
Overview

This Standard is for everyone to raise their ability to identify and understand “Hazards” in preparation for beginning employment, volunteering or work experience placement. It is not intended that risk reduction is included at this stage.

This Standard is about providing a basis upon which to build more specific risk awareness leading to lifelong learning in health & safety for all employees.

PROHSK1

Basic hazard awareness

Performance criteria

- You must be able to:*
- P1. demonstrate awareness of risks
 - P2. demonstrate awareness of hazards
 - P3. follow instructions and respond appropriately to safety signs
 - P4. act in a safe manner
 - P5. work safely at all times
 - P6. use personal protective equipment and other hazard control equipment correctly

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Knowledge and understanding

- You need to know and understand:*
- K1 the meaning of 'health and safety' in the workplace
 - K2 the importance of health and safety to you
 - K3 the meanings of basic terms including, hazard, harm and risk
 - K4 the harm that a range of health and safety hazards can cause including:
 - K4.1 manual handling
 - K4.2 repetitive work
 - K4.3 noise induced hearing loss
 - K4.4 hand arm vibration syndrome
 - K4.5 hazardous substances causing;
 - K4.5.1 respiratory and lung disease
 - K4.5.2 dermatitis and other skin conditions
 - K4.5.3 irritations and burns
 - K4.5.4 cancers
 - K4.6 computers
 - K4.7 animals
 - K4.8 slips, trips and falls
 - K4.9 falling from height
 - K4.10 machinery/equipment
 - K4.11 electricity
 - K4.12 transport /vehicles
 - K4.13 fire/explosions
 - K4.14 confined spaces
 - K4.15 pressure systems
 - K4.16 people/stress
 - K5 the meanings of different types of safety signs and the hazards they indicate, including:
 - K5.1 prohibition signs
 - K5.2 warning signs
 - K5.3 safe condition signs
 - K5.4 mandatory signs
 - K5.5 fire signs
 - K6 how the conditions in a workplace can cause hazards, relating to:
 - K6.1 house keeping
 - K6.2 access and exit routes
 - K6.3 lighting
 - K6.4 ventilation
 - K6.5 noise
 - K6.6 temperature
 - K6.7 dust/fumes
 - K6.8 working space
 - K7 the types of health and safety personal protective equipment and other controls available and the hazards against which they provide

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protection. Personal protective equipment to include:

- K7.1 protective clothing
- K7.2 head protection
- K7.3 eye protection
- K7.4 hearing protection
- K7.5 respiratory protection
- K7.6 hand protection
- K7.7 foot protection
- K8 the meaning of “welfare provision at work”
- K9 the importance of personal hygiene
- K10 the importance of First Aid provision
- K11 the health and safety responsibilities of a manager/employer
- K12 your responsibilities for health and safety as an employee
- K13 the importance of reporting accidents, ill health and other incidents

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Additional Information

Glossary

Control(s): the means by which the risks identified are eliminated or reduced to acceptable levels.

Hazard: a hazard is something with the potential to cause harm (this can include articles, substances, plant or machines, methods of work, the working environment and other aspects of work management)

Notice: includes all types of enforceable statutory document which may be drafted and served on a duty holder, such as improvement, prohibition and deferred prohibition notices, notices of taking into possession or to leave undisturbed, notices under the Food and Environment Protection Act and the Control of Major Accident Hazards Regulations, as well as approvals and licences, and associated notices of withdrawal, amendment or extension

Personal presentation: this includes personal hygiene, use of personal protective equipment, clothing and accessories suitable to the particular workplace

Procedures: a series of steps, instructions and/or decisions, a task. This includes the documentation prepared by the employer about the procedures to be followed for health, safety and welfare matters. Instructions covering, for example:

- 1 the use of safe working methods and equipment
- 2 the safe use of hazardous substances
- 3 smoking, eating, drinking and drugs
- 4 what to do in the event of an emergency
- 5 personal presentation

Risk: a risk is the likelihood of potential harm from that hazard being realised. The extent of the risk depends on:

- 1 the likelihood of that harm occurring;
- 2 the potential severity of that harm, i.e. of any resultant injury or adverse health effect; and
- 3 the population which might be affected by the hazard, i.e. the number of people who might be exposed.

Stakeholders: is any person(s) or group with an interest in an organisation, which may include, employees (at any level), duty holders, employee representatives, contractors, customers, community

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