

SKAATH32

Extend hair using a variety of techniques



Overview

This unit is about the skills required in order to provide a full hair extension service to clients. It includes preparing and attaching hair extensions using bonding, fusing and weaving techniques. Cutting the new extensions in readiness for further styling and finishing work is also included. A high degree of design planning and manual dexterity skills are required.

The main outcomes of this unit are:

1. maintain effective and safe methods of working when adding hair extensions
2. plan and prepare to add hair extensions
3. add hair extensions
4. cut and finish hair with extensions
5. provide aftercare advice

Please note that the Habia Assessment Strategy and Evidence Requirements for these standards are available from the Habia website <http://www.habia.org>

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Performance criteria

You must be able to:

- P1 **maintain effective and safe methods of working when adding hair extensions** by
- P1.1 ensuring your client's clothing is effectively protected throughout the service
 - P1.2 positioning your client to meet the needs of the service without causing them discomfort
 - P1.3 ensuring your own posture and position whilst working minimises fatigue and the risk of injury
 - P1.4 keeping your work area clean and tidy throughout the service
 - P1.5 sequencing your work in a way that is suitable for the **bonding, fusing** and or **weaving technique** used, style and ease of working
 - P1.6 using working methods that
 - minimise the risk of damage to **cutting tools** and **hair attachment tools and equipment**
 - minimise the wastage of products
 - minimise the risk of cross-infection
 - make effective use of your working time
 - ensure the use of clean resources
 - minimise the risk of harm or injury to yourself and others
 - P1.7 ensuring your personal standards of health and hygiene minimise the risk of cross- infection, infestation and offence to your clients and colleagues
 - P1.8 using **cutting tools** and **hair attachment tools and equipment** that are safe and fit for the purpose
 - P1.9 ensuring that all sharps are disposed of to meet legal and salon requirements
 - P1.10 completing the hair extension service within a commercially viable time
 - P1.11 completing client records so that they are accurate, easy to read and up-to-date
- P2 **plan and prepare to add hair extensions** by
- P2.1 examining the hair and scalp to identify any **factors** that may affect the service
 - P2.2 asking your client appropriate questions to establish any known **contra-indications** to the hair extension service
 - P2.3 accurately recording your client's responses to questioning
 - P2.4 taking a suitable course of action when **contra-indications** cause doubts as to the suitability of the service for the client
 - P2.5 confirming with your client the type, length and colour of added hair before ordering

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- P2.6 selecting and using added hair which is:
 - of a suitable texture
 - of a suitable colour
 - custom blended
- P2.7 dividing and separating the added hair to avoid wastage and tangling
- P2.8 preparing the hair to meet the manufacturer's instructions, when required
- P2.9 preparing your client's hair in a way suitable for the technique to be used
- P2.10 ensuring the availability of assistance, where required
- P3 **add hair extensions** by
 - P3.1 confirming with your client the look agreed at consultation prior to starting the service
 - P3.2 ensuring, prior to applying a wig cap, your client's hair is completely protected from contact with the glue, when necessary
 - P3.3 parting the sections cleanly and evenly to meet the requirements of the technique to be used
 - P3.4 sectioning the hair in a way that will allow the added hair to lie in the direction required
 - P3.5 securing any hair not being extended to keep your section clearly visible
 - P3.6 using **bonding, fusing** and **weaving techniques** that secure added hair into your client's hair effectively
 - P3.7 adding and attaching hair in a way that takes into account the **factors** influencing the service
 - P3.8 maintaining a suitable and even tension throughout the process
 - P3.9 checking the comfort of your client at regular intervals throughout the service
 - P3.10 giving suitable reassurance to your client, if necessary
 - P3.11 identifying and resolving any problems occurring during the service
 - P3.12 ensuring that the closing of sewn and bonded extensions is not obvious, are flat, neat and leave no weft showing
 - P3.13 ensuring, on completion, that the added hair gives a balanced and well proportioned look suitable for the intended style and the density of your client's hair
- P4 **cut and finish hair with extensions** by
 - P4.1 establishing and following cutting guidelines suitable to achieve the look required
 - P4.2 adapting your **cutting techniques** to take account of **factors** which influence working on added hair
 - P4.3 adapting your cross-checking methods to suit the fall of the added hair

