

## COGTO3

# Contribute to the health and safety of the working environment



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### Overview

This unit is about contributing to the health and safety of your working environment.

It deals with the following:

- 1 Conforming to the general and statutory health and safety requirements
- 2 Monitoring and maintaining the health and safety of self and others
- 3 Monitoring and maintaining pollution control measures

During this work you must take account of the relevant operational requirements and safe working practices AS THEY APPLY TO YOU.

#### **Previous Version:**

Unit C1 National Occupational Standards in Well Services :  
Tubing Operations – August 2001

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### Performance criteria

*You must be able to:*

- P1 correctly select and use the relevant PPE
- P2 correctly use fire protection, first aid and survival equipment
- P3 adhere to all procedures relevant to fire, accident and other emergency
- P4 work safely in accordance with operational requirements
- P5 ensure that the area within your own personal responsibility is maintained, clean and hazard free
- P6 position and use relevant safety equipment (including machine guards) safely and securely
- P7 correctly identify and report unsafe equipment and potential danger
- P8 correctly handle all materials, tools and equipment
- P9 monitor and control the discharges (liquid and gas) from your area to within prescribed limits
- P10 correctly identify and report unplanned discharges (liquid and gas)
- P11 correctly identify, package, label and transfer materials for disposal

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### Knowledge and understanding

*You need to know and understand:*

- K1 how to obtain and interpret information on safety
- K2 your own responsibilities as they relate to Organisational Safety Policy, Workplace Safety Policy, Evacuation Procedures, Fire Procedures
- K3 how to implement workplace reporting procedures
- K4 how to access fire protection, first aid and survival equipment
- K5 how to deal with materials
- K6 how to use safe lifting and handling techniques
- K7 your own responsibilities as they relate to the Classification, Packaging and Labelling of Dangerous Substances Regulations, Environmental Protection Act

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### Additional Information

#### Scope/range related to knowledge and understanding

- 1 how to select, use and care for Personal Protective Equipment
- 2 the implications of statutory and organisational requirements
- 3 how to interpret operational requirements

#### Glossary

##### **PPE (Personal Protective Equipment)**

To include sight/hearing protection, gloves, footwear, hard hats, respirators

##### **Statutory requirements**

E.g. HASAWA and COSHH

##### **Operational requirements**

E.g. policies, procedures, instructions, codes of practice, standards, schedules

##### **Materials**

E.g. flammable, toxic, corrosive, explosive, cryogenic, radioactive

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