

Lunge a horse under supervision

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**Overview**

This standard is about lungeing a horse under supervision. This will include lungeing a range of horses.

The work described in this standard would be carried out following agreement with a supervisor about the responsibilities and methods of work.

You will need to be fully aware of the importance of health, safety and animal welfare in connection with this activity.

You will need to be able to recognise hazards in the workplace.

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### Performance criteria

You must be able to:

1. select and wear appropriate clothing and personal protective equipment for the activity, according to instruction
2. check that the exercise area is suitable for lungeing a range of horses, under supervision
3. check that the horse is in a fit condition to be lunged
4. select, check and fit the horse with suitable lunge tack and equipment, according to instructions
5. maintain control of the horse at all times appropriate to the conditions
6. lunge the horse, according to instructions
7. remove and store the horse tack and equipment correctly
8. maintain the safety of yourself and others, and the welfare of the horse, during the activity

## Knowledge and understanding

You need to know and understand:

1. the selection, use and care of personal protective equipment
2. the reasons for lungeing a horse
3. the procedures associated with lungeing horses
4. the types and use of horse tack and equipment including cavesson, lunge line and side reins
5. how to check the horse is fit to be lunged and recognise signs of ill health, lameness or injury that would affect the horse's welfare if worked
6. the ways in which conditions, such as weather, surface and other horses affect the process of lungeing
7. the length of time a particular horse should be lunged and why this is important
8. the risks to horses, yourself and others and how these can be minimised
9. your responsibilities under relevant animal welfare and health and safety legislation and codes of practice.

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