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- P4.4 changing your position around your client in a way to help you to ensure the accuracy of the cut
- P4.5 combining and adapting your **cutting techniques** in an innovative way to achieve the desired look
- P4.6 consulting with your client during the cutting service to confirm the desired look
- P4.7 making a final visual check to ensure the cut is accurate
- P4.8 using **creative finishing techniques** that complement the required look
- P4.9 using suitable styling and finishing products, when necessary, at the right time in the service to achieve the style requirements
- P4.10 ensuring the finished look complements your client's features and enhances their personal image and that of the salon
- P4.11 confirming that your client is satisfied with overall look
- P5 **provide aftercare advice** by
 - P5.1 giving **advice** and recommendations accurately and constructively
 - P5.2 giving your client suitable **advice** on the maintenance of their hair extensions and look

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Knowledge and understanding

You need to know and understand:

Salon and legal requirements

- K1 your salon's requirements for client preparation
- K2 your salon's expected service times for adding hair extensions
- K3 your salon's and legal requirements for disposal of sharps and waste materials
- K4 your responsibilities under the current Electricity at Work Regulations
- K5 your salon's image and expected standards of service

You need to know and understand:

How to work safely, effectively and hygienically when adding hair extensions

- K6 the range of protective clothing that should be available for clients
- K7 why it is important to protect clients from hair clippings
- K8 how the position of your client and yourself can affect the desired outcome and reduce fatigue and the risk of injury
- K9 the safety considerations which must be taken into account when adding hair extensions (eg, possible reaction to glues)
- K10 why it is important to avoid cross-infection and infestation
- K11 why it is important to keep your work area clean and tidy
- K12 methods of sterilisation used in hairdressing salons
- K13 methods of working safely and hygienically and which minimise the risk of cross-infection and cross-infestation
- K14 the correct use and maintenance of cutting tools and hair attachment tools and equipment
- K15 the importance of personal hygiene
- K16 the importance of questioning clients to establish any contra-indications to hairdressing services
- K17 why it is important to record client responses to questioning
- K18 the legal significance of client questioning and of recording the client's responses.

You need to know and understand:

Communication

- K19 the types of anxieties commonly experienced by clients undergoing the hair extension process
- K20 how to help relieve client anxieties in a reassuring way

You need to know and understand:

Hair and skin

- K21 the factors that must be taken into consideration prior to adding hair extensions (e.g. hair density, hair and skin disorders, etc.)
- K22 the average rate of hair growth
- K23 the potential consequences of excessive tension on the hair
- K24 how to identify the signs of traction alopecia

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- K25 the potential effects on the client's hair of wearing extensions over a long period of time
- K26 how the contra indications in the range can affect the delivery of hair extension services to clients

You need to know and understand:

Preparation requirements

- K27 the types of hair extension products available and their respective advantages and disadvantages
- K28 the principles for blending added hair
- K29 how to mix a number of added hair colours (e.g. to give block colour and highlighting effects)
- K30 how to divide and separate hair extensions ready for use
- K31 the manufacturer's instructions for preparation of the hair extensions
- K32 how the client's hair should be prepared for bonding, fusing and weaving attachment techniques
- K33 the importance of using a plastic covering over the client's hair prior to applying a wig cap
- K34 how to conduct an examination of the hair and scalp to recognise factors which will affect the hair extension service
- K35 the general differences in preparation requirements between human hair and synthetic fibre extensions
- K36 the manufacturer's preparation instructions for the system(s) in use in your salon
- K37 the hair extension systems and attachment methods with which you may need assistance
- K38 how to estimate the length of time the hair attachment processes in the range are likely to take

You need to know and understand:

Hair extension techniques

- K39 how to judge the quantity of hair to be added to achieve a balanced and well proportioned look
- K40 how the intended final styling can affect the hair extension process
- K41 how the attachment techniques in the range can affect the way extensions are added and cut
- K42 how the attachment techniques in the range secure added hair into the client's hair
- K43 the types of fusing systems available
- K44 the advantages and disadvantages of the different methods of attachment
- K45 the range of specialist equipment necessary for each attachment method and how these are used
- K46 the generally accepted sequences of working for the hair attachment techniques in the range
- K47 the manufacturer's instructions for the attachment of extensions for the system(s) in use in your salon

