
  - hazardous substances causing;
    - respiratory and lung disease
    - dermatitis and other skin conditions
    - irritations and burns
    - cancers
  - computers
  - animals
  - slips, trips and falls
  - falling from height
  - machinery/equipment
  - electricity
  - transport /vehicles
  - fire/explosions
  - confined spaces
  - pressure systems
  - people/stress
5. meanings of different types of safety signs and the hazards they indicate, including:
  - prohibition signs
  - warning signs
  - safe condition signs
  - mandatory signs
  - fire signs
6. how conditions in a workplace can cause hazards, relating to:
  - house keeping
  - access and exit routes
  - lighting
  - ventilation

- noise
  - temperature
  - dust/fumes
  - working space
7. types of health and safety personal protective equipment and other controls available and hazards against which they provide protection. Personal protective equipment to include:
    - protective clothing
    - head protection
    - eye protection
    - hearing protection
    - respiratory protection
    - hand protection
    - foot protection
  8. meaning of "welfare provision at work"
  9. importance of personal hygiene
  10. importance of first aid provision
  11. health and safety responsibilities of managers/employers
  12. your responsibilities for health and safety as an employee
  13. importance of reporting accidents, ill health and other incidents

## Basic hazard awareness

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<b>Developed by</b>	NSAFD
<b>Version Number</b>	2
<b>Date Approved</b>	January 2019
<b>Indicative Review Date</b>	January 2023
<b>Validity</b>	Current
<b>Status</b>	Original
<b>Originating Organisation</b>	Proskills
<b>Original URN</b>	PROHSK1
<b>Relevant Occupations</b>	Occupational Health Workers; Occupational hygienists and safety officers (health and safety); Health and Safety Managers; Health and Safety officers
<b>Suite</b>	Health and Safety
<b>Keywords</b>	Occupational health and safety; hazard; awareness

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