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K48 why it is important to maintain a correct and even tension when adding hair extensions

K49 how to remove bonded, fused and woven hair extensions

K50 why it is important to remove product build up and debris as part of the extension removal process

You need to know and understand:

Problem solving

K51 the types of problems that can occur when adding hair extensions and how to remedy them

K52 the courses of action to take in the advent of the presence of the contra-indications in the range (i.e. when to encourage the client to seek medical advice, when to explain the service is not possible, when a modification to the service will be necessary)

You need to know and understand:

Cutting techniques when working with extensions

K53 the reasons for establishing and following guidelines

K54 why and how hair sectioning needs to be adapted when hair extensions are present

K55 why and how cutting techniques should be adapted when hair extensions are present

K56 why and how checking methods for cutting should be adapted when hair extensions are present

You need to know and understand:

Products

K57 the types of finishing products suitable for use with hair extensions

K58 the types and purpose of specialist products available for the aftercare of hair extensions

K59 the types of products to use when removing fused and bonded hair extensions

You need to know and understand:

Finishing techniques

K60 the types of styling and finishing techniques that can and cannot be used with hair extensions and why

You need to know and understand:

Information to give to clients on hair maintenance and management

K61 how long human and synthetic hair extensions are likely to last

K62 a reminder to avoid excessive pulling of the extensions

K63 the signs of traction alopecia

K64 how to use combs and brushes and correctly comb hair from point to root

K65 how to cleanse the hair according to the type of hair extensions

K66 products to use for homecare and those to avoid and why

K67 how to protect the hair while sleeping and why

K68 how to protect the hair from reversion caused by moisture (e.g. environmental, sports related and steamy conditions)

K69 how transition can effect what hair extension services are possible

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- K70 how the continual use of heat can damage the hair
- K71 how to maintain their agreed style
- K72 removal requirements for their hair extensions

You need to know and understand:

Communication

- K73 how to give effective advice and recommendations to clients

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Additional Information

Scope/range related to performance criteria

1. **Bonding techniques** are
 - 1.1. cap weave
 - 1.2. gel weave
2. **Fusing** takes place on
 - 2.1. partial head
 - 2.2. full head
3. **Weaving techniques** are
 - 3.1. cornrow based
 - 3.2. laser interlocking
 - 3.3. net based
4. **Cutting tools** are
 - 4.1. thinning scissors
 - 4.2. scissors
 - 4.3. razors
5. **Hair attachment tools and equipment**
 - 5.1. needles and thread
 - 5.2. wig cap
 - 5.3. plastic hair covering
 - 5.4. blowdryer
 - 5.5. application gun
 - 5.6. glue
 - 5.7. gel
 - 5.8. spritz
 - 5.9. hair for base
6. **Factors** are
 - 6.1. attachment method
 - 6.2. direction and fall of the added hair
 - 6.3. the quantity of added hair
 - 6.4. texture of hair
 - 6.5. the need to blend existing and added hair
 - 6.6. head and face shape
 - 6.7. hair growth pattern
 - 6.8. hair density
 - 6.9. hair elasticity
 - 6.10. transition

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7. **Contra-indications** are
 - 7.1. skin sensitivities
 - 7.2. history of previous allergic reactions
 - 7.3. skin disorders
 - 7.4. medical advice or instructions

8. **Cutting techniques** are
 - 8.1. club cutting
 - 8.2. thinning
 - 8.3. freehand
 - 8.4. razoring
 - 8.5. texturising

9. **Creative finishing techniques** apply to
 - 9.1. drying
 - 9.2. product application
 - 9.3. wrap setting
 - 9.4. tonging

10. **Advice** covers
 - 10.1. suitable homecare products and their use
 - 10.2. hair care
 - 10.3. how to maintain their style
 - 10.4. types of problems that can arise and courses of action

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